



SOLUTIONS NW  
IMPLANT & ORAL SURGERY SPECIALIST, PC

## *Pre-Operative Instructions*

### The Night Before:

The evening prior to surgery, eat a light easily digestible meal. Consume no alcoholic beverages and get adequate rest of at least 7-8 hours. Do not eat or drink anything after midnight.

### The Morning of:

If you have been given a Valium at the consultation, take it (1) one hour prior to your scheduled surgery with a small sip of water. Patients should never drive after taking the Valium.

Continue taking your daily medications as prescribed, unless Dr. Rodich has instructed otherwise.

### Upon Arrival for Surgery:

Please arrive to your surgery with an empty stomach.

Wear loose fitting comfortable clothing with short sleeves and flat soled shoes (no flip-flops). Do not wear lipstick or makeup of any kind including nail polish as it alters the monitoring equipment. All jewelry should be left at home.

A responsible adult must drive you to and from your surgery. We request that your driver remain in our office during your appointment. Most surgeries are less than an hour and wireless internet is available.

### Going Home:

Do not drive or operate machinery for at least 24 hours following the anesthesia experience.

Follow the Post-Operative instructions given to you at your surgery!



*If you have any questions about dental implants, oral surgery, medications, or these instructions, please contact our office at 503-657-8787.*

