



IN-OFFICE CAD/CAM


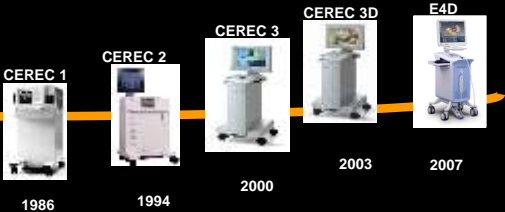
DINO S. JAVAHERI DDS

- Thank you to Kuraray and Sullivan-Schein for sponsoring my lecture
- Handouts at [www.drjavaheri.com](http://www.drjavaheri.com)
  - Go to handout tab and download CAD/CAM



### The Evolution of chairside CAD/CAM

- 1986: Sirona introduces CEREC 1, the world's first digital impression system and all-ceramic, single-visit chairside CAD/CAM restoration system.
- CEREC 1 was able to produce inlays and veneers.

1986 CEREC 1

1994 CEREC 2

2000 CEREC 3

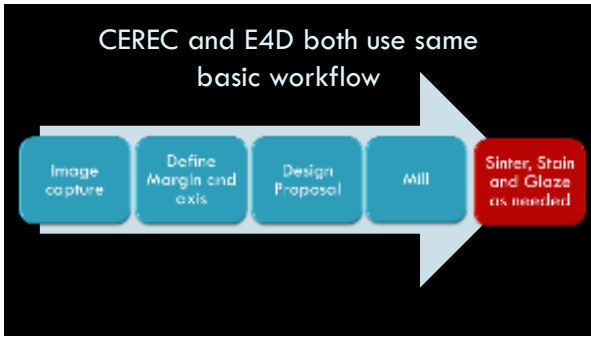
2003 CEREC 3D

2007 E4D

### Why now is the time for in-office CAD/CAM?



1. Technology has advanced significantly
  1. And is rapidly improving



### CEREC Bluecam Technology Overview

- One of the biggest advances for CEREC.
- Improved depth of field and precision.
- Uses a highly visible blue light LED (light-emitting diode) to capture the image.
- Still requires powder but less than before.
- Top down images only.
- Bulky

The left image shows a close-up of a dental restoration being scanned with a blue light. The right image shows a hand holding the CEREC Bluecam device.

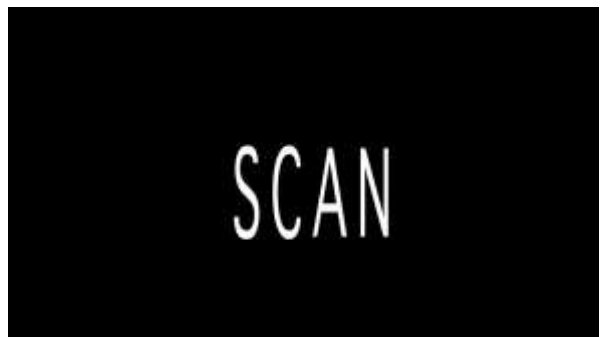


### E4D IntraOral Digitizer

- Laser and image-based scanning
- No powder\*
- HD scanner
- High-speed data capture
- Can scan teeth, model, or impression
- Requires 9 minimum images
- Bulky

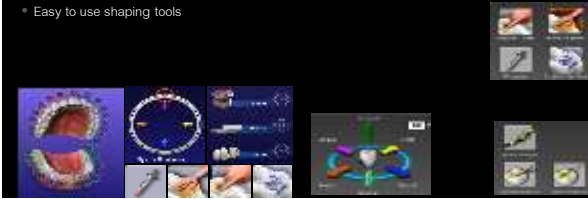
\*Requires contrast agent for gold or very white restorations

The left image shows the device's handle, and the right image shows the scanning tip.



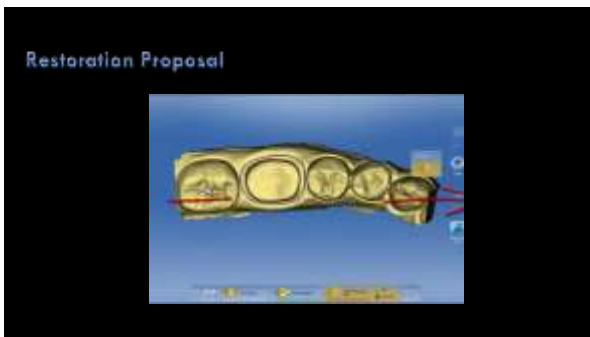
### E4D Restoration Design 2.0

- At a dental assistant level
- Anatomical library or clone option
- Occlusion and contact controls
- Easy to use shaping tools
- Many options to achieve the same thing
- Customized design
- Intuitive icons



