

MEDICAL HISTORY DATABASE

I. INTRODUCTION

Name _____

Age _____ Date today _____

Birthdate _____ Height _____

Weight today _____ Weight ["ideal"] _____

Is there any possibility that you could be pregnant at this time? _____

Known Medical Problems or Issues:

1. _____
2. _____
3. _____
4. _____

Your Primary Care Physician:

Doctor's name _____

How long have you been under his care _____

Approximate date of your last physical examination _____

Your Specialty Physicians who you have seen within the past 2 years:

1. Doctor _____

Specialty _____

When last seen _____

Why seen _____

2. Doctor _____

Specialty _____

When last seen _____

Why seen _____

Bp _____

Pulse _____

BMI _____

G _____ P _____

Bra Now _____

Bra Goal _____

3. Doctor _____

Specialty _____

When last seen _____

Why seen _____

Current Medications. Please list all medications you are currently taking. Include all herbal, holistic, and over-the-counter medications as well. If possible, please include the strength and dosage information as well. If you need more room, please use the back of this page and check this box .

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. Do you take aspirin _____

8. Do you take Motrin, Ibuprofen, or Advil? _____

9. Do you take Aleve, Anaprox, or Naprosyn? _____

10. Do you use herbal or holistic medications of any kind? _____

If yes, please list _____

11. Have you ever taken weight reduction medications? _____

Herbal or prescribed? _____

When was that? _____

Please list any and all allergies that you may have. [Examples include medications, foods, tape, latex, chemicals, products]:

1. _____

2. _____

3. _____

4. _____

5. _____

Hospitalizations. Please list any and all hospitalizations over the past 5 years.

1. Approximate date of admission _____
Reason for admission _____
Doctor involved _____
2. Approximate date of admission _____
Reason for admission _____
Doctor involved _____
3. Approximate date of admission _____
Reason for admission _____
Doctor involved _____

Previous Plastic, Cosmetic, or Reconstructive Surgery.

1. Approximate date of surgery _____
Procedure _____
Surgeon [optional] _____
2. Approximate date of surgery _____
Procedure _____
Surgeon [optional] _____
3. Approximate date of surgery _____
Procedure _____
Surgeon [optional] _____

II. BACKGROUND INFORMATION

Please circle all that apply to you:

Smoke cigarettes currently

Have smoked cigarettes within the past 2 years

Drink alcohol. If yes, #drinks/day _____

Alcohol use is a concern to you or others

Use any illicit drugs or medications (*all responses will be strictly confidential*)

Have a history of excessive bleeding or bruising

- Have a history of anemia or low blood counts
- Have a history of severe nausea or vomiting follow previous surgery
- Have family history of problems or complications related to general anesthesia
- Have a history of keloids, thick, or poor scars
- Have a history of hepatitis
- Have a history of HIV+ or AIDS (*all responses will be strictly confidential*)
- Am currently on Dr. Burlin's SkinGlow program
- Am currently on another skin program
- Currently use Retin-A daily
- Currently use a daily Glycolic Acid
- Currently get facial "microdermabrasions" at least once every other month
- Currently get a "facial" at least once every other month
- Have had a "chemical peel" to my face in the past
- Am NOT very good about using daily sunblocks
- Have a history of "cold sores" to my lips
- Have a history of skin cancer to my face
- Have been on Accutane within the past 1 year
- Have a tendency for "dry eyes"
- Have problem with "excessive tearing" in either eye
- Have removable dentures or dental appliances
- Have a history of high blood pressure
- Have a history of heart disease
- Have been told you have "mitral valve prolapse"
- Have ever had a "heart attack"
- Have ever seen a cardiologist for any reason in the past 5 years

Who? _____

When? _____

For what reason? _____

Have had a “treadmill stress test” within the past 5 years

Have ever had a stroke

Have a pacemaker

Can NOT climb 2 sets of stairs without difficulty

Can NOT walk 3 blocks on level ground without difficulty

Have a history of blood clots in my legs

Have “asthma” or have ever had an “asthma-attack”

Have been told you have “bronchitis”

Have a “smoker’s cough,” especially in the morning

Have a history of thyroid problems

Have a history of diabetes

Have ever had a seizure

Have a problem with migraine headaches

Have ever been treated for a “psychiatric” problem

Have ever been treated for “depression”

Have “panic attacks”

Have ever been treated for an “anxiety” or “stress” related problem

Have ever been treated for alcoholism

Have a history or frequent bladder infections

Have had a problem with drug dependence

Have had previous abdominal surgery [abdominoplasty patients only]

Am not planning on having more children [abdominoplasty patients only]

Am easily prone to constipation

Have had a mammogram before.

If yes, date of last mammogram _____

If yes, where was it performed _____

Have had a breast biopsy

Have had breast cancer in the past

There is a history of breast cancer in my family [mother's side]

Have a history of "connective tissue disease"

Have a history of "autoimmune disease"

Have a history of nipple discharge

My breasts are uneven. [how? _____]

III. CERTIFICATION OF INFORMATION

I certify that the information contained above is true, correct, and current to the best of my knowledge.

Patient's Full Name / Printed

Patients Signature

Date Signed