

POST-OPERATIVE EYE SURGERY INSTRUCTIONS

IMPORTANT NOTE: If these instructions conflict with other instructions you are given, please follow these instructions or call my office.

EYE CARE – FOR BOTH THE OPERATED AND UNOPERATED EYE

1. Do not rub or apply pressure to the operated eye; avoid injury to the operated eye.
2. Wash hands before and after applying medications.
3. Use eye drops and medications according to the directions. When applying medication, do not touch the eye or lids with the dropper and avoid pressure on the eye lids while gently pulling.
4. Sleep either on your back or on the side opposite the operated eye after surgery.
5. Discharge normally accumulates on the eyelids and lashes, especially upon awakening. During the first week home from the hospital, remove the discharge from the lid margins after sleeping by gently wiping.
6. You should always have something over the operated eye for the first five days following surgery. Wear either dark glasses, regular eye glasses, or use the shield to protect the eye.
7. Cover the operated eye with the metal shield while sleeping or napping for six to eight weeks after surgery.
8. Continue using your usual eye drops in the unoperated eye unless otherwise directed.
9. If you are using Diamox, Neptazane, acetazolamide or methazolamide, stop these medications until directed otherwise.
10. Resume all other medications prescribed by your doctor – except aspirin*, coumadin or warfarin – which should be discussed with me.

* **NOTE:** Drugs similar to aspirin include: Motrin, Indocin, Plavix, Ibuprofen and Advil. Discuss these with me before resuming.