### CEREC 4.0 software

- Biogenic design
- Simplified and more user friendly
- Incorporated many features of E4D software



### CEREC Milling

- MC – L
  - ▣ Original mill
- MC XL
  - ▣ Faster, more precise, lower noise
  - ▣ 5 minute mill time



### E4D Milling Center


- ❖ Low vibration
- ❖ Standard and detail mode
- ❖ Built with the future in mind
- ❖ Slower mill time than MC XL
  - ❖ 10 minute for Empress
  - ❖ 20 minute for E-max
- ❖ Stronger restoration than MC XL\*
  - ❖ Empress 6% stronger
  - ❖ E-max 9% stronger





\* CRA Oct 2009



### E4D vs. CEREC



- ❑ Both can give same end result.
- ❑ Depends which features are more important to you
- ❑ Technology is rapidly advancing





### Why now is the time for in-office CAD/CAM?

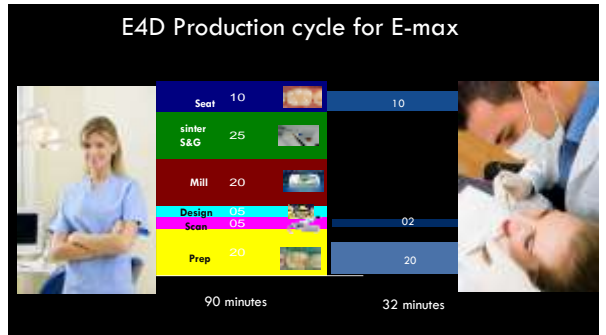
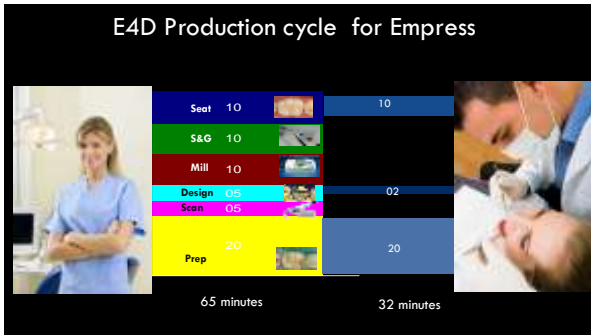


1. Technology has advanced significantly
2. 1 appointment restoration

### Healthier dentistry

- ❑ Immediate sealing
- ❑ No temporary for two weeks
  - ❑ Leakage
  - ❑ Flexing





### Why now is the time for in-office CAD/CAM?

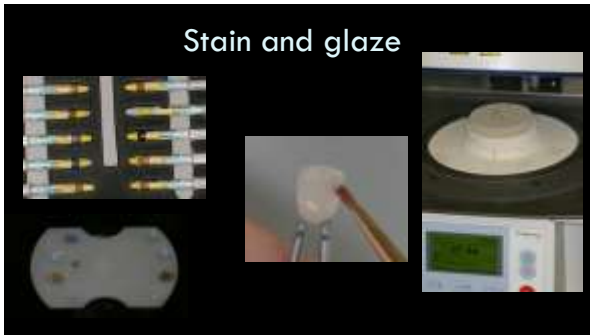
1. Technology has advanced significantly
2. 1 appointment restorations
3. Improved materials

### Empress Multi Block (Ivoclar)

- Improved esthetics

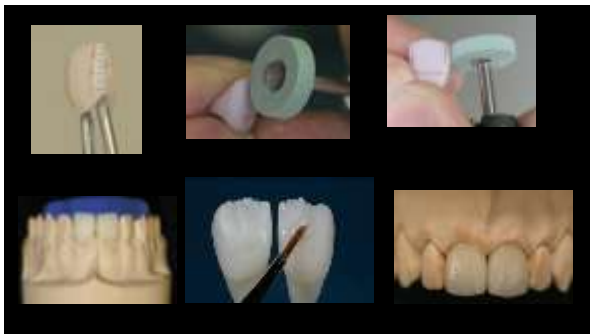
Translucency

Least most



### Glaze

- Glaze is 25-100 microns of melted porcelain
- Without it
  - Surface roughness
  - Plaque accumulation
  - Tissue inflammation



### IPS e.max CAD (Ivoclar)

- Strong - Lithium disilicate
- Good shading-
  - high and low translucency versions
  - Impulse version has 3 value and 2 opal Shades
- Indications
  - Veneers and crowns
  - implant crown



### Why now is the time for in-office CAD/CAM?

1. Technology has advanced significantly
2. 1 appointment restorations
3. Improved materials
4. This is what labs are using

