



## Patient Instructions

1. Floss teeth and then brush gently.
2. Place a thin line of whitening gel into your custom-designed whitening trays. Try to avoid dispensing an excessive amount into the mouthguard. (If you are sensitive to peroxide, before inserting the trays, apply a thin amount of petroleum jelly to the gums adjacent to the teeth that will be whitened.)
3. Insert the whitening trays and allow any excess material to extrude. Wipe away excess.
4. For 32% formulation, the recommended bleaching regimen is 1 treatment per day for 3 minutes for 14 days, or until desired results are achieved. For 22% and 16% formulations, the recommended bleaching regimen is 1–2 treatments per day for 1–2 hours for 14 days, or until desired results are achieved.
5. Clean mouthguard thoroughly after each use and then brush your teeth again.

6. Rinse with an alcohol-free mouthwash.
7. When you are ready for refills, contact your dental professional for additional LUMIBRITE Take-Home whitening gel.

Warnings: Keep out of the reach of children. Not for injection. If irritation (such as redness, swelling, soreness) of the gums or the mouth occurs, discontinue use and consult a dentist. Products containing peroxides are not recommended for use by children under 12 years of age. Use for periods of longer than 14 days is to be only under the supervision of a dentist. Avoid swallowing the cosmetic or part thereof and avoid contact of the product with the eye.

Avoid direct contact of the active surface of the tooth whitening product with the gums and/or salivary flow.

Storage: Store at or below 23°C (75°F)