Old & New Toothbrushes
Adult and Child-Size Toothbrushes

Which one would be easiest for him to use?
Count and Color

Chris has been very busy drawing pictures of toothbrushes!
Count the toothbrushes. Draw a pea-sized ball of toothpaste on each toothbrush.
Color the toothbrushes bright, happy colors!
Finders Keepers

Color the things that help you keep your mouth healthy.
Mouthguard
February is National Children’s Dental Health Month!

Coloring Sheet

Buck is teaching Den to play hockey.
Rule number one? Always wear a mouthguard!
February is National Children’s Dental Health Month!

Coloring Sheet

A HEALTHY SMILE IS PRETTY AS A PICTURE!
February is National Children’s Dental Health Month!

Den asks, “How many words can you find hidden in this phrase? Can you find 15? Can you find 25?”

**BRUSH YOUR TEETH!**

1 ________________________
2 ________________________
3 ________________________
4 ________________________
5 ________________________
6 ________________________
7 ________________________
8 ________________________
9 ________________________
10 ________________________
11 ________________________
12 ________________________
13 ________________________
14 ________________________
15 ________________________
16 ________________________
17 ________________________
18 ________________________
19 ________________________
20 ________________________
21 ________________________
22 ________________________
23 ________________________
24 ________________________
25 ________________________

**BONUS:** How many words can you find with 6 letters or more?
February is National Children’s Dental Health Month

Tooth Anatomy

- Enamel
- Crown
- Gingiva (gums)
- Pulp chamber
- Neck
- Dentin
- Alveolar bone (jawbone)
- Root canal
- Root
- Cementum
- Periodontal ligament
- Nerves and blood vessels
Label enamel, dentin, pulp, cementum, gingiva and periodontal ligament on this picture of a molar tooth.
February is National Children’s Dental Health Month!

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
FIND THE WORDS

To find the words you will need to read forward, up, down, and diagonally. Once you find a word draw a circle around it and cross this word off the word list at the bottom.

DENTIST  ACID  VEGETABLES  TOOTHBRUSH  JUICES  LIPS  CHEW
BACTERIA  PLAQUE  FISH  DAIRY  WEAK SPOT  SWALLOW  SUGAR
SNACKS  GUMS  TOOTHPASTE  MILK  TONGUE  FLOSS  CANDY
CAVITY  MEAT  FRUITS  CRUST  EAT  MOUTH  SITE
FLUORIDE  TEETH  CHEESE  GRAIN  DECAY
A Healthy Smile is Always in Style
Teeth to Treasure!
Word Search

See how many words you can find in 20 minutes!
Words go across, up, down, and diagonal.

CAVITY  FLOSS  GUMS  PLAQUE  TOOTH
DAILY   FLUORIDE MEAT  SEALANT  TOOTHBRUSH
DENTIST FRUIT  MILK  TOBACCO  TOOTHPASTE
ENAMEL  GRAINS  MOUTHGUARD  TONGUE  VEGETABLES
Teeth to Treasure!

Word Search Challenge

See how many words you can find in 20 minutes!
Words go across, up, down, and diagonal.

K E F Q J S P M O D K R D G C Q T M T E
M Z K L D W E B O T P O H R K S E O C U
X D G M O F C L S U C O B T I W O R E Q
D A I L Y S W N B A T T D T J T S L D A
A S G L E B S O V A J H N B H W P P I L
H C E K I L C I F S T E G B E N I R R P
E T S A P H T O T D E R U J J L E O G
P J U V L Y M F C S L U G A A N N V U J
T D L E M A N E U Z S E O E Y R E E L U
O E O O X B N G O H Y V F R V M D N F F
B F V Q A E A T K X V L J T A P K T A U
A S U N U R Y P X P K L A D F L E I K P
C L N G W Q H T O O T E H N R Q T O V H
O O M I A N X G I X A N A F I X P Z R H
T F I U A R V U C Z K H Z U T Z B A L D
U I U Y G C G C P P B V X K P J Y S R Z
P R I M A R Y Z A T E K Y L V P I R F J
I I U J M I L K I K M O G N T L Z I L B
B Q L X O I W D L A E H V L E U Z L I E

CAVITY  DAILY  DENTIST  ENAMEL  FLOSS  FLUORIDE
FRUIT  GRAINS  GUMS  JAW  LIPS  MEAT
MILK  MOUTHGUARD  ORAL  PLAQUE  PREVENTION  PRIMARY
ROOT  SEALANT  SUGAR  TOBACCO  TONGUE  TOOTH
TOOTHPASTE  TOOTHBRUSH  VEGETABLES  XRAY

© 2005 American Dental Association. All rights reserved. Educators and dental professionals are permitted to reproduce and use this activity sheet solely in printed form. Any other use, duplication or distribution of this activity sheet by any other party requires the prior written approval of the American Dental Association.
February is National Children’s Dental Health Month!

