

## Dental History Form

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

1. Date of last dental visit: \_\_\_\_\_
2. How often were you seen for your cleanings? \_\_\_\_\_
3. Do you have any dental pain or concerns at the present time? **Yes or No**  
If so, where? \_\_\_\_\_ For how long? \_\_\_\_\_
4. Do you have any jaw / joint pain? **Yes or No**
5. Are you aware if you clench or grind? **Yes or No** Do you have a night guard? **Yes or No**  
Do you have any other oral habits (circle): **nail biting** **ice chewing** **other:** \_\_\_\_\_
6. Do you smoke? **Yes or No** / Chew tobacco? **Yes or No**  
How often? \_\_\_\_\_ For how long? \_\_\_\_\_
7. How often do you brush your teeth? \_\_\_\_\_ What toothpaste do you use? \_\_\_\_\_
8. Do you use mouth rinse? **Yes or No** / Which mouth rinse do you use? \_\_\_\_\_
9. How often do you floss your teeth? (circle answer) **daily** **occasionally** **never**
10. Do you have any history of the following? (circle): **Tongue/lip piercings**  
**Face/jaw trauma** **Orthodontic work** **Dental implants** **Periodontal surgery**
11. Do you suffer from dental anxiety? **Yes or No**  
Would you be interested in nitrous oxide (laughing gas): **Yes or No**
12. Do you like your smile? **Yes or No**
13. Is there anything you would like to change about your smile? (circle)  
**Whiter teeth** **or** **Straighter teeth**
14. What are your dental goals? (please circle one or more)  
**A. Full mouth treatment / "Smile Makeover"** **B. Remove all silver fillings**  
**C. Treatment as needed only** **D. Other** \_\_\_\_\_

**To the best of my knowledge, all the preceding answers are correct. If I have any changes in my dental health, I shall inform the dentist and staff at my next appointment.**

**Patient or Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Reviewed by Doctor:** \_\_\_\_\_ **Date:** \_\_\_\_\_