



## CRYSTALENS® Vision Enhancement - Beyond Lasik

John B. Bello, M.D.



John B. Bello, M.D. and the staff of Advanced Vision Specialists are proud to announce that they are one of three practices in Chicago credentialed to provide the FDA approved CRYSTALENS® technology. Dr. Bello, a native of Chicago, is an engaging doctor who wants his patients to understand and participate in their eye care. He is a board certified ophthalmologist who is Chairman of both the Surgery and Ophthalmology Departments at Resurrection Medical Center. Dr. Bello is available to assist you with your vision needs and can be reached at 773-775-9755.

### What is CRYSTALENS®?

It is the first and only intraocular lens replacement for cataracts that focuses like the eye's natural lens, allowing for continuous vision up close, far away and intermediate. This procedure and technology uses the eye's muscle to move the lens backwards and forwards naturally, in response to the brain's desire to see at different distances.

### CRYSTALENS can correct presbyopia, as well as cataracts.

CRYSTALENS® has been most commonly used in cataract surgery. However, it has become an alternative to people considering lasik surgery, since it eliminates the need for cataract surgery in the future.

It is important to note that the lasik procedure cannot correct presbyopia, the point where reading glasses become necessary. Since this is one of the leading reasons that people seek out the lasik treatment, it is important to understand what your expectations are regarding the surgery by working with a qualified ophthalmologist.

### The Little- Known Connection

The two most prevalent age-related vision conditions, presbyopia and cataracts, are actually related. Both are inevitable: a result of the aging process on the lens and its ability to focus. But what has yet to become common knowledge is the link between these age-old vision problems.

### Presbyopia- THE FIRST SIGN OF A CATARACT.

Presbyopia, which is Greek for "aging eye," is an inevitable age-related eye condition that may start by age 45 making it difficult to read or see things up-close without reading glasses. Presbyopia causes the eye's crystalline lens to stiffen, lose flexibility and begin to cloud (cataractize), progressively reducing its ability to focus, particularly in the near range of vision. While the symptoms of presbyopia can be temporarily addressed with reading glasses or corneal refractive surgery, only lens replacement with a presbyopia-correcting IOL can permanently treat the condition

### CATARACTS are the by-product of presbyopia and cannot be prevented.

Cataract, which is Latin for waterfall, simply means the eye's natural lens is no longer clear. A cataract is NOT a new growth in the eye or lens. Rather, as it becomes more presbyopic, the lens increasingly clouds causing progressively blurred vision, impaired night vision and an inability to see things clearly. While presbyopia is the first sign of a cataract, they can also be caused by smoking, sun overexposure, diabetes or eye trauma.

In early stages of cataracts, vision can be improved with reading glasses, magnification or better lighting. However, **the only "cure" for cataracts is lens removal.** Nearly 2.8 million U.S. cataract procedures were performed in 2004.

### THE TOP VISION PROBLEMS FOR BABY BOOMERS & SENIORS ALIKE

- U.S. women are significantly more likely than U.S. men to have cataracts. This is according to a prevalence study published in the American Medical Association, Archives of Ophthalmology, April 2004.
- Cataract removal is one of the safest and most common surgical procedures in the world, comprising some 75 million procedures every three decades.
- Presbyopia sets in around age 45 and affects everyone over the age of 40. It means that at some point in the next decade, all of American's 90 million baby boomers will be presbyopic.
- Cataracts are an inevitable by-product of presbyopia. They are the leading cause of poor vision and blindness around the globe.



10 years... He gave her diamond

20 years... She gave him platinum

This year they gave each other

CRYSTALENS

### Advanced Vision Specialists



"STATE-OF-THE-ART"  
Medical & Surgical Eye Care

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## CRYSTALENS® Testimonials



**Carole Baumann  
- Chicago**

After wearing glasses and bifocals for 30 years, I am now 98% free of glasses,

I now only need them for reading once in a great while.

Dr. Bello and his staff were supportive, friendly and informative. Everything was explained thoroughly and all my questions were answered.

The procedure is completely painless and quick. I have the CRYSTALENS® implant in both eyes and I am so thankful to Dr. Bello and his staff for restoring my vision and enhancing my quality of life.



**John Hickey  
- Chicago**

I thought that I would drop you a line just to let you know how I've

progressed since my cataract surgery.

On Jan. 25 and Feb. 8th I had surgery on my left and right eye respectively. The results have been nothing short of miraculous.

As you know, I opted for the CRYSTALENS® I can't tell you how pleased I am with the results.

Before the surgery, I could barely see out of my left eye. I no longer could drive at night and it was progressively getting worse.

It's been two months since the surgery. My eyesight is nearly perfect. I'm back to reading, without glasses, and I'm seeing colors so vividly that I can't believe it

If any of your patients have any doubts or apprehension about the CRYSTALENS®, I would be happy to tell them about my wonderful results.

Thank you and your wonderfully helpful staff for bringing my sight back.



**Dr. Bello with patients**



**Geri Bugarin  
- Niles**

After my tired old lens was replaced by a CRYSTALENS®, I expected everything

to be shinier and brighter, and it was. In fact my world became so bright that I never go outside on a sunny day without glasses and my sunglasses, especially in Florida. I feel so happy when I see the glorious colors of all the flowers and even of all my friends. I can see clearer now. Unfortunately when I first looked in the mirror, I was shocked to see how grey my hair had become. I actually thought my hair was a light blond.

Another plus is I can read print as small as 2 point, but I prefer the print to be at least 6 point or larger. Especially if I'm reading in an area with dim light like restaurants. My friend are always amazed that I can read without glasses. I tell them I have bionic eyes now. I've always had astigmatism but that seems to be better also. I'm delighted that I can now thread needles, both machine and embroidery.

It's also helped my golf game. I no longer have to pester my friends to follow my ball's path. My bowling has improved too because I can now see the pins clearly.

The one thing I got a big kick out of was when my 16 year old grandson said, "I never knew your eyes were so blue grandma". Obviously my eyes are brighter from both sides.



**Marilou Bautista  
- Morton Grove**

My vision prior to cataract surgery was very bad. I had tried glasses, contacts, tri-

focals, and readers. Night vision was very scary too because of glare, halos and starbursts of light. I had difficulty estimating car distance when changing lanes, and I could not read street signs, maps, and everything was just one big blur.

I am a nurse here at Resurrection Hospital, patient care has always been my top priority. This time I was the patient. I had many fears and apprehension prior to my cataract surgery, and the decision to choose which implant would be best for me became a very hard decision.

I was given a lot of educational information from Dr. Bello and his surgical consultant, in addition I sometimes spoke daily with a representative from Eyeonics, the company that manufactures the CRYSTALENS®. Not to mention that I had the hospital librarian pull up countless research papers for me to review.

I finally decided that Dr. Bello and this breakthrough procedure was the right choice for me.

I now enjoy my life to the fullest. I can see near, far and in between without glasses. Everything I see is clearer, brighter and vivid. I no longer have to squint to read. I have "new" eyes. I feel I have been blessed with a whole new world of vision, a "rebirth". I am in love with my CRYSTALENS®. It is a marvelous, awesome invention.

**What a phenomenal contribution to mankind!!!!**

*Experience  
You Can Trust*

*With a history of superior results,  
ground breaking technology and  
quality patient care Advanced Vision  
Specialists strives to remain a premier  
eyecare provider in Chicago.*