

National Children's Dental Health Month February 2010

Guidelines for usage of the slogan
"For a Sparkly Smile, Remember to
Brush & Floss Every Day!"

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February is National Children's Dental Health Month

For a Sparkly Smile
The McGrinn Twins say:

**REMEMBER
TO BRUSH
& FLOSS
EVERY DAY!**



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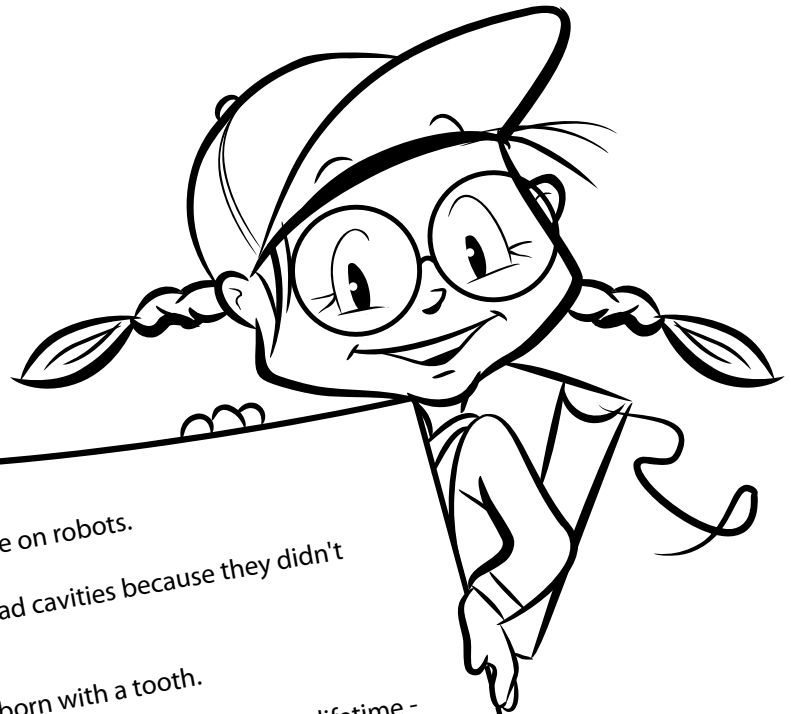


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Flossy's Big Book of Dental Trivia



Dental students in Japan practice on robots.

Prehistoric kids almost never had cavities because they didn't eat sugar.

One in every 2,000 babies is born with a tooth.

The average human produces 25,000 quarts of spit in a lifetime - enough to fill two swimming pools.

Cats have 30 teeth and dogs have 42.

Close to 3 million miles of dental floss is purchased in the United States every year.

The Statue of Liberty's mouth is three feet wide.

An elephant's tooth can weigh more than six pounds!

Every person has a unique tongue print.

It takes 17 muscles to smile but 43 to frown.

Teeth are as unique as fingerprints! Even identical twins have different dental patterns.

The first electric toothbrush was sold 40 years ago.

People don't chew up and down; they chew side to side just like cows chew!

An ape has teeth shaped just like a human's.

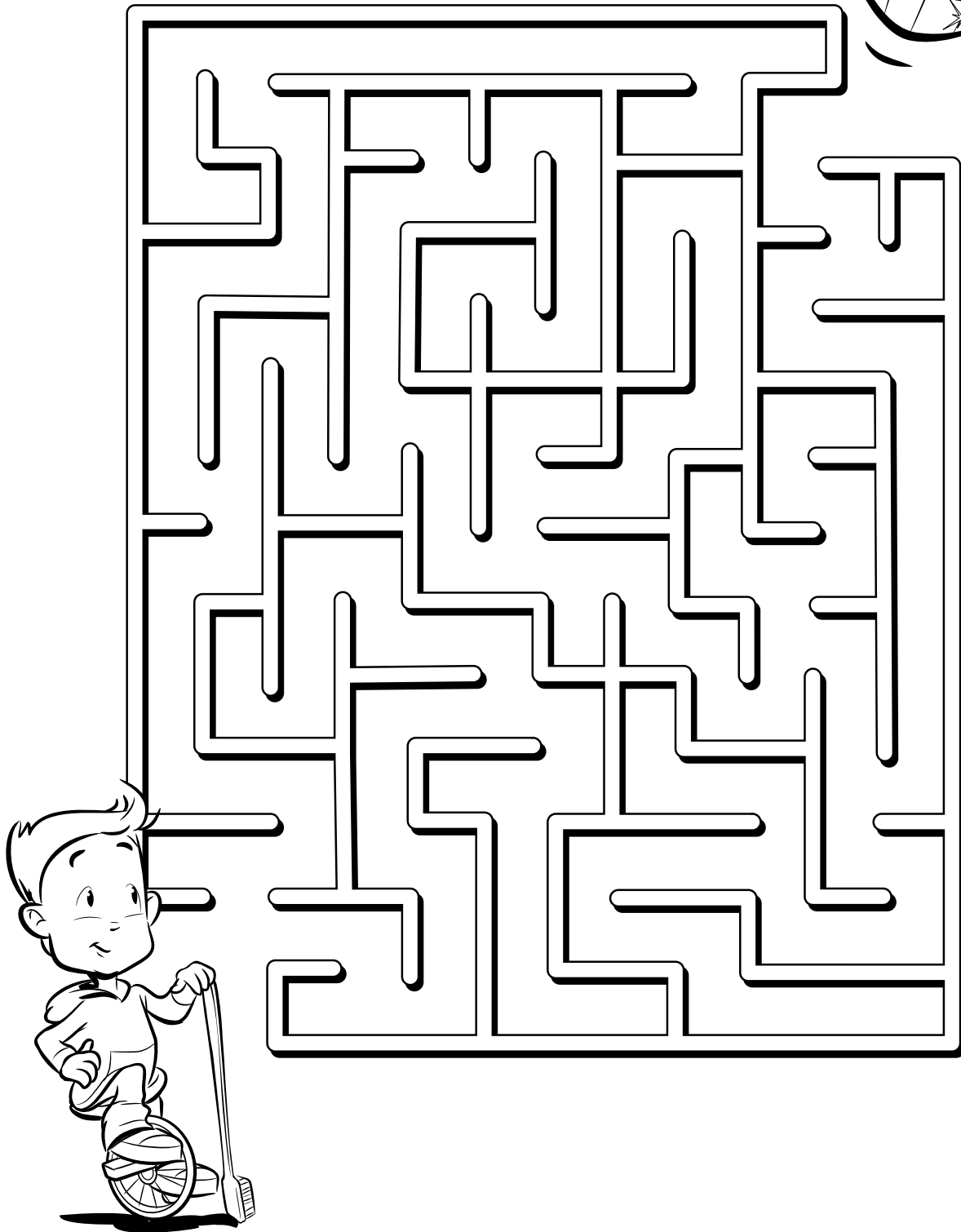
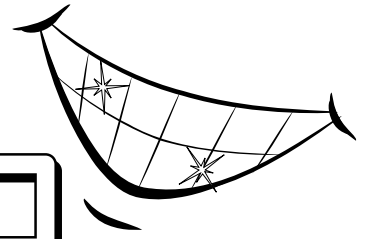
Can you find more fun dental facts?

