

HARTSDALE MEDSPA

WEIGHT LOSS & LASER BODY CONTOURING

SMOOTH SHAPES

Pre-treatment General Instructions:

Treatment areas should be clean and free from any topical lotions, oils or moisturizers.

Do not use a tanning cream 1-2 days before treating so that the tanning cream residue is minimized.

Post-treatment General Instructions:

Drink 6-8 glasses of water the day of the treatment.

Be sure that your next treatment is scheduled.

A mild tingling, warmth or redness may be present immediately post treatment. Most side effects resolve within minutes and last no longer than 2-3 hours.

You may experience increased urination the day of treatment.

If you have had treatment over a pre-existing bruise, the bruise may temporarily increase in size, but will resolve over time.