



Pellevé Pre-Treatment and Post-Treatment Instructions

Erythema and edema (redness and swelling) are common immediate reactions from the Pellevé treatment. This typically resolves within a few hours, but may last longer. A gentle warming sensation of the skin may be felt after treatment.

Cleanse the skin with a mild cleanser such as Cetaphil twice daily. Do not scrub heavily. Apply a light moisturizer after cleansing.

There is a possibility of rare side effects which may include blistering. If this occurs, do not rub, scratch or pick at blisters. Apply antibiotic ointment to any blisters and contact our office immediately.

A broad spectrum (UVA/UVB) sunscreen of **SPF 30** or greater should be generously and frequently applied to the treated areas at all times. Avoid prolonged sun exposure for a minimum of three weeks following treatment.

To maximize the skin-tightening effect of Pellevé treatments, oral supplementation with 500mg of vitamin C (in the form of ascorbic acid) once or twice daily is recommended. This should continue for up to 6 months after treatment.

Please contact Bella Cosmedica at (614) 322-7917 with questions or concerns regarding your treatment.