

Frequently Asked Questions about the SomnoMed MAS™

When is it worn?

The SomnoMed MAS™ is only worn at night. The SomnoMed MAS™ is unique in that, unlike other oral appliances, it allows you to close your lips, so no one need know you are wearing it.

Is it comfortable?

You won't find a more comfortable MAS. Why? Because it is custom-made to fit your mouth and it does not impinge on your tongue. You can open and close your mouth normally.

Is there a warranty?

Yes. The SomnoMed MAS™ offers a one year warranty against breakage and manufacturing defects, which means you can have full confidence in the product.

What if I have a bridge or denture?

Patients with crowns or bridges can be successfully fitted with the SomnoMed MAS™. Adjustments are made in the appliance to ensure that fragile crowns and bridges are not harmed.

Patients with partial dentures may be successfully fitted with the SomnoMed MAS™ as long as there are enough teeth to anchor the device. Ask your dentist if you are dentally appropriate for the SomnoMed MAS™.

What will the dentist do?

The dentist will thoroughly examine your teeth and mouth and may use X-rays to confirm your oral health status, as well as ensuring that you are dentally appropriate for the device. Dental impressions are required to fabricate a SomnoMed MAS™. They are taken, and sent to our laboratory where the appliance is made. Once custom made for you, the appliance will be inserted by a Dentist who will show you how to insert and remove it yourself, as well as how to clean and care for it.

How effective is the SomnoMed MAS™?

One of the major advances offered by the SomnoMed MAS™ is improved patient compliance. The ability to freely open the mouth, speak, and drink with the device fitted, is a big step forward in this type of medical treatment.

- 96% of patients with proven OSA stated they would like to continue to use the SomnoMed MAS™
- 91% of patients reported substantial improvement in sleep quality with the SomnoMed MAS™
- 87.5% of patients reported nightly use of the SomnoMed MAS™

SomnoMed

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The *SomnoMed* MAS™
U.S. Patent 6,031,520 and 6,352,159
FDA #160471



www.somnomed.com

U.S. Patent #6,031,520



Do
you
snore?

Snoring could be a
bigger problem
than you think.

Ask about the
SomnoMed solution.

SomnoMed

Snoring...More than a Social Problem.

Snoring isn't just a noisy nuisance. As well as being loud enough to disturb both sufferers and their families, snoring can also interrupt sleep and place pressure on relationships.

Persistent loud snoring often disturbs the sleep of the snorer and anyone within hearing range. This disruption to sleep can contribute to fatigue and leave the sufferer feeling tired, drowsy, and inappropriately sleepy. The prolonged effects of lack of sleep can lead to slowed responses, memory problems, difficulty in paying attention and concentrating, and may also cause performance problems at work. More importantly, lack of sleep can increase the risk of automobile accidents and can adversely affect relationships. Surveys have shown that many snoring couples resort to sleeping in separate rooms.

When snoring is so loud that it disturbs the sleep of snorers and their family, it may be a sign of a related condition known as Obstructive Sleep Apnea (OSA).

OSA - The Hidden Epidemic

Although OSA sufferers may experience hundreds of episodes of apnea per night, they are unlikely to remember any of them. If, as is often the case due to loud snoring and gasping, the sufferer sleeps separately or lives alone they may not be aware of their condition, even after many years.



Normal

During normal sleep, the muscles that control the tongue and soft palate hold the airway open.



Snoring

When these muscles relax, the airway narrows. This can lead to snoring and breathing difficulties.



Obstructive Sleep Apnea (OSA)

If the muscles relax too much, the airway can collapse and become blocked, causing an obstruction.

The SomnoMed MAS™

The SomnoMed MAS™ is a Mandibular Advancement Splint (MAS) that treats snoring and mild to moderate OSA by moving the lower jaw forward slightly. This forward movement tightens the soft tissue and muscles of the upper airway, which prevents obstruction of the airway while you sleep. The tightening created by the device also prevents the tissues of the upper airway from vibrating as air passes over them – the most common cause of loud snoring.

The SomnoMed MAS™ is a custom-made device, consisting of upper and lower dental plates with a unique patented fin-coupling component, which allows normal mouth opening and closing. The device is adjustable which improves the efficacy and comfort level of treatment, as the jaw is moved only as far as is required to alleviate the condition. The SomnoMed MAS™ design has a number of key features that are significant improvements on existing MAS oral appliances. These improvements make the device both comfortable and effective.

The SomnoMed MAS™ is a highly effective solution, for the majority of patients, to the problem of loud snoring and mild to moderate OSA. Its exceptional levels of patient acceptance and compliance, and treatment efficacy are backed by a large body of clinical research.

Features and Benefits



- Permits normal mouth opening
- Allows speech & drinking
- Full lip-seal
- Easily adjustable
- Safe & effective
- Clinically validated
- Custom-fitted

Advantage of SomnoMed MAS™

The device is comfortable and easy to wear, and most people find that it only takes one or two nights to get used to wearing it. The SomnoMed MAS™ is small enough to fit in the palm of your hand, making it easy to carry when traveling.

Durability

The SomnoMed MAS™ is made from premium grade materials to ensure the durability of the device. Each device is hand-made to the Doctor's specifications providing a comfortable fit.

The SomnoMed MAS™ comes with a one year warranty against manufacturing defects and breakage. Patients must submit their Warranty Cards found in their User Instructions to activate the warranty.

SomnoMed MAS™:

- Successful treatment of snoring and mild to moderate OSA
- Unrivaled patient acceptance and compliance
- Clinically validated for the treatment of snoring
- One year warranty



Improved
Sleep Quality
for you and your
Family.