Visit ADA.org and the Dr. Samuel D. Harris National Museum of Dentistry website, www.dentalmuseum.org to learn more.

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Maze

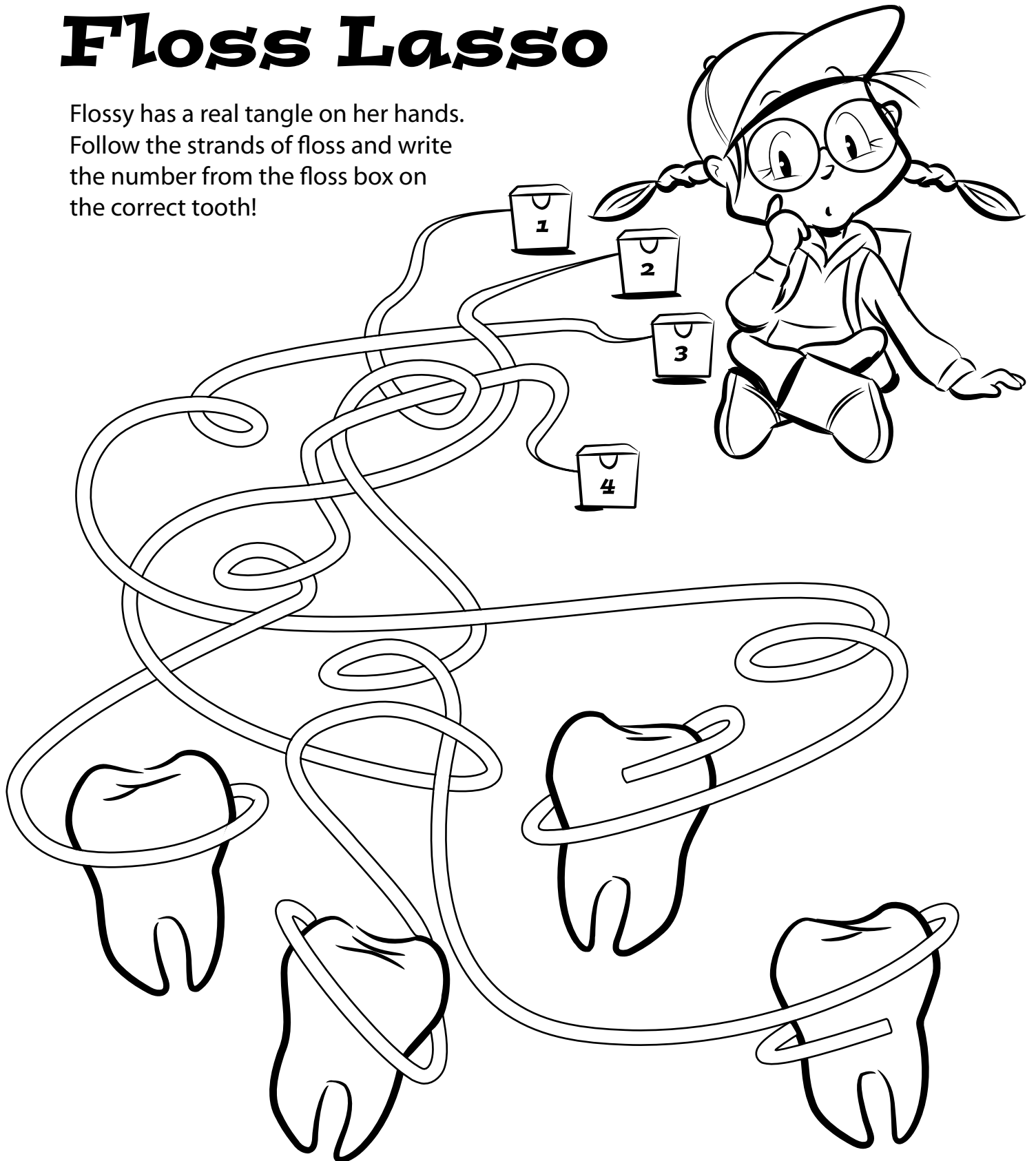
Help Buck find his way to a sparkly smile!



