

DOUGLAS B. WEBER, DDS

WORD OF MOUTH

Spring 2006

Be Confident!

Choose instant "orthodontic veneers"!

Porcelain veneers are ultra-modern porcelain shells that are bonded directly to your own teeth to camouflage smile flaws. They can be thinner than a contact lens, yet so strong and so transformative that they have been called "Instant Orthodontics."

Cosmetic porcelain veneers can remake a crooked and uneven smile into a glamorous one – that's completely natural looking! Veneers can also:

- **Shorten** teeth that are too long;
- **Lengthen** teeth that are too short;
- **Re-proportion** your smile;
- **Whiten**;
- and **much more**.

There's more? Absolutely. Veneers can actually plump out wrinkles around the mouth – taking years off your appearance – without surgery!

A veneer smile makeover is **convenient**. Compare two office visits with 2-4 years and numerous orthodontic

sessions. And braces won't whiten your teeth!

Are veneers different from bonding? Definitely. Porcelain veneers are...

- **custom-made** by lab technicians;
- **one solid piece**, instead of applied in layers – they won't peel;
- **longer lasting** and **stronger** – less likely to discolor;
- completely **natural looking**.

Unnatural Chiclety-looking materials really are a thing of the past. Porcelain veneers allow light to shine through – just like natural teeth enamel.

So **be confident** – close gaps, brighten your smile, and cover up flaws. Veneers could be your best cosmetic choice ever!

Call RECEPTIONIST(S) NAME HERE to set up your complimentary cosmetic consultation appointment! We'll be pleased to show you our *before & after* library and to answer any questions you may have. **Call today!**



Come see us



New Patients Welcome! Call Today! (661) 942-7710

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Our Services Include:

- ❖ Family dentistry
- ❖ Tooth whitening
- ❖ Tooth-colored fillings
- ❖ Cosmetic smile makeovers
- ❖ Relaxing & friendly environment
- ❖ 24-hour emergency care
- ❖ TVs, videos, & music in treatment rooms
- ❖ Many insurance plans accepted
- ❖ Visa, MasterCard, American Express, Discover, CareCredit, Capital One Healthcare Finance, and checks welcome

We Welcome New Smiles!

*If you presently have a dentist you are happy with,
please consider this information helpful.
If you are looking for a dentist, please think of us.*



Wise UP

Conquer the wisdom tooth culprit

You may not even think about your wisdom teeth until you feel pain. They are the last teeth to erupt, often in your late teens or early twenties. The only way to anticipate their timing is by dental examination.

According to the American Dental Association, problems often develop, including teeth that:

- are impacted (unable to come in or are misaligned);
- grow sideways;
- emerge only part of the way through the gum;
- remain trapped beneath the gum and bone.

Complications could include...

- damage to adjacent teeth;
- infection;
- pain, swelling, jaw stiffness, and even general illness.

Temporomandibular Disorder (TMD) symptoms (tenderness in jaw muscles or jaw joint, limited jaw opening, and unexplained facial or head pain) can also be caused by wisdom teeth.

Close monitoring by a dentist and special cleaning techniques are sometimes enough to keep wisdom teeth on the straight and narrow.

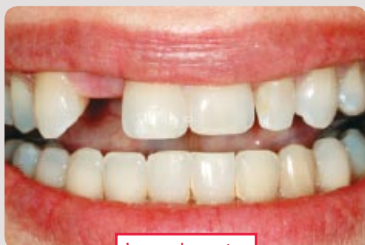
Can we make you smile today?

Restore your equilibrium with cosmetic dentistry

The same cosmetic procedures that beautify your smile could relieve symptoms like tenderness of the jaw muscles, limited jaw opening, facial or head pain, or joint noises. How? Cosmetic dentistry can correct your bite so that the muscles can function without extra strain and tension and leave you smiling – beautifully.



crowns



implants



A crown...

