

## Curtis Wade, dds\* PS

Practice Limited to Periodontics & Implants  
\* Diplomate of the American Board of Periodontology



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### **Patient Instructions**

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Please notify our office if you have developed a respiratory infection (i.e. cold, sore throat, cough). If taking medication for sedation, arrange for a responsible adult to drive you to and from your appointment. We suggest someone stay with you for a couple of hours after surgery for supportive care.

#### **Pre-Surgical**

##### **2 WEEKS PRIOR TO YOUR APPOINTMENT**

If your taking an anticoagulant. Please consult your physician.

##### **24 HOURS BEFORE YOUR APPOINTMENT**

Begin taking medication that we prescribed (see below medication)

##### **NIGHT BEFORE YOUR APPOINTMENT**

Eat normal and get a good night rest (you may take 1 valium to help you sleep)

##### **12 HOURS PRIOR TO YOUR APPOINTMENT**

Do not consume any alcohol

##### **DAY OF SURGERY**

Take medications as prescribed.

Wear comfortable clothing, preferably short sleeves

Eat normal but avoid excess amounts of fluid

#### **Medication**

##### **ANTIBIOTIC**

\_\_\_ KEFLEX 250mg. (Generic-Cephalexin) 24 hours before surgery, begin taking 1 tablet every 6 hours until completed.

\_\_\_ OTHER \_\_\_\_\_

##### **SEDATION**

\_\_\_ VALIUM 5 mg. (Generic-Diazepam) Take 1 or 2 tablets two hours prior to appointment and another 1 or 2 tablets 1/2 hour prior to appointment. You will need someone to drive you to and from your appointment. (Valium is an optional choice.)

\_\_\_ OTHER \_\_\_\_\_

##### **PAIN RELIEVER**

\_\_\_ VICODIN (Generic-Hydrocodone and Acetaminophen) Take 1 tablet every 4-6 hours after surgery, as needed for discomfort. Recommend taking medication before anesthetic wears off.

\_\_\_ PERCOCET (Generic-Oxycodone and Acetaminophen) Take 1 tablet every 4-6 hours after surgery, as needed for discomfort. Recommend taking medication before anesthetic wears off.

\_\_\_ OTHER \_\_\_\_\_

##### **MOUTHRINSE**

\_\_\_ PERIDEX (Generic-Chlorhexidine Gluconate) Oral antibiotic mouth rinse, use 1/2 ounce 1/2 hour prior to surgery. Resume using the day after surgery, morning and evening for the next 5-7 days.


#### **Post-Surgical**

Refrain from any alcoholic beverages for 24 hours following surgery.

It is recommended that your activity be limited for 24 hours following surgery.

You should not drive or operate any equipment for 24 hours after surgery or while you are taking any pain medication.

In most cases the Doctor places a temporary healing cap on the implant. If the healing cap comes off during the healing stage, it is not necessary to call and have the temporary replaced. Any questions regarding your post operative care, refer to the self-care instruction sheet or feel free to call our office.

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