

# Word of Mouth

Cascade Dental



**Braces for kids?** Aren't their teeth going to fall out anyway? Orthodontics does more than straighten teeth. It helps the development of the jaws, too.

Crooked teeth come from a variety of causes, but the vast majority of crooked teeth problems in North America come from the jaws not developing properly. That can be caused by things your child does with his or her tongue, lips, or thumb. Habitually breathing through the mouth, instead of the nose, can cause the jaws to develop improperly, too.

As little as 1.7g of pressure can move teeth, but the lips can put 100 to 300g of pressure on the teeth. The tongue can put up to 500g!

Do the muscles of the lips and tongue influence the position of teeth? Absolutely. Muscles determine the development of bone, too.

What problems do thumb-sucking, mouth-breathing, and improper swallowing habits create?

- Open bite
- Cross bite
- 
- Crowded teeth
- Poorly developed jaws
- Jaw joint (TMJ) pain and problems

Will the child outgrow it? No, instead it will probably get worse. ***Problems like these are much easier and less costly to correct at a young age than later on.*** Eliminating the bad habits and addressing the jaw development problems early helps make straightening the teeth easy, if necessary, later when the child has all his or her adult teeth.

Dr. Jolley checks for bad habits, improperly developed jaws, and teeth alignment problems during his regular cleaning and exam appointments. Call 801-796-0344 for an appointment today.

Chris M. Jolley, DDS  
**(801)796-0344**

## Top Ten Reasons to Have Regular Exams & Cleanings

### 1. To Prevent Oral Cancer

When you have your dental cleaning, Dr Jolley screens you for oral cancer, which is highly curable if diagnosed early.

### 2. To Prevent Gum Disease

Gum disease is an infection in the gum tissues and is one of the leading causes of adult tooth loss. If diagnosed early, it can be treated and reversed.

### 3. To Help Maintain Good Physical Health

Recent studies have linked heart attacks and strokes to gum disease, resulting from poor oral hygiene. A dental cleaning every 6 months helps to keep your teeth and gums healthy.

### 4. To Keep Your Teeth

Since gum disease is one of the leading causes of tooth loss in adults, regular dental check ups and cleanings, brushing and flossing are vital to keeping as many teeth as you can.

### 5. To Detect Dental Problems Early

Dr Jolley will be able to detect any early signs of problems with your teeth or gums. Early detection of cavities, broken fillings and gum disease are easily treatable.

### 6. To Maintain Good Oral Health

Our hygienist will help to ensure that you are maintaining your good oral health by visual examination and comparing your previous dental check ups.

### 7. To Have a Bright and White Smile

Your dental hygienist can remove stains on your teeth. During your cleaning, your hygienist will also polish your teeth to a beautiful shine. The result? A whiter and brighter smile!

### 8. To Prevent Bad Breath

Dental studies show that about 85 percent of people with halitosis have a dental problem is to blame. Good oral hygiene is essential in preventing bad breath.

### 9. To Create a Treatment Plan

If Dr. Jolley diagnoses any problems in your mouth, he will give you a treatment plan which has the cost of each procedure that you will need.

### 10. To Use Your Dental Insurance Plan

Dental insurance plans usually pay for all or most of the cost of dental cleanings and check ups every six months. Take advantage of this and save a lot of money in the long run.

## Patient Referral Rewards Program

**Step 1** – **Share** the coupons below with your friends & family

**Step 2** – Have your friends **call** (801) 796-0344 to set up their appointment

**Step 3** – Various food gift cards.