

Recapture Your Youth

For some women and men, the 30s to 50s are almost more distressing than the years beyond- at least where their complexions are concerned. They see themselves in an alarming decline. Their facial features and skin type happen to be particularly sensitive to the early signs of aging.

During this period the skin's underlying supporting structures and subcutaneous tissue begin to thin out.

Already narrow cheeks can take on a hollow look, thinnish lips can get a pinched quality to them, certain kinds of skin texture can become coarse. Hence, some wonder if they will ever be able to exude a radiant glow again.

This population isn't ready for face-lifts. But they know they need something. The standard rejuvenating treatments - facials, massages, microdermabrasion, peels, and so forth-just don't cut it anymore.

For this population, there is a combination of treatments that taken together - restore a rested appearance. This combination therapy can ease lines and wrinkles, restore volume, improve skin texture and bring back that inner glow. The best part is that there is no need for surgery.

The Problem is Threefold:

- Early deep wrinkles
- Loss of collagen and elasticity
- Exaggerated muscle tension

Since the condition has 3 identifiable sources, it requires the use of 3 different modalities. The following trio of treatments is showing extremely positive results on these skin rejuvenation candidates.

- ActiveFX® (ablative skin resurfacing eradicating wrinkled skin and stimulating collagen)
- Juvederm® (a dermal filler)
- Botox® (a muscle relaxer)

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FIRST-ActiveFX®- Deep Tissue Remodeling

ActiveFX® is the most sophisticated Skin Resurfacing System on the market (unique to Laser Clinique), penetrating to the dermis where collagen is produced. Collagen adds volume and fullness to the upper layers of the skin to provide better elasticity and support for the skin.

With fractional facial resurfacing, a high-energy beam of CO2 light is used to vaporize lines, wrinkles, scars, dark spots and other irregularities, layer by layer. ActiveFX® is the only device FDA approved to stimulate new collagen.

THEN - Juvederm®- Filling Deep Lines and Wrinkles

Now that the supporting layers of the skin has replenished the collagen, the focus is on the surface of the skin.

The target is the deeper lip lines, thinning lips, nasolabial folds and other interruptions in the smooth surface of the epidermis. Juvederm® has become the gold standard for treating these imperfections. This non-animal filler made up of hyaluronic acid (a substance that naturally occurs in the human body) can erase folds around the mouth, plump furrows, frown lines and even soften hollows under the eyes.

NEXT - Botox®- Muscle Relaxer

The deep wrinkles have been filled in, and underlying volume is growing everyday.

But what about the muscles that have created all these wrinkles in the first place? What about the tension that subtly pulls the eyes toward the middle of the face and results in that worried, pinched look?

Botox®, the 'miracle injectable,' adds the final touch. This product relaxes the underlying facial muscle, restoring tired facial features and evening out the small, subtle wrinkles that take away from an open, untroubled look.

The 2 Step Approach...

Step 1: ActiveFX® (1st office visit)

Step 2: Botox® and Juvederm® (can all be performed in 2nd office visit, 1 week after your ActiveFX® procedure).

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