



Dr. Dennis Baik's tooth talk

Produced to improve your dental health and awareness

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fromthedentist

Our Sincere Thanks... For your trust & loyalty

We'd like to take this opportunity to thank you for your many years of continued support for our dental practice. It's been a privilege and a great pleasure for us to be able to provide you and your family with the highest standard of dental and oral health care.

We try to treat our patients with the utmost dignity, respect, and compassion. And it's very satisfying to see just how many patients pay us the ultimate compliment by referring their friends and family to our practice. We are truly grateful for your trust.

Please continue to refer any friends or colleagues to us, and accept our genuine "thank you" for your future referrals.

Yours in good dental health,

Dr. Dennis Baik

Zoom2® Whitening Special

Regularly \$595

Now \$295

Offer expires: March 31st, 2007



Sweet Dreams Are On Their Way!

Sedation may ensure your best possible oral health

Millions of people avoid necessary dental care because of fears that are largely unfounded. In doing so, they sacrifice their dental and overall health, and minor problems rapidly become major ones. All of us here understand that, despite the amazing advances in modern dentistry, some patients feel significant anxiety when faced with dental procedures. To allay some of those fears, we are really pleased to offer *intravenous (IV) sedation*.

With IV sedation, you'll remain conscious, and will be able to understand and respond to requests from your dental team. For most people, IV sedation induces a state of deep relaxation and a feeling of not being bothered by what's going on. IV sedation is so effective that most patients who choose it reduce the number of visits required to complete their dentistry because they are so relaxed and at ease, we are able to address more than one concern and accomplish more. And remember...



you can receive IV sedation for any type of dental work, even a cleaning!

We've received extensive postgraduate training in order to provide you with the option of IV sedation, so if you're apprehensive about the dental office, the first step is to phone us. We'll review your medical history and work with you to eliminate the discomfort and fear that are often barriers to optimal oral health.

Q What are cavities and how do they occur?

A Cavities are the destruction of your tooth enamel caused by eating foods high in starches and sugars. Oral bacteria mix with these foods to produce acids which eat away at your tooth enamel, resulting in cavities.

Dental Q&A



We welcome new smiles!



GAPS

And what you need to know about filling them

Modern cosmetic restorations like dental implants, crowns, and bridges look and feel just like your own natural teeth. All result in improved appearance and oral health. How? Crowns preserve compromised teeth, and combined with bridges, they prevent teeth from drifting. Implants also prevent drifting and they preserve bone tissue. All three procedures are directly responsible for improved self-confidence ... which will, of course, keep you smiling!

TLC

Cosmetic restorations look great and they work hard so that you can eat, chew, and speak with self-confidence. Still, they need some TLC. We can revitalize your restorations and enhance their longevity during your continuous care visits.

By polishing and maintaining a smooth surface texture on your resin composites and porcelain restorations, we can help to encourage healthy gums for a natural appearance and fresh breath. Just as with natural teeth, rough surfaces can create too much wear on opposing natural teeth, foster plaque, and encourage unattractive staining.

We know that you are motivated to keep your appealing smile and fresh breath. Technology and modern materials have made home care for restorations easy. We'll be happy to recommend products that promote periodontal health, promote fresh breath, and work with restorative materials.

Fact	Fiction
<ul style="list-style-type: none"> ■ Crowns, bridges, & dental implants were developed to replace missing teeth & to restore badly damaged teeth with natural beauty & performance. 	<ul style="list-style-type: none"> ■ Crowns, bridges, and dental implants stand out from natural teeth, making them easily detectable.
<ul style="list-style-type: none"> ■ A bridge is a combination of crowns & artificial teeth that closes a gap left by a missing tooth (or teeth), restoring your smile & redistributing the workload. 	<ul style="list-style-type: none"> ■ If a person isn't bothered by the appearance of a missing tooth, there's no real reason for replacing it.
<ul style="list-style-type: none"> ■ Placing a crown on a high-risk tooth as early preventive treatment saves time & money ... & maybe even your tooth! 	<ul style="list-style-type: none"> ■ You have to wait for extensive tooth damage before a crown is useful or beneficial.
<ul style="list-style-type: none"> ■ If you are in good general & oral health, you may be an excellent candidate for dental implants – no matter what your age. 	<ul style="list-style-type: none"> ■ Implants are too expensive, time-consuming, & not secure.