SECRET MESSAGE!
Den and Buck are decoding a secret message.
Join in the fun! Cross off the words in the grid below by following the steps.

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>HEN</td>
<td>MOUTHGUARD</td>
<td>TONGUE</td>
<td>BASEBALL</td>
<td>BOOK</td>
</tr>
<tr>
<td>2</td>
<td>SEALANT</td>
<td>BRUSH</td>
<td>MAGAZINE</td>
<td>DEN</td>
<td>VEGETABLES</td>
</tr>
<tr>
<td>3</td>
<td>HAPPY</td>
<td>GLAD</td>
<td>WHEN</td>
<td>CYCLING</td>
<td>GRAPE</td>
</tr>
<tr>
<td>4</td>
<td>JOURNALIST</td>
<td>GEN</td>
<td>CARROT</td>
<td>LETTER</td>
<td>POSTCARD</td>
</tr>
<tr>
<td>5</td>
<td>AND</td>
<td>SOCCER</td>
<td>SMILE</td>
<td>GRIN</td>
<td>MEN</td>
</tr>
<tr>
<td>6</td>
<td>BUCKY</td>
<td>PLAQUE</td>
<td>PEAR</td>
<td>FLOSS</td>
<td>WELCOME</td>
</tr>
<tr>
<td>7</td>
<td>DUCK</td>
<td>APPLE</td>
<td>LUCK</td>
<td>SWIMMING</td>
<td>EMAIL</td>
</tr>
<tr>
<td>8</td>
<td>ENAMEL</td>
<td>TENNIS</td>
<td>FLOOSY</td>
<td>TOOTHPASTE</td>
<td>YOUR</td>
</tr>
<tr>
<td>9</td>
<td>NEWSPAPER</td>
<td>FRIEND</td>
<td>BUDDY</td>
<td>CAULIFLOWER</td>
<td>TRUCK</td>
</tr>
<tr>
<td>10</td>
<td>NEIGHBORS</td>
<td>ADVENTURES</td>
<td>TEETH</td>
<td>SURPRISE</td>
<td>PLAYGROUND</td>
</tr>
</tbody>
</table>

1. Cross off all 10 letter words.
2. Cross off all things you can read.
3. Cross off all sports activities in columns B and D.
4. Cross off all words with exactly 3 vowels.
5. Cross off the first names of the McGrinns and the Smileys.
6. Cross off all the words that rhyme with Den or Buck.
7. Cross off all the words that are healthy fruits and vegetables.
8. If 2 words directly next to each other in a row, have the same meaning, cross them both off.
9. Now, read the remaining words in order from top to bottom by rows to find the hidden message.

Message: Brush and floss your teeth.
February is National Children’s Dental Health Month!

MATH MAZE

Flossy is visiting the dentist but not sure how to get there. Help her find her way! Do the math problems along the paths. If your answer is an even number, you’re on the right path. If it’s odd, better turn back!
February is National Children’s Dental Health Month!

Gen loves to paint portraits with big, beautiful smiles. Can you help her finish her self-portrait? Use the grid as a guide!

Brush and floss for a healthy smile!
February is National Children’s Dental Health Month!

No one likes a crossword puzzle more than Den. He’s already finished this one so if you need help see the answer key at the bottom of the page.

ACROSS
2 Flossy loves to do _____ problems.
6 Don’t forget to brush your _____.
8 Pictures of your teeth.
10 A _____ hygienist cleans your teeth at the dentist’s office.
11 Buck loves to play _____.
14 Visit your _____ regularly.
15 Den and Gen’s last name is _____.
21 Brush your teeth at least _____ a day.
22 Wear this to protect your smile while playing sports.
23 Flossy and Buck are _____.
24 Den wears _____ to straighten his teeth.
28 Your first teeth.
30 A dentist uses this to help see all your teeth.
31 The Smileys moved in down the street from the McGrinns so now they are _____.

