

## CARE FOR YOUR REMOVABLE DENTAL WORK

Great care has been taken in the design and the fabrication of your dental work. We want you to enjoy using this work for the longest possible time. The following information will help you obtain the best results.



*Phil Macavity says "Just Floss 'Em"*

### CLEANING

Rinse off your removable dental work after every meal, and clean it carefully using a soft scrubbing brush or toothbrush with soap and water. You are well advised to place a little water in the basin before you start so that if you drop the dental work it does not hit a hard surface which can damage it. **Do not use bleach or abrasive or chlorine.** These chemicals damage the acrylic and cause discoloration.

Three or four times a week you should use effervescent cleaners (such as Efferdent or Polident) there are many products available, and they are all effective. Leave the dental work soaking for at least 20 minutes or even overnight.

### STORAGE

Whenever your dental work is not in your mouth it should be kept in water. The acrylic is processed with moisture, and if it is allowed to dry out it will distort. This is particularly important in the case of your duplicate or anti-embarrassment dental work. (Bleaching trays should be left dry and clean.) **Do not let the water stagnate. Change it frequently.**

### REPAIRS

**Please do not adjust your dental work yourself.** You are more than likely to do it the wrong way, and may harm yourself or damage the prosthesis. Call my office if you have a problem or any questions. Please do not try to repair your denture yourself. If you have a fracture or crack, a bent clasp or tooth broken come and see us. **Home made repairs are nearly always mistakes.**

### MAINTENANCE

The dental work in your mouth needs to be checked regularly, at least once a year, sometimes more frequently. Please see us as directed. A lot of harm can be done by failing to intercept a small irregularity in a timely fashion. Let us take the worry out of depending on man made replacement teeth and appliances.

The body is constantly changing and remodeling and when this happens in the mouth the dental work may no longer fit well. Delicate dental work may need to be modified frequently when it replaces recently extracted teeth or surgically treated areas. If dental work does not fit correctly it invariably contributes to a harmful result.

**Never leave trays or appliances in tissue.** They get lost that way! We want you to be happy with your teeth. Let us help you. - Thank you.

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**DENTISTRY THAT LASTS - QUALITY THAT COUNTS**