

PRE-OPERATIVE / PRE-ANESTHETIC INSTRUCTIONS

1. If you are scheduled to receive an intravenous or intramuscular anesthetic, please ingest no **food** for at least six (6) hours before surgery. Any necessary medications must be taken with a sip of water. Clear liquids in light quantities are allowed up to two (2) hours prior to surgery.
2. You must have someone come with you who is able to wait and drive you home.
3. Please wear loose, comfortable clothing with short sleeves. If possible, leave rings and other jewelry at home and wear only minimal amount of makeup.
4. A prescription for oral pain will be given to you before you leave the office or medication will be dispensed.
5. Do not ignore a head or chest cold when surgery is to be performed, as a change of appointment may be necessary. If you are not sure, please call first.
6. Suggested food to have available at home the day of surgery would be yogurt, ice cream, pudding, jello, mashed potatoes, oatmeal and other soft (not spicy) foods.

WE HAVE RESERVED THIS TIME FOR YOU. PLEASE GIVE US 48 HOUR NOTICE IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT.

Signed patient/guardian _____

Date _____

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