



Vein Treatment Pre-treatment & Post-treatment Instructions

Precautions Before and After Laser Treatment

Avoid sun exposure for 1-2 weeks prior, during, and one week after treatment. A broad-spectrum (UVA/UVB) sunscreen of SPF 30 or higher should be applied whenever exposed to the sun.

Expectations Following Treatment

Immediately following treatment, the area may show a slight erythema with some swelling. Bruising or darkening of the treated veins may occur. Blistering may *rarely* occur.

General Skin Care

During the healing phase, the area must be treated delicately. Do not rub, scratch, or pick. If a crust develops, let it fall off on its own. Apply a thin layer of antibiotic ointment to the treated area several times a day to keep area moist. Do not scrub the area, pat the area dry. Do not shave over the area if swelling, crusting or scabbing is present. If swelling occurs, apply ice. Wrap the ice in a soft cloth. Discomfort or stinging may be relieved with Tylenol.

Avoid hot baths/whirlpools for 7 days following treatment.

Avoid strenuous exercise for 1 week after treatment. Walking is encouraged.

In case of signs of infection (pus, tenderness, fever), contact the office immediately.

Post-treatment instructions must be followed to prevent any complications.

Please contact our office at (614) 322-7917 with questions or concerns regarding your treatment.