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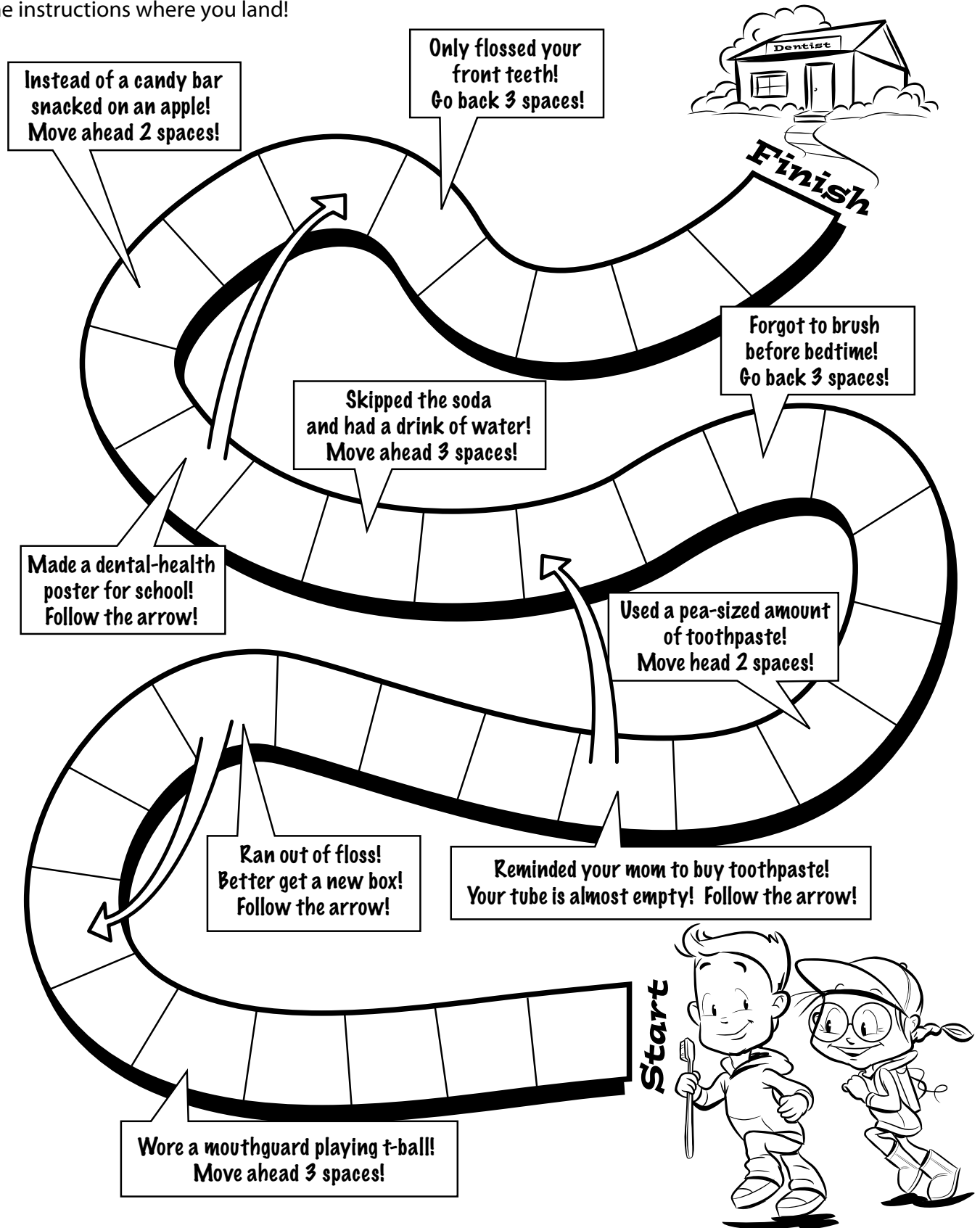
Floss Lasso

Flossy has a real tangle on her hands.
Follow the strands of floss and write
the number from the floss box on
the correct tooth!



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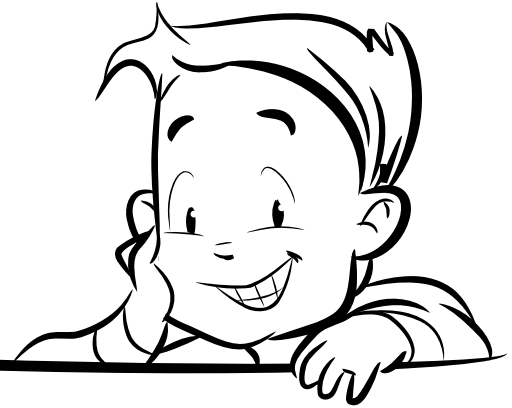
Flossy and Buck are racing to the dentist for a check-up. You can go, too. But who gets there first? Using different colored buttons for markers, flip a coin to advance around the board. Heads moves you ahead 2 spaces, tails 1 place. Be sure to follow the instructions where you land!



