



Something To Smile About

Creative Smiles Dentistry

Drs. Lori Thornhill & Jacqueline Rodgers

Produced for the patients of Dr. Thornhill & Dr. Rodgers

Winter 2011/2012

from the DENTISTS

Season's Greetings

This is the season when it seems completely natural to contemplate the year gone by, the one to come, and to count our blessings. Our team has been doing just that, and we are absolutely in accord about one thing: how very special and important you are to us.

We hope that this is something we've been able to make clear to you over the year. You are all so kind and often express your sincere gratitude to us when you visit. We sometimes wonder if you realize how mutual that feeling is.

With so many wonderful patients, providing care transcends professional obligation and becomes an enjoyable privilege. Coming to work is a genuine pleasure every day, all year. Thank you.

Happy holidays to you all!

*Dr. Lori Thornhill,
Dr. Jacqueline Rodgers & Team*



warm holiday wishes

from all of us at the Creative Smiles office

Thank you for all your referrals. We appreciate them!

Tick Tock

Forget the clock!

Even things that are supposed to simplify life, like computers, can become a source of anxiety. One survey team coined the phrase *Hourglass Syndrome* to describe the frustration participants reported while watching the little hourglass icon spin. You know - as you wait ...and wait ... and wait for the connection.

When you experience frustration you could be grinding your teeth and clamping your jaws without realizing it. That can wear down your teeth, place stress on your gums, create aching jaws, and even headaches that seem unrelated.

No matter what it is that gets you going, try to get in touch with your unique signs and symptoms. That way you'll know better when it's time to de-stress, and you'll feel better in no time!



Look Younger Without Surgery!

Ask us about your dental facelift options



One of the things we are seeing more often is patients choosing dentistry as a non-surgical alternative to a face-lift. It's a great option and it's one that can produce excellent results whether you're a mature adult who requires more volume to soften wrinkles, or a younger person whose appearance is prematurely aged because teeth have worn down from grinding and clenching, or from bone loss due to gum disease, for example. The secret is to select the right cosmetic techniques to reshape and re-proportion the face, rather than just focusing on the mouth.

Veneers made from bonding materials and ceramics can be applied to the teeth to do more than mask enamel stains, cracks, and fill small gaps. They can also create greater facial volume and add length which can open up your bite, making you look instantly younger.

Crowns made from natural-looking materials to match your own tooth enamel can protect and strengthen teeth and fill in gaps from tooth loss. Combining them with permanent dental implants and crown-and-bridge restorations can create a more youthful esthetic and proportion to your face.

Cosmetic Dentistry:

The non-surgical alternative to a facelift!

The results of a smile makeover can help you look significantly younger ...without undergoing plastic surgery. If you think you might be interested, we'd be happy to talk to you about your smile and show you options we think will work for you.

Smiles That Go Miles

Home and pro care

A healthy beautiful smile is one of your best assets. It tells people you are conscientious, approachable, and responsible. And frankly, it ramps up your “attractive quotient.” Isn’t it a relief that keeping your smile clean and healthy takes so little daily effort and just a small portion of your personal home care budget? You know the at-home routine: brush at least twice a day, floss every day, eat sensibly, don’t smoke, exercise, and get sufficient sleep. Easy.

By having your teeth professionally cleaned by us at least every six months, you give us the opportunity to keep abreast of your oral health – preventing, detecting, and remedying a number of unwelcomed and harmful conditions such as gum disease, halitosis, cavities, cancer, and even perhaps identifying systemic disease that may be reflected orally. Plus fresh professionally polished teeth. Beautiful.

VIVACIOUS VENEERS

Once we’ve decided together that cosmetic veneers are the best option for you, the fun begins! In addition to your great new look, we’ll take into consideration your face shape and the proportions and symmetry of your face and smile.

We’ll look at these elements...

- overall dimensions of your face
- midline position of your teeth relative to the midline of your lips and face
- position and fullness of your lips
- tilt, angle, and curves of your teeth
- color of your teeth enamel
- contours of your gumline.

Based on these dimensions, your occlusion (bite), and your preferred smile color, contours, and proportions, we can move on to decide what size, shape, and type of veneers will best complement your smile.

A new smile in just a little while

Veneers can immediately provide you with whiter, even, straighter appearing teeth by...