It's Ancient History...

Ancestors may be responsible for dentition problems

Scientists theorize that human dentition was affected when our early ancestors learned to chop and cook food. By adapting to eat softer food, the human jaw may no longer be big enough to accommodate our molars. Crowded, crooked teeth can lead to malocclusion (bad bite). In turn, this can lead to gum disease because it can be difficult to thoroughly clear food and bacteria

from the mouth.

Bacteria in the gum area will cause a buildup of plaque and tartar that can lead to inflammation and chronic infection if not removed by proper and regular cleaning and flossing. This can destroy your gums and the bones that support your teeth.

We screen for bite disorders *every* time you visit.

Powerful Longevity!

According to the *American Society for Aesthetic Plastic Surgery*, non-surgical cosmetic procedures such as *Botox*® consistently account for about 80% of patient procedures. These are procedures that must be repeated on

a regular basis in order to maintain their benefits. **And cosmetic dentistry?** Effective and popular techniques can **keep you looking younger ...** for decades.

By improving the balance,

proportions, and color of your teeth, cosmetic dentistry can help you look ten years younger ... right away.

Here are some cosmetic dental procedures that are available to improve your smile.



Tooth-Colored Restorations – Enamel-colored porcelain or composite resin restorations are now available to replace old conspicuous silver fillings.



Veneers – Cover gaps & crooked, chipped, or discolored teeth with custom-made porcelain veneers that adhere to each tooth's surface.



Gum Sculpting – Correct a too-gummy smile, make short teeth look longer, and make smiles more symmetrical. (The image below includes veneers.)



This smile gallery clearly illustrates the positive impact cosmetic dentistry can have on a smile, one of your most important communication tools.

Organoleptic Olfactory Test

Sniffing out the truth about bad breath

Doing your own sniff test for halitosis isn't very reliable ... for two reasons. First, your oral cavity is connected to your nose which filters out background smells like your breath. Second, thanks to advertising, you could have *halitophobia*, an exaggerated needless fear of bad breath.

It's true that bad breath is sometimes chronic. You could be particularly vulnerable if you have diabetes or a gastrointestinal disorder. Dental causes could be *xerostomia* (dry mouth), *gingivitis*, or *periodontitis*. Each of these dental conditions involves oral bacteria, a primary cause of bad breath. Most often, brushing, flossing, and rinsing can take care of normal, temporary bad breath caused by foods.

If you're in doubt, ask us ... your mouth experts!

Smiling With Dental Implants

They won't know if you don't tell!

