

Brenda Pribila, ARNP-C, MSN

Millions of women have stretch marks, which occur normally as a result of puberty, pregnancy, hormonal changes and weight gain.

This fact does little to alleviate the embarrassment that most women and men feel about the appearance of these unsightly striations on their skin.

Until now there were few options for stretch mark treatments. Recently, The U.S. Food and Drug Administration cleared Palomer's ICON fractional laser treatment for stretch marks. Palomer's fractional non-ablative skin resurfacing laser helps minimize the appearance of stretch marks with little to no downtime. The 1540 laser hand piece can improve the unsightly color and skin texture with stretch marks. The skin looks smoother and better.



The Benefits of Laser Treatment for Stretch Marks are Clear

- Smoother, better looking skin without surgery
- No treatment downtime
- Improved skin appearance
- Comfortable treatment sessions
- Minimal treatment side effects
- FDA cleared product

Frequently Asked Questions

Am I good candidate for this procedure?

Laser stretch mark treatment is appropriate for any skin type, including very light and very dark skin.

How does it work?

At The Institute of Aesthetic Surgery we use the Palomer fractional laser. Pulses of fractional laser light are used to break down stretch mark. Triggering new tissue production at the site and helping to improve stretch mark color. The new collagen can leave the stretch mark smoother in texture and reduce the appearance of the stretch mark on the skin.

How long does it take?

The procedure can be performed in as little as 30 minutes depending on the size of the treatment area.

Does it hurt?

Most patients feel minimal pain during the laser procedure. For your comfort, we also use a numbing cream prior to the treatment.

How many treatments will I need?

Most patients need 3-5 treatment sessions for optimum results.

How quickly will I recover?

Patients typically resume their regular activities immediately following the treatment sessions.

What can I usually expect after treatment?

Typically most patients experience a temporary redness and swelling of the stretch marks which may last for a couple of days.

Make an appointment with Brenda Pribila, ARNP-C, MSN to discuss your options for treating stretch marks.