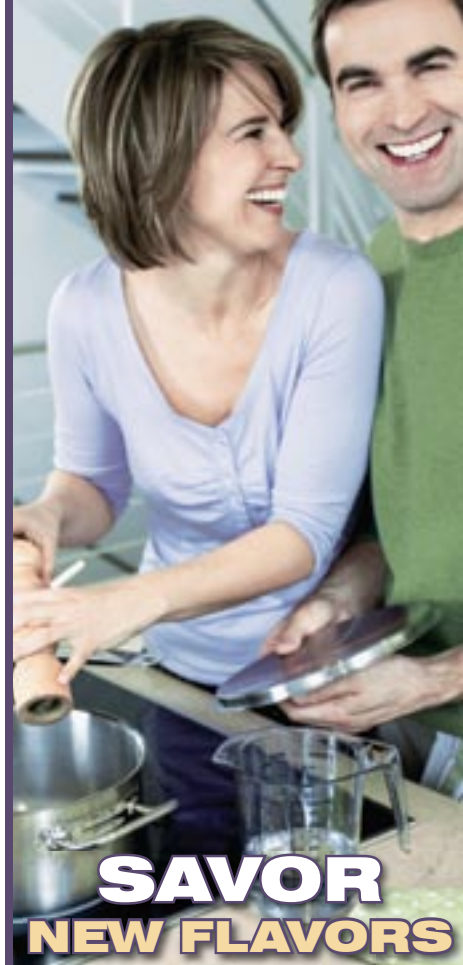
Camouflaging

- pitted, worn, and dingy or yellow teeth due to enamel erosion, foods, beverages, age, or medications

- gaps that trap food and make you feel self-conscious about smiling
- overlaps and crowding that create an accordion appearance, especially in profile
- unsightly chips or cracks that catch on dental floss and attract stains like magnets.

Reproportioning

- an uneven or too-gummy gumline
- teeth that appear too long due to receding gums
- poorly shaped or sized teeth that don’t suit the proportions of your smile
- worn down teeth from clenching and grinding or enamel erosion.



SAVOR NEW FLAVORS

Train your taste buds

Ever since you were a kid, you’ve known that sugar is bad for your teeth. Even so, who can resist a sweet now and then? But people with high blood pressure, diabetes, cardiovascular diseases, and other health challenges sometimes have to adjust their diets and retrain their taste buds to appreciate flavors they might otherwise avoid.

The transition need not be painful...

- Experimenting with aroma, texture, shape, and color can all improve anyone’s dining experience.
- Scientists say humans can detect six distinct tastes: sweet, sour, salty, fat, bitter, and umami, which means “savory” in Japanese. You can mix ‘n’ match foods and seasonings that are more healthful and yet appeal to your palate.
- Nutritionists say your taste buds will adjust in only 3-5 servings!

Your health, your teeth, and all of us salute your good taste!

Invisalign Open House

Special ONE Day Offer!
Thursday, January 26th, 2012
From 4:00pm to 7:00pm

- \$600 OFF complete set of Invisalign braces •
- Financing available – 0% interest •
- Monthly payments as low as \$89/month •

To be eligible to be invisible, you must have had an oral exam done within the past year and all major cavities filled. No exam completed, no worries, we can take care of you at our office.

Hurry – seating is limited to the first 25 patients!

Call for details and to setup your exclusive appointment.

Call for details and to setup your exclusive appointment.



Welcome Dr. Nazmus Zahangir

In July 2011, Dr. Nazmus Zahangir joined our practice. Many of you have had the opportunity to meet him personally. We would like to take this opportunity to officially welcome him to our *Creative Smiles family*.



We are fortunate indeed to welcome such a dedicated and committed professional to the practice. Thankfully, we can now offer additional evening and Friday hours.

Dr. Zahangir graduated from the School of Dental Medicine at Stony Brook University in 2009. He then completed one year of general practice residency and a second year as chief resident at Stony Brook University Hospital focusing on *implantology* and *full mouth reconstruction esthetics*.

Dr. Zahangir is a member of the American Dental Association and Academy of General Dentistry. He takes extensive continuing education and provides all phases of dentistry with the utmost care.

Please join us in welcoming Dr. Zahangir to our Creative Smiles family.

Office News

Be our Friend! We are on Facebook

There is always something interesting happening at our practice and when the months pass between your appointments, catching up can be difficult. But thanks to Facebook® staying in touch is so much easier.

Through Facebook, we can provide you with additional information on all of our services, such as implants, cosmetics, crowns, whitening, veneers, Botox™ & fillers, Invisalign® and care for your children.

Friend us at www.facebook.com/creativesmilesdentistry.



office information

Creative Smiles Dentistry

Dr. Lori Thornhill
Dr. Jacqueline Rodgers
755 Park Avenue, Suite 400
Huntington, NY 11743-3972

Office Hours

Monday	10:00 am	–	8:00 pm
Tuesday	1:00 pm	–	8:00 pm
Wednesday	8:00 am	–	8:00 pm
Thursday	8:00 am	–	5:00 pm
Friday	10:00 am	–	6:00 pm
Saturday	8:00 am	–	3:00 pm *

* Open every other Saturday

Contact Information

Office (631) 271-8100
Fax (631) 271-8101
Email creativesmiles@optonline.net
www.creativesmilesfhuntington.com