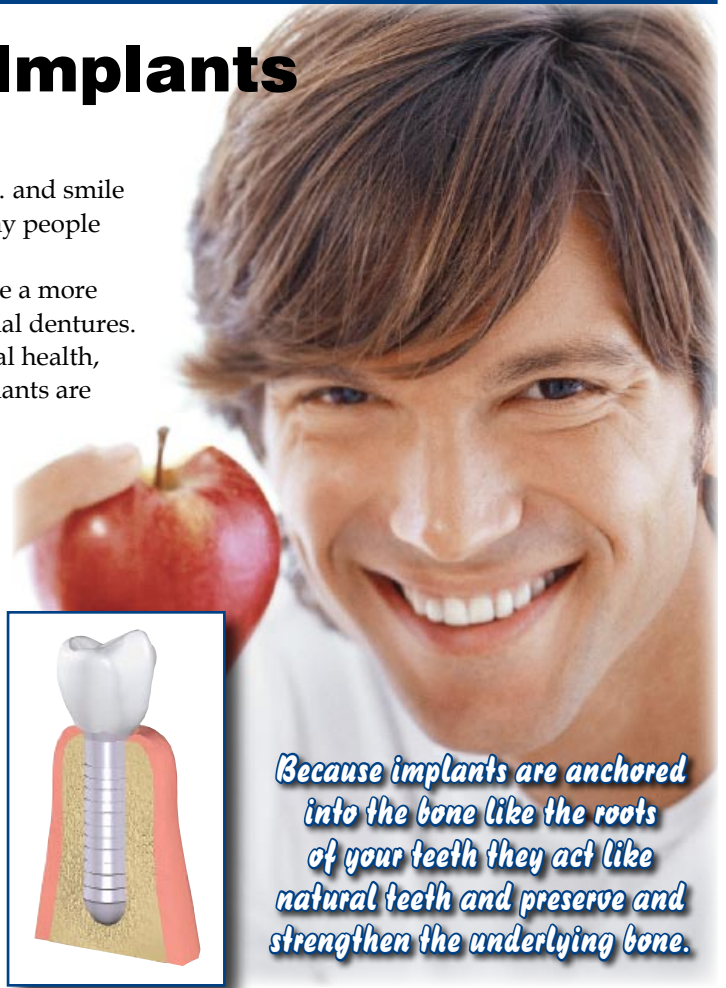
Who wouldn't want to look better, speak better, eat better ... and smile more? Dental implants are now the treatment of choice for many people who need to replace missing teeth.

Interestingly, implants are considered by many dentists to be a more conservative intervention than traditional bridges or fixed partial dentures. They require only normal brushing and flossing to maintain oral health, unlike bridges that may make cleaning awkward. Because implants are anchored into the bone like the roots of your teeth, they act like natural teeth and preserve and strengthen the underlying bone. There is no need to shape adjacent healthy teeth, and there are no plates to affect comfort and fit.

An implant has two parts: a root made of biocompatible metal, and a custom-made tooth crown which is attached to it. Most implants are made of titanium, an inert metal proven effective at fusing with living bone.

In one survey, patients who had their prosthetic appliances replaced with implants rated them nine out of ten – second only to natural teeth, and far above the two out of ten for their prosthetics! If you're worrying about your age... *don't!* The oldest known implant patient is 88; the youngest 15.

Call us for a consultation. With implants, your friends won't know how you're looking so good – but you'll feel so great, you might just want to tell them!



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office information

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Office Hours

Monday 7:30 am – 4:30 pm
Tuesday 7:30 am – 4:30 pm
Wednesday 7:30 am – 4:30 pm
Thursday 7:30 am – 4:30 pm
Friday 7:30 am – 4:30 pm
Saturday 7:30 am – 1:30 pm

* Every other Wednesday, Friday & Saturday our office is open.

Contact Information

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Office Staff

Lupe..... Office Manager
Veronica..... Registered Dental Hygienist
Mary Registered Dental Assistant
Ginger Dental Assistant



CareCredit



A Special Thank You

We wish to take this opportunity to thank the following patients for their continued trust they have provided us by referring their family and friends. Your expression of confidence is sincerely appreciated.

Rebecca Kompelien
Tanya Hernandez
Marika Sikk
Madoka Takami
Greg Neal
Wilma Kraschuk
Marilu Padilla



Early Intervention

The best prevention

The most common oral disease is dental caries (decay) – a progressive disease that destroys teeth. Oral bacteria, which feed on sugars left in our mouths after eating, produces the acids which demineralize tooth enamel. This progress may be fast – over a few months – or slow – over a few years, and the speed depends on...

- the amount of acid-causing sugar and starches in your diet;
- the composition of your saliva and its ability to buffer these acids;
- the effectiveness of your oral hygiene habits to remove bacterial plaque.

In the early stages, you may not know you have a cavity, so let us help you curtail extensive, painful tooth decay and trauma with preventive care and early intervention. *Please* ensure you and your family keep regular recare appointments! Call today!