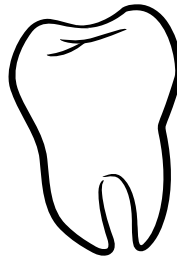
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See and Say

Good dental health is the same in every language!
Can you pronounce each word in English and Spanish?



dentist
dentista



tooth
diente



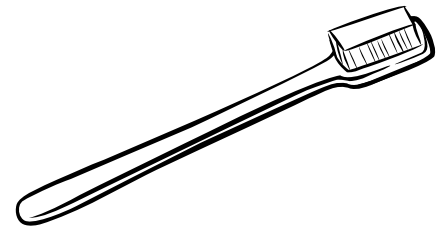
smile
sonrisa



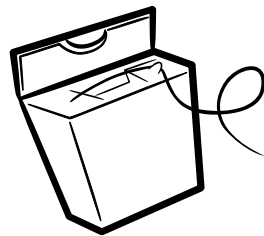
toothpaste
dentífrico



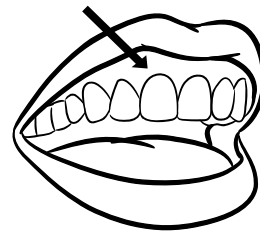
mouth
boca



toothbrush
cepillo dental



dental floss
seda dental

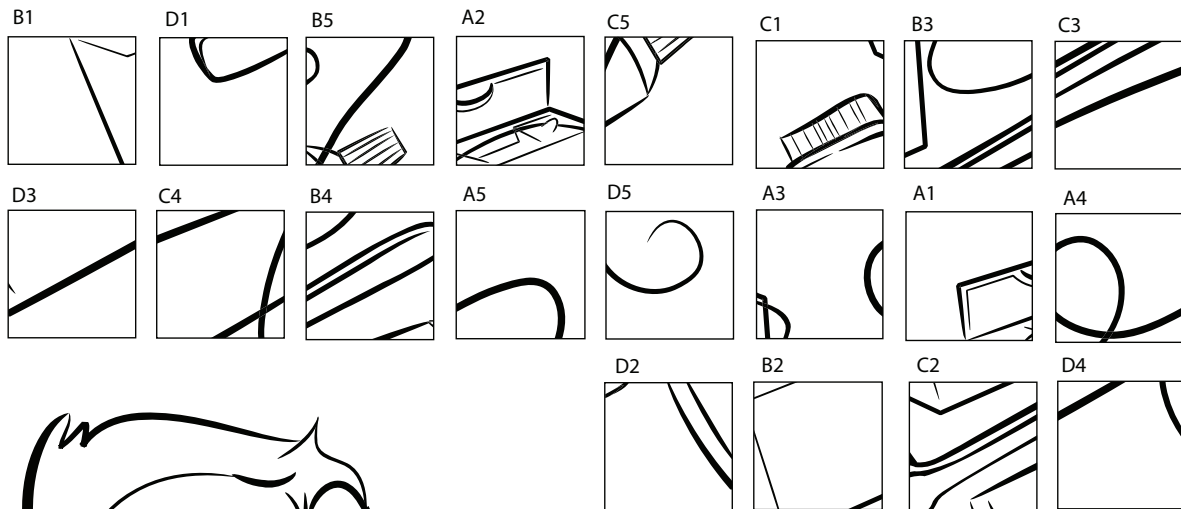


gum
encia

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Secret Drawing

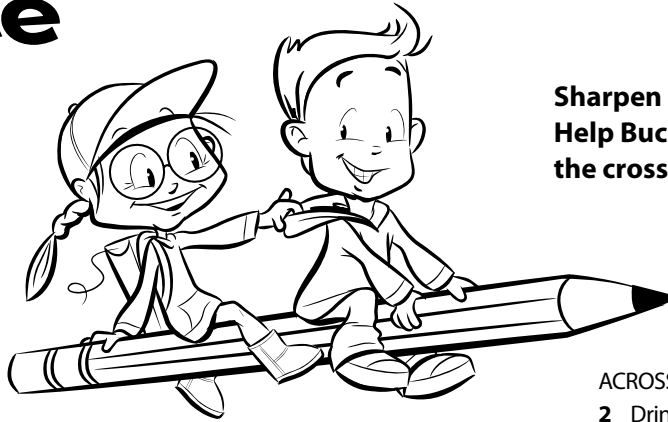
Buck is such a cut up! Can you help him put his picture back together?
Use the letter-number guide above each square and carefully draw what is shown into the correct square below.



