

POST-OP Temporary Crowns and Bridges

- If you were given an anesthetic, avoid chewing until the numbness has worn off
- Do not eat or drink for at least 30 minutes so that the cement has time to adequately set up
- Do not eat hard or sticky foods, especially chewing gum, while temporary is in place
- Avoid chewing on the side your temporary was placed
- When flossing around the temporary, pull floss down toward the gumline then out to the side of mouth, instead of up and down, to eliminate pulling temporary off
- Your gums may be sensitivity for a couple of days after your temporary is placed. You may rinse with warm salt water three times a day to eliminate discomfort. If sensitivity increases please call our office
- If your temporary crown or bridge comes off, save it and be sure to call us so that we can give you a quick appointment to recement your temporary back in place. It is important that the temporary stays on so that the permanent will fit properly.

If you have any other questions or concerns please call our office at (912)352-3955.