

# Solutions for Beautiful Smiles Dental Topics

Compliments of Dr. Vijaya R. Cherukuri

## News from the office of...



**Dr. Vijaya R. Cherukuri**

Many people finally have time to play catch-up over the summer months, whether it's catching up with friends and family, catching up to some overdue vacation time or just catching up with a "to do" list that's been lengthening over the year. Is a visit to our office on your list?

When you look at our article "Open Wide For The Inside Story", you'll realize just how important it is to stay on top of your dental health, for the sake of your overall general health. If you have any questions on this topic or on any other dental issues, we would be happy to talk them over with you!

Enjoy your summer plans, and we'll look forward to catching up with you soon.

All the best,

*Vijaya Cherukuri*

Dr. Vijaya R. Cherukuri

## WHO HAS THE MOST WINNING HOLLYWOOD SMILE?



May I have the envelope please...

This year's female winner for Best Celebrity Smile, as voted by the American Academy of Cosmetic Dentistry, is Eva Mendes. Not bad for a girl who, growing up, was teased about her "buck teeth"!

In second place is The Devil Wears Prada's star Anne Hathaway, followed by actress Kate Hudson with her infectious grin.

In the men's category, Hollywood's Brad Pitt secured top position with the number one male celebrity smile. Soccer's David Beckham scored second place, while actor Will Smith's pearly whites paved his way to third.

While many of us sigh over the rich and famous' seemingly perfect lives, there's no reason why the rest of us can't have their perfect smiles! In fact, cosmetic dentistry is easier, faster and safer than ever before... whether you're looking for teeth that are whiter, straighter, bigger or brighter, chances are that we can create a "star" smile for you, right here in this office!

**TOOTH WHITENING**, which can almost instantly brighten your smile to give you a younger, fresher appearance, is probably the most common cosmetic procedure requested, and is no doubt one of the easiest and most gratifying dental options available.

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**DENTAL VENEERS**, which are thin porcelain or ceramic "shells" bonded onto the front of your teeth, are another popular cosmetic request. They are a good option for people who are looking for a way to cosmetically straighten slightly crooked or misaligned teeth, fill gaps between teeth and even whiten teeth that might not otherwise respond to regular whitening.

Missing one or more teeth? It's vitally important to take care of filling the gap, not only from an aesthetic viewpoint, but also from a dental health perspective. Ask us why it's so important, and to explain your teeth-replacement options, from bridges to dental implants.

Talk to us about what you'd like to see in your ideal smile, and we'll be happy to create a winning Hollywood smile for you!



## SO YOU WANT TO WHITEN YOUR TEETH...

Whiter teeth can make a noticeable difference between a ho-hum smile and a brighter, sexier, more vibrant appearance. That's why, as with anything else relating to your body and overall health, if you want professional results, make sure you have your whitening done by a dental professional. This will ensure not only the best whitening results possible, but the safest too. For example:

1. We recommend that you receive a full dental examination before starting any kind of whitening program. If you have any cavities, they'll need to be filled first, as whitening solutions can penetrate into existing decay, causing sensitivity.
2. Be aware that any tooth-colored fillings or dental restorations made with resin composite materials (commonly used in crowns, veneers, bonding and bridges) will not change in color with your whitening program. Note that any exposed tooth roots will not whiten either, as they do not have an enamel layer. Ask us how we can work around these areas to give you the consistently white smile you're looking for.
3. Note that tooth whitening isn't necessarily the best option for everyone. Talk to us about your probable success with whitening as opposed to veneers, crowns or bonding.

You deserve the beautiful, white smile that only your dentist's office can provide!

## 3 STEPS TO A SECURE SMILE

If you're missing one or more teeth and want to fill the gap with the most natural-looking, comfortable solution possible, you'll be interested in hearing about dental implants.

A dental implant involves the installation of an artificial tooth to a metal fixture in your jaw, placed where the missing tooth was. There are usually three basic treatment steps to this procedure:

1. Once we determine that your gums are healthy and that you have enough bone in your jaw to support the implant(s), a metal post or "anchor" will be surgically placed into your jawbone.
2. After the post has fused in place, a piece called an abutment will then be attached to the top of the post to hold the false tooth.
3. The final step is the attachment of your new tooth, which will be shaped, sized and custom-designed to blend in with the color and look of the surrounding teeth, to the artificial tooth root.

If you're looking for a permanent, natural-looking replacement for one or more teeth, please call us to find out more about how implants might work for you.

### Solutions for Beautiful Smiles



*Vijaya R. Cherukuri, D.D.S., F.I.C.D.*



**Dr. Cherukuri and Team**

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- General & Restorative Dentistry
- Cosmetic Dentistry
- Tooth Whitening
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- Crowns
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