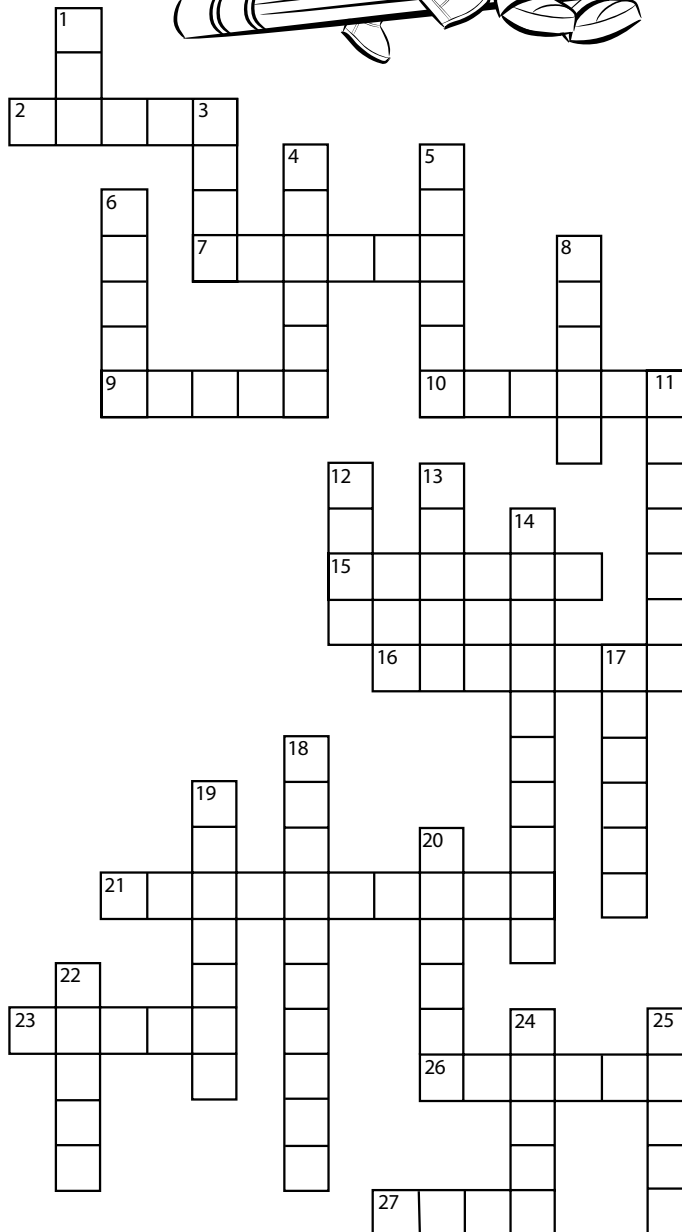
	1	2	3	4	5
A					
B					
C					
D					

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Crossword Puzzle



Sharpen your pencils!
Help Buck and Flossy complete
the crossword puzzle!



ACROSS

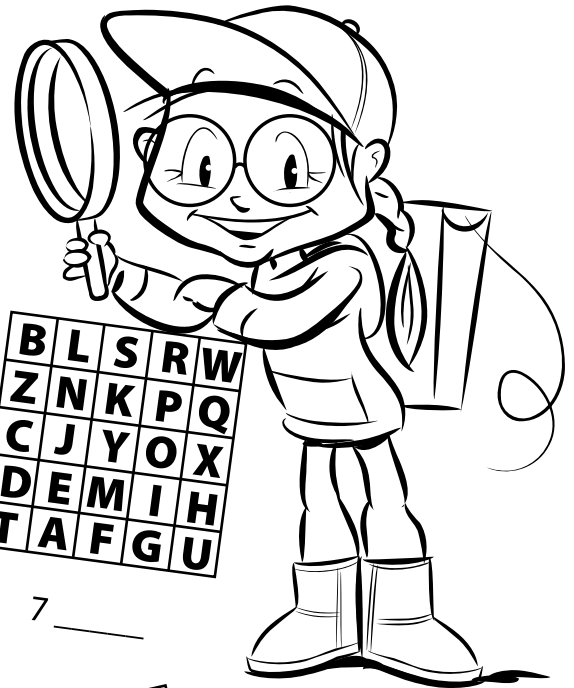
- 2 Drink this instead of soda pop.
- 7 A _____ hygienist cleans your teeth at the dentist's office.
- 9 Grin
- 10 Limit between meal _____.
- 15 A dentist uses this to help see all your teeth.
- 16 Visit your _____ regularly
- 21 Broccoli and carrots are nutritious _____.
- 23 The part of a tooth that you can see is called the _____.
- 26 The hard outer layer of a tooth.
- 27 Your first teeth.

DOWN

- 1 Use only a _____-sized amount of toothpaste when you brush.
- 3 Flossy loves to _____ books.
- 4 Don't forget to brush your _____.
- 5 _____ are the teeth in the back of your mouth used for grinding food.
- 6 Flossy and Buck are _____.
- 8 Brush your teeth at least _____ a day.
- 11 What your dentist applies to protect teeth from decay.
- 12 They hold your teeth in place.
- 13 Most kids have all their baby teeth by the time they are _____ years old.
- 14 Use this to keep teeth clean.
- 17 Buck loves to play _____.
- 18 Wear this to protect your smile while playing sports.
- 19 Buck and Flossy's last name is _____.
- 20 If not removed, can lead to cavities.
- 22 Pictures of your teeth.
- 24 Only eat sparingly to keep your smile healthy.
- 25 Clean between your teeth with dental _____.

Eye Spy!

Find the one letter of the alphabet that is missing in each grid and write it on the line underneath. Then transfer those letters to the correct line at the bottom of the page and decode Flossy's message!



