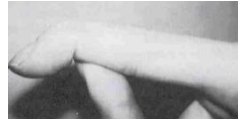


Mallet Finger Splint

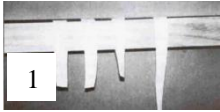


Middle Joint

End Joint



- The end joint must be maintained in extension 24 hrs a day for 8 weeks.
- The end joint must never bend (flex).
- Even if the splint is removed the end joint must be held in maximum correction



Final appearance

Applying Splint

- **1-**Have the tape ready, at least 2 pieces that will go around the finger and one longer piece.
- **2-**Aluminum splint covered with moleskin can be used.
- **3-**Tape the splint as shown while keeping the end joint completely straight
- **4-**Apply another piece of tape around the end of the finger
- **5-**The tape should not block motion at the PIP joint. Full PIP flexion should be possible



Full PIP flexion

General Instructions

- The splint must be worn at all times. The splint should be worn while washing hands, showering or bathing and the tape changed and the skin dried afterward.
- Keep extra tape and splints with you at all times incase it gets wet or dirty.
- Use only enough tape to keep the end joint in maximum comfortable extension and to prevent the splint from slipping.
- If your hands sweat excessively; it will be necessary to change the tape more frequently. The skin should be dried thoroughly at the time of each change.

