

# INLAND EMPIRE

THE REGION'S PREMIER MONTHLY

MARCH | 2010

IF WE  
PICKED  
THE  
OSCARS  
(WE'D GIVE ONE TO  
PENELOPE CRUZ)

THE GRAND  
AVENUE  
MURDERS:  
50 YEARS  
LATER

BEST  
DENTISTS  
SURVEY

VEGAS AFTER DARK

98 GREAT  
THINGS TO  
DO THIS  
MONTH

28 GREAT  
PLACES TO  
HAVE YOUR  
WEDDING



MARCH 2010 | \$3.95

## PASTA PERFECT

DAVID COHEN SERVES UP THE BEST PASTA  
PLATES FROM SEVEN ITALIAN RESTAURANTS



**Parul Mehta, General, Temecula.** "She worked with me and my fear of dentists. She also worked with my kids and their fears. She and her staff make you feel very comfortable. They always remember your name with a smile." – *Angela Lee*

IN 2006 DR. PARUL MEHTA purchased one of Temecula's most well known and prestigious practices. Driven by her love and dedication to detail and quality, she successfully kept the tradition of the practice alive and celebrated with staff over 30 years of excellent patient treatment.

"We have always given our patients the best service they deserve. We are always very friendly, sympathetic and prevention-oriented. My team and I aim to provide the highest quality of clinical care and treatment. We love our patients like family and treat them like royalty. After all, anything else would be just unacceptable." – Dr. Mehta.

Both Dr. Parul Mehta and her staff have a special interest in helping people get over their fears, cope with treatment, achieve peace of mind about their oral health, and ultimately get the smile they deserve. Since graduating from Indiana University in 2001, she has successfully treated hundreds of dental phobias. She has been featured in magazines, on television, and is revered as one of the Inland Empire's top

dentists.

Dr. Mehta is an Invisalign, Implant and Lumineer Certified Dentist. Both she and her team continue to stay abreast of the latest techniques in dentistry, and offer some of the most technologically advanced services—from digital x-rays and Cerec (same day crowns), to digital imagery allowing patients to see both before and after cosmetic

treatment results before ever having the treatment done.

"When we shop in a store we look at it and try it on before we buy it. I think the same should be for dentistry, and that's why I offer that option to my patients...it's sort of like a glimpse into the future." – Dr. Mehta.

Dr. Parul Mehta, after expanding and making her second purchase in 2008 in Riverside, now has the ability to offer you great service and amazing quality in two great locations in Temecula and Riverside.

"Not only do we welcome you to our practice, we welcome you home." – Dr. Mehta.

Dr. Mehta is a member of American Dental Association, American Academy of Implant Dentistry, Academy of General Dentistry, American Association of Cosmetic Dentistry, California Dental Association, Advanced Lumineer (Veneer) Certification, Advanced Invisalign Certification (Clear Braces).

**FAMILY & COSMETIC DENTISTRY**

**Parul Mehta, DDS**

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**Riverside Dental Office** 1485 University Ave., Riverside, CA 92507 • (951) 784-4441 • [www.hi-techsmiles.com](http://www.hi-techsmiles.com)