N	O	P	S	T
X	M	R	W	Z
L	K	G	V	Y
C	J	I	U	F
Q	B	H	E	D

12 _____

N	Q	E	Y	T
L	K	O	C	Z
D	F	V	J	P
B	U	M	W	I
S	G	A	H	X

9 _____

P	Y	O	L	T
V	K	X	Q	M
G	R	N	W	I
E	J	F	H	C
Z	B	A	U	D

4 _____

B	L	S	R	W
Z	N	K	P	Q
C	J	Y	O	X
D	E	M	I	H
T	A	F	G	U

7 _____

S	L	D	I	T
J	G	K	F	H
M	O	X	R	P
Q	B	W	N	Z
A	Y	V	C	U

6 _____

H	T	P	O	W
U	K	X	R	S
N	V	Q	Y	L
C	A	B	J	Z
G	M	I	D	E

1 _____

K	H	V	Z	P
G	W	R	S	T
J	F	E	N	C
I	D	X	Q	U
Y	A	B	M	L

3 _____

H	S	L	O	T
D	K	P	F	Q
X	J	N	I	A
G	C	V	W	B
Z	U	M	Y	R

8 _____

D	I	A	O	Q
E	J	F	V	T
B	X	R	Z	W
C	M	H	U	S
P	N	G	L	K

10 _____

U	H	O	E	M
J	K	B	D	X
N	V	Y	L	W
I	T	F	P	C
G	Z	A	R	Q

5 _____

I	N	J	C	S
F	E	G	P	W
R	Q	V	Y	Z
K	T	H	B	X
L	M	O	U	A

11 _____

J	G	D	X	E
A	T	F	R	M
H	K	S	Z	O
U	N	C	P	I
L	W	Q	V	B

13 _____

E	B	K	N	O
M	F	H	P	T
R	A	Q	G	Y
D	S	J	C	W
U	Z	X	V	I

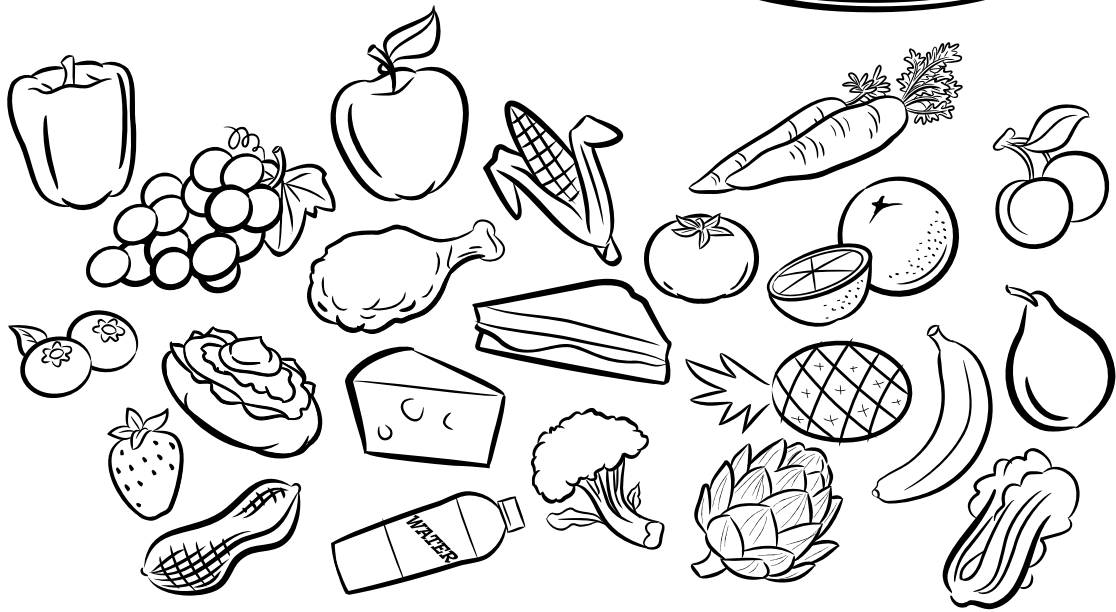
2 _____

1 2 3 4 5 6 7 8 9 10 11 12 13 !

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What's Missing?

