

AESTHETICA

PLASTIC SURGERY | MEDICAL SPA

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DRAIN CARE INSTRUCTIONS

1. Open port.
2. Squeeze out fluid.
3. Compress bulb to evacuate all remaining air.
4. While compressing the bulb, close port securely.
5. Make sure drain tubing is not kinked or twisted.
6. Keep drain site clean with antibiotic ointment.
7. If drain begins to fall out, DO NOT TRY TO PUSH BACK IN!! (this may cause infection) call the office if the drain no longer functions properly and/or tape it down so it does not continue to fall out.
8. Record drain output every 4 hrs so that we can get a total for 24 hrs.
9. Do not total output per page we will do it for you.
10. Take this record with you to all of your Doctor's appointment.
11. The drains need to be stripped once a day. This will remove any clotting in the drain tube. We will show you how to do this on your first follow-up appointment

Date/Day Day 1	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 2	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					

Date/Day Day 3	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 4	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 5	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 6	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					

Date/Day Day 7	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 8	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 9	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 10	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					

Date/Day Day 11	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 12	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 13	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					
Date/Day Day 14	Time	Drain #1 Right	Drain #2 Left	Drain #3	Drain #4
Total 24 hrs					