DOWN
1 Drink this instead of soda pop.
3 Use only a _____-sized amount of toothpaste when you brush.
4 Clean between your teeth with dental _____.
5 _____ are back teeth used for grinding food.
7 They hold your teeth in place.
9 Limit between meal _____.
12 If not removed, can lead to cavities.
13 What your dentist applies to protect teeth from decay.
16 Buck and Flossy’s last name is _____.
17 Only eat sparingly to keep your smile healthy.
18 The part of a tooth that you can see is called the _____.
19 Use this to keep teeth clean
20 Broccoli and carrots are nutritious _____.
25 Gen loves to draw and paint, she wants to be an _____.
26 The hard outer layer of a tooth.
27 Most kids have all their baby teeth by the age of _____.
29 Smile.

ACROSS:
MATH, TONGUE, XRAYS, DENTAL, SPORTS, SMILEY, TWICE, MOUTHGUARD, TWINS, BRACES, BABY, MIRROR, NEIGHBORS

DOWN:
WATER, PEA, FLOSS, MOLARS, GUMS, SNACKS, PLAQUE, SEALANT, MCGRINN, SWEETS, CROWN, TOOTHBRUSH, VEGETABLES, ARTIST, ENAMEL, THREE, GRIN

ADA American Dental Association®
© 2010 American Dental Association
February is National Children’s Dental Health Month!

PLAY CONNECT FOUR WITH GEN AND FLOSSY!
Take turns with a friend connecting the dots. If you make a square, give yourself 1 point. A square with a 💫 is worth 2 points. A square with a 🧼 is worth 4 points.
A-MAZE-ing Message

There is a message hidden in the tooth. Start at the star and follow the arrows.
Write down the letters on the spaces below as you come to them.
A smile means the end of a word. The next letter starts a new word.

---

© 2005 American Dental Association. All rights reserved. Educators and dental professionals are permitted to reproduce and use this activity sheet solely in printed form. Any other use, duplication or distribution of this activity sheet by any other party requires the prior written approval of the American Dental Association.
Oral Care Calendar

Put a happy face in the box when you brush twice each day.

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>![Happy Face]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Something’s Missing

All the vowels (a, e, i, o, u) are missing from these dental words.
How many can you complete in two minutes?
(The answers are at the bottom of the page.)

b r _ s h  j _ w s
  c _ v _ t y  m __ t h
  c h _ w  m _ _ t h g _ _ r d
  c l _ _ n  n _ t r _ t _ n
  d _ c _ y  p l _ q _
  d _ n t _ s t  t _ _ t h b r _ s h
  f l _ s s  s m _ l _
  f l _ _ r _ d _  t _ _ t h
  f _ _ d  t _ _ t h p _ s t _
  g _ m s  X - r _ y

m o u n t h g r a i n, n u t r i t i o n, p l a g u e, f l o u r i s h, s m i l e, b o o t h, l o c k e t h e t e e t h, k e y

Answers: brush, cavity, chew, clean, decay, dentist, floss, food, gums, jaws, mouth, nutrition, plaque, toothbrush, smile.
February is National Children’s Dental Health Month!

FLOSSY AWARDS THIS
HEALTHY SMILE CERTIFICATE
TO:

PRESENTED BY:

DATE:
February is National Children’s Dental Health Month!

Writing is So Much Fun!
Help Den finish his essay by asking a buddy to provide the correct type of word for each blank. Write them in and then read the silly story out loud!

A WACKY VISIT TO THE DENTIST

Den likes to visit his dentist, Dr. ____________. Den sits in a big chair and the dental hygienist puts a ____________ around his neck to protect his ____________.

The hygienist ____________ all of Den’s teeth. Shes uses a (noun) to see way in the back of Den’s mouth.

“Would you like ____________ or ____________ toothpaste today, Den?” she asks.

Her toothbrush ____________ very fast. When she is done brushing, she takes a piece of dental floss that is ____________ inches long, and ____________ between all of Den’s teeth.

Now it’s time for the Dentist to make one final check.

“Looks like you have been doing a good job ____________ your teeth Den! I don’t see any ____________.”

“Thanks,” says Den, “I like to keep my ____________ healthy!”

ADA American Dental Association®
Five Cool Rules for Happy Teeth

- Fluoride Toothpaste
- Friendly Dentists
- Healthy Snacks
- Toothbrush
- Fluoridated Water
Hidden Dental Words

Have Fun Finding the Following Hidden Dental Words:

Dentist  Smile  Molar  Cavity
Tooth    Fun    Decay  Grin
Sealant  Floss  Mouth  Clean
Brush    

Compliments of
Functions Of The Mouth

© 1982 American Dental Association
Sealant Application