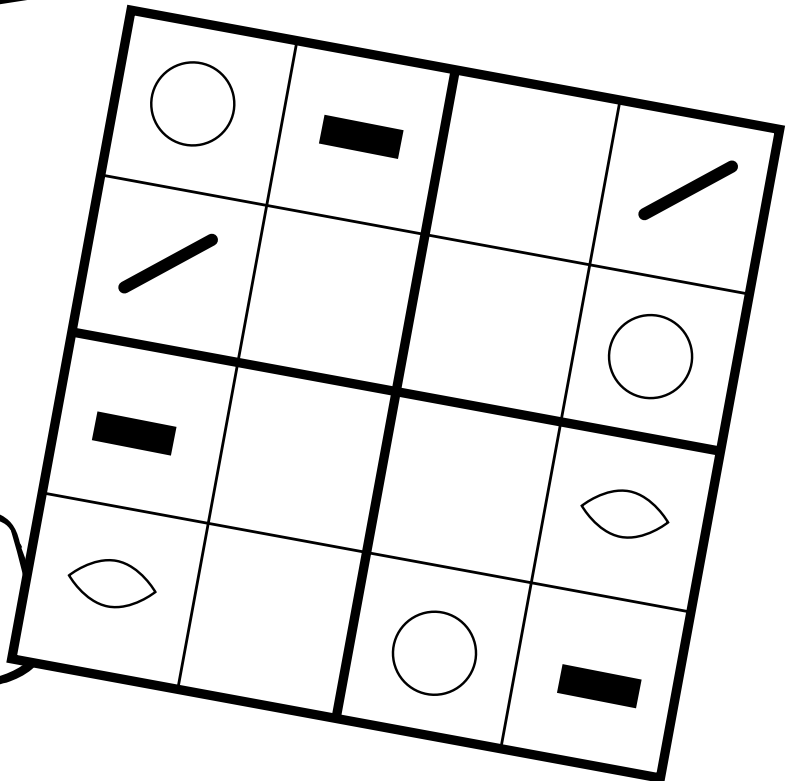
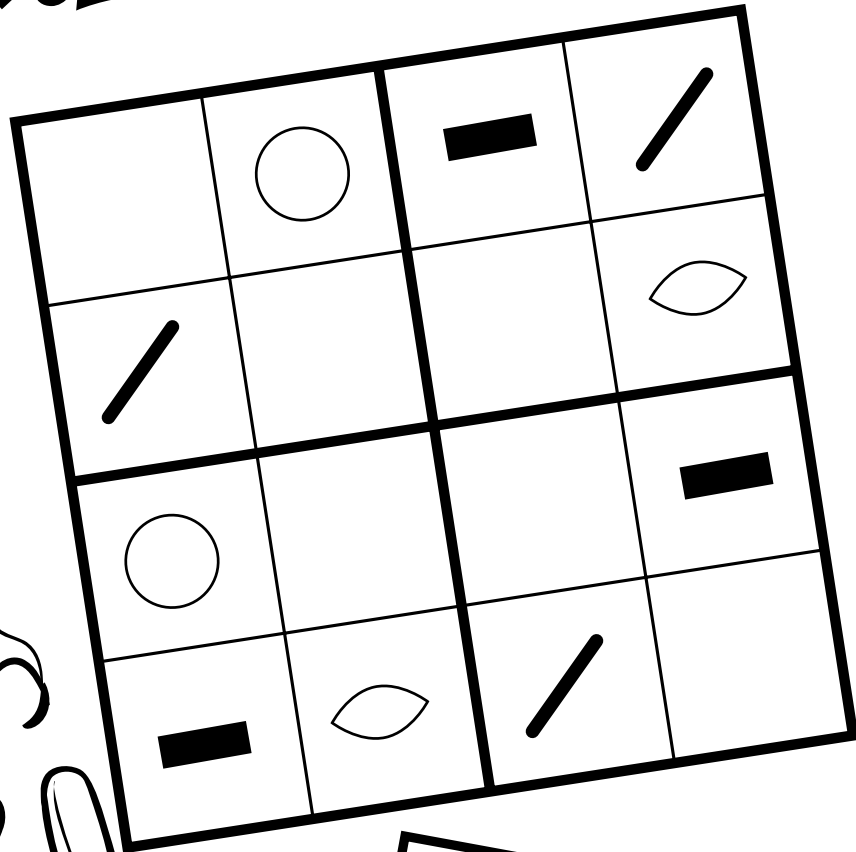
Buck loves to eat healthy food, but something's missing.
Can you find the healthy food item in the top picture that's
missing from the bottom ?



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Sudoku

Fill in the empty squares so that each of the 4 shapes repeats only once in each row, column and box



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It's Math Time

Can you help Flossy find the answer to this math mystery?
Follow the clues below to get the answer!

20 minutes - this is how long acids can attack your teeth each time you have sugary foods or drinks. If you have two sugary treats every day, how long have your teeth been attacked by acids at the end of a year?

20×2 sugary drinks or snacks per day =

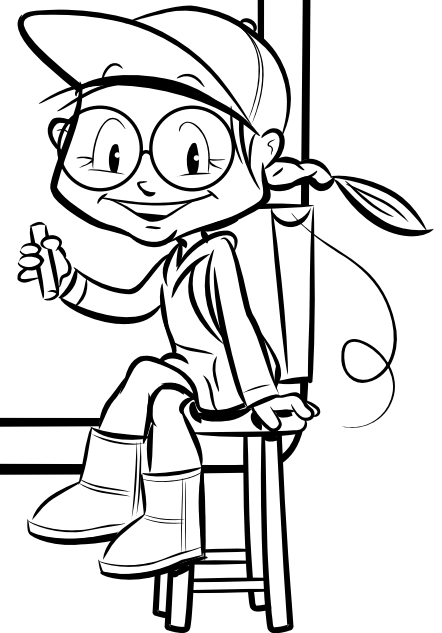
$\times 7$ days per week =

$\times 4$ weeks per month =

$\times 12$ months per year =

$\div 60$ minutes in an hour = hours per year!

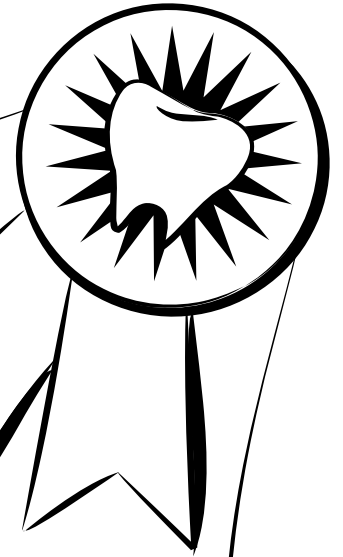
Limit sugary foods and drinks!
When your tooth enamel is eaten away
by acids, it doesn't grow back!



