

Post-Op Instructions for Complete/Partial Denture Seating

- It is very likely that you will accumulate a few sore areas after wearing your dentures for the first couple of days. These areas will be relieved at your next appt by trimming down the exact areas that are causing you discomfort.
- Brush your gum tissues daily with a regular toothbrush to help toughen and cleanse
- Brush your dentures daily with either toothpaste or soap & water to help keep them clean and to help longevity of your partial or complete denture
- Do not sleep in your dentures every night. This will be the time your gum tissue will use for breathing. If worn over and over at night your dentures will accumulate fungus and bacteria which will conclude in infection and bone loss
- Soak your dentures anytime they are not in your mouth to keep off build up and bacteria. You may soak your dentures in a denture solution such as Efferdent or Polydent. Try not to soak them in solutions that carry strong dye due to the denture taking on color.

If you have any questions give our office a call at (912)352-3955