SUGGESTED CURING TIMES

Applicable for all current and future Ultradent and Opal Orthodontics light-cured materials.

**DENTAL**

<table>
<thead>
<tr>
<th>POWER (mW/cm²)</th>
<th>STANDARD</th>
<th>HIGH POWER</th>
<th>XTRA POWER</th>
</tr>
</thead>
<tbody>
<tr>
<td>1000*</td>
<td></td>
<td>1400*</td>
<td>3200*</td>
</tr>
</tbody>
</table>

- **POWER BUTTON**
- **TIMING INTERVAL LIGHTS**
  - STANDARD: 5 sec. 10 sec. 15 sec. 20 sec.
  - HIGH POWER: 1 sec. 2 sec. 3 sec. 4 sec.
  - XTRA POWER: 3 sec.

- **PER 2mm LAYER**
  - STANDARD: 1 X 10 SECONDS
  - HIGH POWER: 2 X 4 SECONDS
  - XTRA POWER: 1 X 3 SECONDS

- **FINAL CURE**
  - STANDARD: 2 X 10 SECONDS
  - HIGH POWER: 3 X 4 SECONDS
  - XTRA POWER: 2 X 3 SECONDS

**ORTHODONTICS**

| METAL & CERAMIC BRACKETS | 1 X 10 SECONDS | 2 X 4 SECONDS | 2 X 3 SECONDS |

Isopropyl alcohol will not damage the curing light and is the best option to use when cleaning and wiping down your VALO.

*As measured by a properly calibrated Demetron® radiometer
†As measured by an integrating sphere and the MARC unit

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