Answer 224 hours

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Certificate

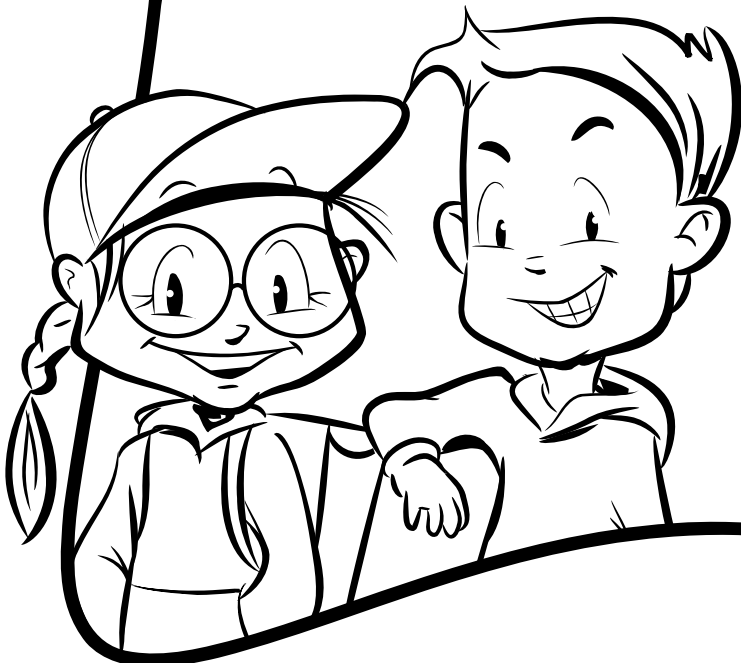


*Buck and Flossy McGrinn
award this Healthy Smile
Certificate to:*

Name: _____

From: _____

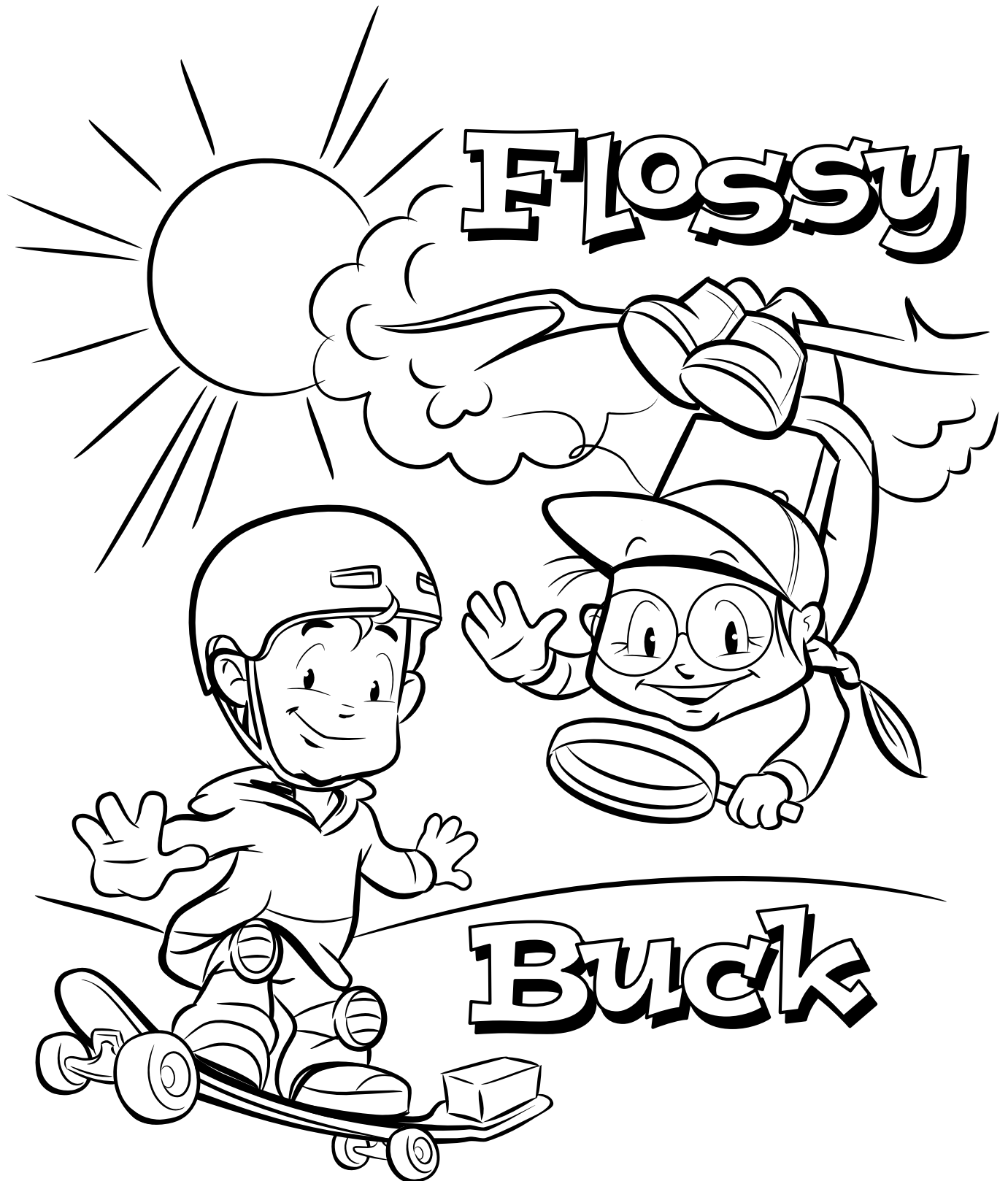
Date: _____



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Meet the McGrinn Twins!

Flossy loves math and science. Buck is big on adventures and sports. They're as different as twins can be but they agree on one thing: the importance of good dental habits!



**REMEMBER TO
BRUSH & FLOSS
EVERY DAY!**

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Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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