

# enhancements

## The Aesthetic Clinique

by *Emily L. Foley*

In a day and age where cosmetic surgeries and treatments are becoming as common as anti-aging creams, new processes are being discovered every day. Many of these treatments, however, prove to be less effective or more invasive than initially expected. That is exactly why The Aesthetic Clinique does not offer every new trend. Dr. Steve Weiner carefully researches each new “breakthrough” and offers his patients only the methods that he is confident will deliver excellent results.

Today Dr. Weiner is excited to offer a new type of laser treatment at his clinic, the 1540 laser. This fractional laser is the newest technology available for skin tightening, and unlike classic laser resurfacing which removes the entire top layer of skin and leaves skin pink and enflamed for up to two weeks, the 1540 laser penetrates through the epidermis (the outer layer of skin) into the dermis (the inner layer of skin), leaving the surface skin completely intact. By penetrating this inner layer of skin, the laser actually stimulates collagen and elastin to tighten the skin.

Typically used for fine lines, wrinkles and acne scarring, a 1540 laser treatment allows patients to wash their faces immediately and apply makeup to cover the redness that can last for a few days. Results from a 1540 laser treatment begin to show within one to two weeks, and skin continues to improve over the next four to six months. Full results last three to five years, and depending upon each patient’s specific needs, multiple treatments are generally used at intervals of one every three to six weeks. A topical anesthetic is used prior to the procedure, and discomfort is uncommon, lasting no longer than 15 minutes.

Dr. Weiner’s wife, Sandra, an aesthetician and certified nurse, has tried the 1540 procedure and is now receiving more compliments on her skin than ever before. “This exciting new technology leaves patients with very rejuvenated skin, and a more even texture, and smaller pore size,” Dr. Weiner says. “The treatment is ideal for wrinkles, scarring, pigmentation, and generalized aging, and most people in their forties would benefit from it.”

Used to improve the look of deep creases and wrinkles on the face, dermal fillers are another popular treatment offered at The Aesthetic Clinique. Popular fillers include Restylane, Juvederm, Cosmoderm, and Radiesse. Radiesse is the newest filler offered by Dr. Weiner, and it lasts from nine to 18 months – several months longer than other fillers. Each of the gel fillers offered at Aesthetic Clinique are made from naturally occurring human substances, meaning no allergic reaction testing is required prior to injection. (Dermal fillers are similar to Botox, but are not interchangeable.) Dermal fillers such as Restylane are used to treat static wrinkles, which develop through aging and are visible when a face is at rest. Botox, on the other hand, is used to treat dynamic wrinkles (wrinkles



Pictured above, Dr. Steve Weiner with patient.

that occur with expression), and is typically injected from the eyes up. A combination of the two generally leaves a patient with the best results.

Facial contouring with dermal fillers is a new concept that is becoming increasingly popular in the U.S. as well. First practiced in Europe, this process entails using a filler not only on isolated areas of the face, but rather working on the face as a whole to lift skin and reverse the aging process. Dr. Weiner is enthusiastic about this new method of injecting fillers, and both he and his patients have been extremely pleased with the results.

Prior to undergoing any procedures, each new patient at The Aesthetic Clinique receives a complimentary skin analysis. Dr. Weiner is now using a brand new device called the Visia, a computerized

skin analysis tool that measures and counts a client’s wrinkles, sunspots, the size of the pores, texture, and the amount of acne bacteria. A percentile scoring of the condition of the patient’s skin is generated, and this information is then compared to other people in the same age group with the same skin type. The analysis can also be performed following treatments such as dermal fillers or the 1540 Fractional Laser to show the quantitative improvement of the patient’s skin. High-resolution photos are also taken for before and after for comparisons.

With locations in both Rosemary Beach and Santa Rosa Beach, this Johns Hopkins-trained plastic surgeon has his hands full, but he says he wouldn’t have it any other way. Dr. Weiner is building a career out of making people more radiant – one face at a time.

*Aesthetic Clinique is located at 90 Spires Lane, Suite 11A in Santa Rosa Beach and in the Savannah Building on South Barrett Square in Rosemary Beach. For more information call (850) 622-1214 or visit [www.theclinique.net](http://www.theclinique.net).*



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