

# Restore a Youthful Smile



*"Dental implants made me smile again"*

**By Dr. HOWARD POPPER**

**Y**our smile has the power to make you look years younger — or older — all depending on the condition of your teeth. If missing teeth or wobbling dentures are keeping you from smiling with confidence, it's time to give yourself the gift of a permanent smile.

Besides the cosmetic benefits, good periodontal health is directly linked to overall good general health. Periodontal disease — commonly known as gum disease — can affect the state of your entire body. Recent studies show a definitive link between your oral health and your general health, including heart disease and diabetes.

Fortunately, a great, younger-looking smile, and all the health benefits that come with it, can be yours with treatments that are faster, easier and more affordable than ever before.

If you've lost teeth already or are just beginning to lose teeth, you may be an ideal candidate for dental implants. Thousands of dental implants have been performed since 1985 in my practice — the same practice that pioneered Long Island's first Teeth in an Hour.

Teeth in an Hour, the latest in high-tech dentistry, utilizes sophisticated 3-D radiology that creates precise imaging of a patient's jaw. Robotic technology fabricates the permanent restoration, which is placed with the Branemark System Implants — all in one hour.

Your life and your smile can be transformed with the immediate load, immediate function, immediate smile procedure utilizing the new Nobel Guide for computer-guided, minimally-invasive flapless, pain-free implant surgery.

Patients can immediately return to work and social life after the treatment, since the concept is built on immediate function. For many patients this means a considerable cost savings. The combination

of immediate function and the fact that the final restoration is ready at the time of surgery radically shortens treatment time, therefore producing teeth in an hour.

The Nobel Guide enables the pre-

## The Perils of Periodontal Disease

- **Periodontal disease attacks the gums and the bone supporting the teeth in the jawbones, thereby leading to loss of teeth. To eliminate gum inflammation, treatment consisting of scaling, root planing and curettage — which is essentially cleaning the teeth well — is required.**

- **If periodontal pockets persist, periodontal surgery may be indicated. Receding gums are another frequently overlooked problem that requires treatment; periodontal surgery can be performed to improve appearance when there is an abundance of gum tissue.**

- **Numerous studies have linked periodontal disease with heart disease, diabetes and low birth weight babies. Periodontal disease can be a chronic condition which requires ongoing care. Professional periodontal treatment is an investment in the health of your mouth and your overall well-being.**

planned treatment via 3-D computerized imaging to be transformed into clinical reality, utilizing a customized surgical template. Dental implants are precisely positioned with the Nobel Guide. The surgical treatment is based on guided keyhole surgery that is minimally invasive without flaps or sutures. This greatly reduces discomfort and swelling, as compared to conventional treatment.

For more information, call the Melville office at (631) 385-9400 or Port Jefferson Station at (631) 928-5850, or visit [www.incredibleimplants.com](http://www.incredibleimplants.com).

**Dr. Howard Popper, D.D.S., D.A.B. Perio, Diplomate American Board of Periodontology, has been performing dental implants for two decades.**