

NOW YOU HAVE A TEMPORARY CROWN IN YOUR MOUTH



Phil MacCavity says "Just Floss 'Em"

You have had a tooth repaired, and it is now covered and protected with a temporary plastic restoration. Great care has been taken in the design and the fabrication of your temporary, but it is fragile and requires special care. We want you to have a successful course of treatment, free from complications, so that we can accomplish our goals for you in the shortest possible time, and with the least discomfort. The following information will help you obtain the best results.

WHY WE MAKE TEMPORARIES FOR YOU

The plastic temporary protects the sensitive center of the tooth from sudden temperature changes which can cause discomfort. A temporary holds the tooth in place and stops the teeth beside and opposing the repaired tooth from shifting while we are having your final restoration custom made for you in our laboratory. The temporaries also maintain your appearance so that you may feel confident while waiting for the final restoration.

EATING

It is best not to bite on temporary restorations. They can break easily or come uncemented. Chew on the other side if possible, and choose a soft diet. Blending your food is the best answer if you have numerous temporaries. Temporary restorations are cemented with a paste that tastes of cloves. The taste will decrease with time. You should avoid pigmented foods because they can stain your temporary. **Do not chew gum! It sticks permanently to the temporary.**

BLEACHING

Tooth whitening gels turn temporary restorations orange.

CLEANING

Clean your teeth as usual using tooth paste, but when flossing, be careful not to pull away from the gum around the temporary. It is better to pull the floss out to the side.

LOOSE TEMPORARIES AND REPAIRS

If your temporary becomes loose call us immediately, please! **Please do not adjust your dental work yourself.** You are more than likely to do it the wrong way, and may harm yourself or damage the temporary or worse, the tooth. Call my office if you have a problem or any questions.

We want you to be happy with your teeth. Let us help you. - Thank you.

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DENTISTRY THAT LASTS - QUALITY THAT COUNTS