

Periodontal Risk Factors Questionnaire

Patient's Name: _____

If you answer any of the questions below YES, then you are at risk for periodontal disease.



SMOKING

Tobacco use is the most significant risk factor for periodontal disease. Chewing tobacco can cause oral cancer.

Do you now or have you ever used the following:

	Amnt per day?	Used for how many years?	If quit what year?
Cigarette	_____	_____	_____
Cigar	_____	_____	_____
Pipe	_____	_____	_____
Chew/Snuff	_____	_____	_____



FAMILY HISTORY

The tendency for having periodontal disease can run in the family.

Has anyone on your side of the family had gum problems? (your mother, father, sister(s), or brother(s))

Yes

No



DIABETES

Periodontal disease is a common complication of diabetics. Untreated gum disease makes it harder to control blood sugar.

If you **ARE** diabetic,

How many years? _____

How often do you test your blood sugar? _____

If you **ARE NOT** diabetic,

Is there a family history of diabetes? Yes No

Do you have any of the following signs?

frequent urination	excessive thirst
excessive hunger	tingling or numbness in extremities
weakness or fatigue	slow healing of cuts
unexplained weight loss	change in vision



MEDICATIONS

Some medications dry your mouth. Others can make your gums grow out of control.

Do you take the following medications?

Dilantin (anti-seizure medication)

Calcium Channel Blocker (blood pressure)
e.g. procardia, cardizem, norvasc, verapamil,

Cyclosporin (immunosuppressant therapy)



Heart Murmur & Artificial Joints

Bacteria from diseased gums may enter the blood stream and cause a serious infection in your heart or artificial joints

Do you have a heart murmur or artificial joint?
 Yes No

Do you take antibiotics prior to having any dental treatment?
 Yes No



Osteoporosis

Loss in bone density may increase the amount of bone loss or severity of periodontal disease.

Have you been diagnosed with osteoporosis or osteopenia?
 Yes No

Have you ever had a bone density scan?
 Yes No



Females

Changes in hormone levels that occur at various times can result in an increased risk of gum disease. It can even contribute to premature birth and/or low birth weight in pregnancies.

Please circle any of the following factors that can affect your gums:
 Pregnant Nursing
 Birth control pills
 Hormone replacement therapy



Heart Attack and Stroke

Periodontal disease may be a cofactor in heart attack and stroke.

Please circle the risk factors you may have for heart disease:
 Family history Tobacco use High cholesterol
 High blood pressure Obesity High stress
 Previous heart attack or stroke

Have you noticed any of the following signs of gum disease?

Bleeding gums during tooth brushing	Pus between the teeth and gums
Red, swollen, itchy, or tender gums	Loose or separating teeth
Gums that have pulled away from teeth	Change in the way your teeth fit together
Persistent/offensive bad breath	Food catching between teeth