...is sometimes called a cap. The white enamel that you see when you smile forms the crown of your tooth. When cracked or weakened by trauma, or by wear and tear, it can be strengthened by a porcelain crown which is translucent like real tooth enamel. With a custom-fitted crown, your smile will look, feel, and work exactly as nature designed it to.

A bridge...

...is a combination of crowns and artificial teeth. Bridges can close the gap left by one or more missing teeth, restoring the look of your smile and redistributing the workload more evenly.

An implant...

...is an alternative artificial tooth permanently anchored in the jawbone below the gum. Dental implants look and feel just like real teeth and can be used by young and old alike.

A filling...

...replaces tooth material that is damaged by decay. Say “goodbye” to old silver-colored fillings and “hello” to enamel-colored materials that look completely natural and can save your tooth, your bite, and your appearance!

Q&A

Wouldn't you like a whiter smile?

Professional teeth whitening can create such a dramatic difference that millions of people worldwide will get their teeth whitened this year. Here are the answers to some common questions you may have about whitening.

What is teeth whitening?

It is a process that takes away stains and discoloration to brighten your teeth enamel. Safe, quick, and reliable

Get Enough Sleep!

You've seen the headlines – sleep deprivation is taking its toll. And snoring is a key factor. There's one type of snoring in particular that is cause for alarm for the more than 30 million sufferers in North America alone: sleep apnea.

Researchers have found a link between sleep apnea and the danger of stroke... and dentistry may help.

When someone has sleep apnea, their airway could collapse ... up to 500 times a night. Blood pressure can soar, damaging the inner walls of the carotid arteries. Cholesterol and calcium can stick to the injury sites and calcify into plaques that block blood flow to the brain. The result can be massive stroke.

If you think you or someone you love may suffer from sleep apnea, a physician can provide a diagnosis. Dentistry may help relieve symptoms... and greatly improve the quality of sleep!

Extreme Results Minimal Effort

You don't need to have an extreme procedure to get extreme results. If you have admired today's look of big square even teeth, and believe your teeth are too small, your new smile may be within easy reach thanks to a simple procedure called a *gum lift*. In only one or two visits, we can unveil the true power of your smile.

When it comes to appearance, your gumline can be every bit as important as your lipline and your teeth. By revealing the beautiful natural enamel beneath a too-gummy smile, dentistry can restore the eye-catching proportions and symmetry of your smile ... and your face.

Don't be self-conscious because your teeth look too short or too small, because too much of your gums show, or because your teeth look different lengths.

Call us. We'd be extremely pleased to help you!



A whitening

teeth whitening can be done under our supervision – in the office or at home.

What do patients report about their teeth whitening experiences?

- boosted self-confidence,
- improved looks,
- and they smile more!

Ask yourself, “Can I benefit?”

Yes. After childhood, most people can benefit from whitening. As people age, their teeth tend to darken and yellow,

particularly if they...

- drink coffee, tea, or red wine;
- use tobacco products;
- take certain medications.

Are you asking, “Why should I get supervised teeth whitening?”

We make absolutely certain that the whitening ingredients in the system we prescribe for you suit your individual teeth and gums. Without supervision, ingredients found in some off-the-shelf

kits could injure gums and other soft tissue in the mouth and throat, or make you ill if ingested.

How white can you expect your teeth to look?

Teeth can be whitened up to an average of eight shades. The final result depends on the extent of staining. We can help you to determine your smile's best whitening goal. Call for your consultation!

Helping You To Relax

Sedation dentistry

We are pleased to announce that our office is certified to make oral sedation available to our patients. Anxious or even phobic patients often discover that sedation dentistry can offer the perfect relaxing solution for maintaining good dental health.

