

Consent for Conscious Sedation

Conscious sedation is defined by our office as a controlled, drug induced, minimally depressed level of consciousness that allows the patient to breathe independently and continuously respond to physical stimulation and/or verbal commands. Our office offers two options for conscious sedation:

Option 1: Nitrous oxide/oxygen inhalation administered during the procedure only.

Option 2: The patient is given a pill or combination of pills to take prior to their dental appointment and will also have nitrous oxide/oxygen inhalation administered during the procedure.

What is nitrous oxide?

NO2 is administered simultaneously with oxygen through a nasal mask for the patient to breathe. It allows patients to feel relaxed during treatment and have less pain or gag reflex. It is flushed from the patients system by administering pure oxygen for a few minutes at the end of the procedure.

What type of pill?

Typically an anxiolysis “anti-anxiety”. This medication given prior to their treatment may help patients be more relaxed leading up to, during and after their appointment.

Possible side effects or complications associated with nitrous oxide/oxygen inhalation and/or anxiolysis medications include but are not limited to:

- Nausea, vomiting, dizziness, sleepiness, resonance in voice or hyper-nasal sounds
- Tingling/floating/numbing sensations in extremities
- Allergic reactions, fluctuations in breathing/heart rhythm/blood pressure
- I understand that other side effects and complications can occur and I may review these on the consent for dental treatment which I have previously read and signed.

Financial arrangement and special considerations:

- I understand that it is my responsibility to pay in full for the sedation fee and my portion of the treatment to be performed prior to being scheduled. I understand that if I need to change my appointment that I must give 48 hours notice. Failure to do so will result in the fee for the sedation visit or 30% of the scheduled treatment cost, whichever amount is greater, will be forfeited and charged as a cancellation fee. No financial transactions will be accepted on the day of the sedation appointment.
- I understand that medications and drugs are harmful to new or unborn children and that I must inform Dr. Chaumont if I am nursing or have a possible, suspected or confirmed pregnancy.
- I understand that I am to inform Dr. Chaumont if I have any lung problems, respiratory or ear infections, breathing difficulties, asthma, common cold, cough, glaucoma or Sickle Cell Anemia. Patients with contact lenses should not wear them during appt. Dr Chaumont may refuse to perform treatment under conscious sedation if I or my child has any of the above mentioned.
- I understand that I am not to consume any recreational drugs (sedatives or stimulants), drink alcohol or smoke 24 hours before or after my appointment.
- I have updated my medical history and informed Dr. Chaumont of any changes and all current medications especially of any mood altering drugs.
- I acknowledge the receipt of and understand both pre and postoperative instructions to follow. I understand that I am to have a responsible adult or guardian drive me to the appointment, stay in the office during the appointment and then drive me home from the appointment.
- A breach in any of the stipulations associated with my conscious sedation appointment will result in cancelling or rescheduling my appointment with the sedation fee being forfeited.

Consent:

I understand that as with any dental-biological procedure results are not guaranteed and that even with precautions, certain complications can occur which could result in being hospitalized or death. I agree to hold Dr. Chaumont and his staff harmless in the event that any of the above complications occur. I understand all the above and have been given the opportunity to ask questions about my treatment and any alternatives. I give my consent to allow Dr. Chaumont to perform my or my child’s dental treatment under conscious sedation. I give my consent to allow Dr. Chaumont to make any necessary changes in treatment if in the best interest of the patient should any unforeseen circumstances occur, perform any emergency procedures and administer any emergency drugs or reversal agents if need be. This consent will remain valid until revoked in writing by myself or the appropriate guardian.

Patient/Guardian’s signature

Date

Print name

Lake Charles Family Dental Care

Family, Cosmetic & Sedation Dentistry

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Pre and Post-operative Instructions for Conscious Sedation Patients

Preoperative:

- It is imperative not to smoke, consume alcohol, recreational drugs or any other mood altering drugs (anti-anxiety/psychotics), 24 hours before your conscious sedation appointment unless prescribed by your physician or Dr. Chaumont.
- Patients are not to have anything to eat or drink 6 hours prior to appointment unless they are diabetic, then they may have a light snack and no more than 8 ounces of clear liquids.
- If taking anxiolysis medications, only take the directed amount at the appropriate times unless otherwise directed by Dr. Chaumont. Patients taking anxiolysis medications will need to be accompanied and monitored by a responsible adult or guardian beginning with their first dose.
- A responsible adult or guardian should be someone above the age of 18 and be able to make important decisions regarding the patient's health care in the event that any complications occur.
- All patients should have their responsible adult/guardian read these pre and postoperative instructions.
- Patients should wear comfortable loose clothes and are encouraged to bring a blanket. Patients should leave valuables (watches, rings, etc..) at home and should give glasses and purses/wallets to their responsible adult who accompanied them to their appointment.
- All patients or to have their responsible adult/guardian drive them to the appointment, escort them into the office and stay in the waiting room during the procedure. The accompanying adult/guardian may need to escort the patient into the operatory if the assistant cannot do so themselves. No persons are allowed to stay in the operatory during the procedure unless otherwise arranged with Dr. Chaumont.

Postoperative:

- Following the procedure the patient will remain in the dental chair until the responsible adult/guardian is brought back to the operatory to review specific instructions for the patient to follow.
- The responsible adult/guardian and the dental assistant will escort the patient to their vehicle. The responsible adult/guardian must drive them home and the patient should not drive or operate any equipment/machinery for 24 hours.
- The patient needs to drink plenty of fluids. The patient can eat when the numbness wears off unless otherwise directed by Dr. Chaumont.
- It is important to understand that the patient may be in an impaired condition and should be monitored by a responsible adult/guardian for the next 24 hours until the medication dissipates.
- It is common for medications given to produce amnesia that may reduce, blur or eliminate the memory of the patients visit to our office.
- It is imperative not to smoke, consume alcohol, recreational drugs or any other mood altering drugs (anti-anxiety/psychotics) for 24 hours after your conscious sedation appointment unless prescribed by your primary physician.
- Take any prescriptions only as directed and be cautious not to combine medications that can cause respiratory depression. Pain medication that has a narcotic in it should not be taken for 24 hours since this will dramatically increase respiratory depression and can be fatal.
- The patient should not make any important financial or business decisions for the next 24 hours.

Patient signature

Date

Responsible Adult signature