

Post Operative Instructions

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Permanent Crowns



Avoid chewing and hot beverages until numbness wears off



Use desensitizing toothpaste



Rinse with warm salt water

NOW THAT WE'VE PLACED YOUR PERMANENT CROWN, IT'S IMPORTANT TO FOLLOW THESE RECOMMENDATIONS TO ENSURE ITS SUCCESS:

CHEWING AND EATING

If we used anesthetic during the procedure, avoid chewing and hot beverages until the numbness has completely worn off. Please avoid anything really hot and really cold for one hour after the appointment. Don't chew anything that is hard or sticky on the permanent crown for the rest of the day. If possible chew on the opposite side of the mouth.

BRUSHING AND FLOSSING

After the appointment, please pull floss out the side. After today, resume normal brushing and flossing. If your teeth are sensitive to hot or cold, or pressure, you can use desensitizing toothpaste.

MEDICATION AND DISCOMFORT

If you are experiencing discomfort, take over-the-counter pain relievers. If discomfort increases or persists beyond a few days, call us. To reduce discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

WHEN TO CALL US

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.

CORNERSTONE DENTAL 701-237-3583