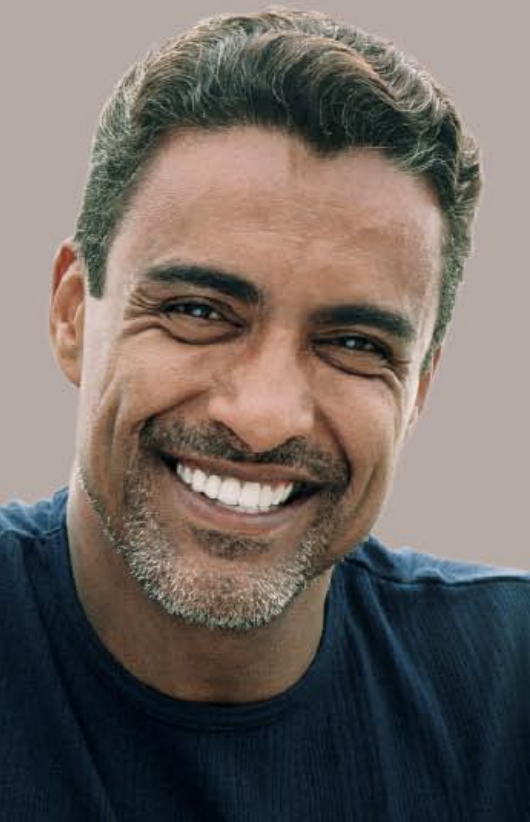
We use oral sedation (pills) for many of our patients who are needle-phobic. Since patients can often undergo treatment for longer at one sitting, multiple procedures can be completed in fewer visits.

How will you feel? Most patients feel that they have slept through the appointment. You will need someone to bring you to our office on the day of your sedation appointment, and you *must* have someone take you home afterwards.

Please call. All that's between you and excellent dental care is a couple of tablets of medication!

For A Brighter, Healthier Smile Call Today!

(661) 942-7710



Interception!

Say NO to sports drinks!

There has been some controversy about the erosive effect of carbohydrate-electrolyte drinks (*sports drinks*) on teeth enamel. Detractors of the research linking sports drinks to enamel erosion argue that lab conditions do not reflect real life. It is our position that there is enough evidence to advocate avoiding, or at least limiting, your consumption of these drinks.

Sports drinks were designed to increase athletic endurance by maintaining blood glucose levels and increasing carbohydrate oxidation. It's easy to forget that the phosphoric acids in a sports drink – as with all soft drinks – can result in erosion of the enamel on tooth surfaces. This creates tooth sensitivity, grooves, or notches in the sides of the teeth, worn down teeth, and yellowing. Since dental erosion is painless, we dentists are often the first to notice that damage has been done.

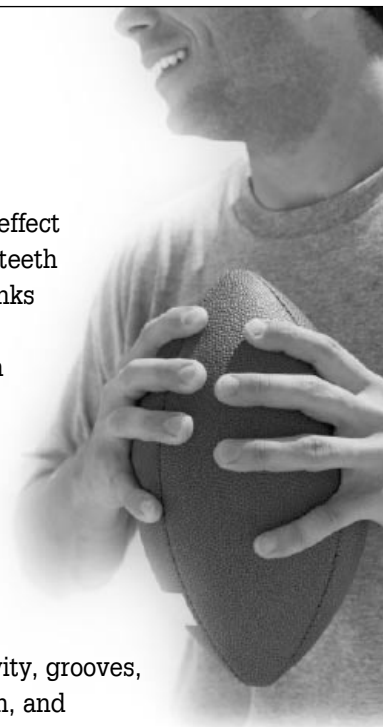
No doubt research will continue. Whether or not it proves a direct causal link between sports drinks and dental erosion, some facts remain true...

- Prolonged exercise means decreased saliva flow and with it loss of your natural buffer against acid.
- Increased athletic endurance and increased exposure to sports drinks without a buffer means a longer contact time between the drink and your teeth.
- Protracted exposure to acid over time *will* erode your teeth.

Save your tooth enamel. Please avoid or limit your consumption of sports drinks.

Yours in good dental health,

Dr. Douglas Weber



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