

# HARTSDALE MEDSPA

WEIGHT LOSS & LASER BODY CONTOURING

## **WEIGHTLOSS CONSUMER BILL OF RIGHTS**

WARNING: Rapid weight loss may cause serious health problems. Rapid weight loss is weight loss of more than 1.5 pounds to 2 pounds per week, or weight loss of more than 1 percent of body weight per week after second week of participation in a weight-loss program. Only permanent lifestyle changes, such as making healthful food choices and increasing physical activity, promotes long- term weight loss. Qualifications of this provider are available upon request. The patient is under no obligation whatsoever, to purchase medication and supplements from Dr. Kiran Saraf. Supplements for meal replacements such as OPTIFAST, as well as medications, are sold for profit.

### **You as the patient have the right to**

Ask questions about the potential health risks of this program and its nutritional content, psychological support, and educational components; receive an itemized statement of the actual or estimated price of the weight-loss program, including extra products, services, supplements, examinations, and laboratory tests; know the actual or estimated duration of the program; know the name, address, qualifications of the dietician or nutritionist who has reviewed and approved the weight-loss program.

I have read and understand the above:

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Patient's Signature

Date