### Why now is the time for in-office CAD/CAM?



1. Technology has advanced significantly
2. 1 appointment restorations
3. Improved materials
4. This is what labs are using
5. "Keeping up with the Jones"

### Ideal Crown Preparation



### Ideal Anterior Preparation



### #19 and 20 full crowns

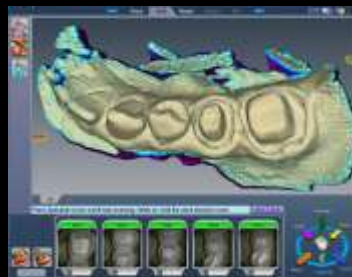


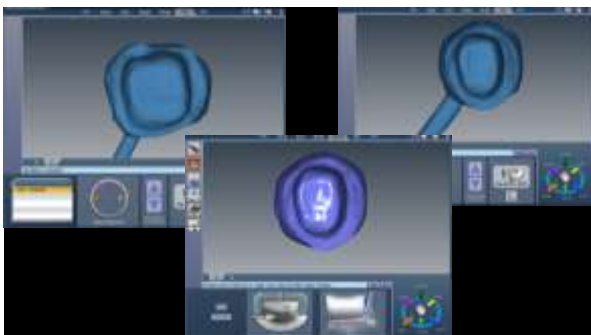
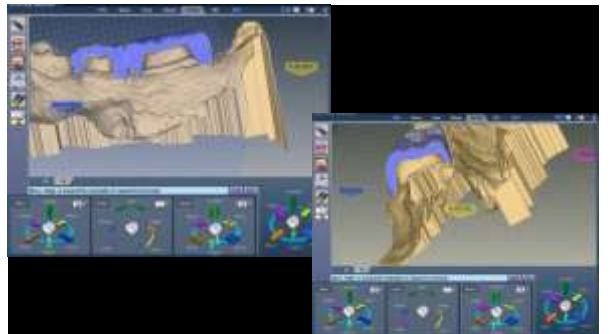
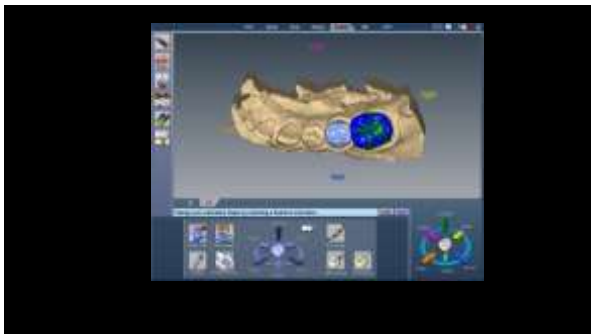
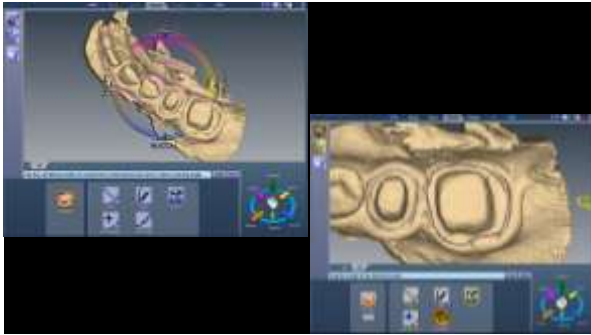
- #19 has a temporary crown
- She is getting food impaction between 19 & 20.

### Preparation



- Occlusal reduction 1.5-2mm
- 1-1.5mm reduction all around
- Margins should be deep chamfer or shoulder
- >6° taper of axial walls
- Rounded angles on incisal, occlusal and shoulders

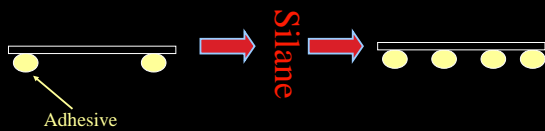






### Silane on restoration

- Increases "wettability"
- Increases bond strength



### CLEARFIL CERAMIC PRIMER (Kuraray)

- Fast and easy to use
- No bonding agent needed
- 2 year shelf-life



### Self Adhesive Resin Cements

#### Advantages

- High strength
- Adhesion
- Easy to use
- Light or dual cure
- No solubility
- Can cement everything

#### Disadvantages

- Color change – do not use with translucent porcelain.
- Adhesion weaker than some other resin cements
- High cost

### Clearfil SA cement (Kuraray)

- Self adhesive resin that is dual cure
- No post of sensitivity from cementation
- Strong bond
- Easy to clean excess
- Fluoride release



### Pt presented with fractured crown

Was hit in the mouth with a ring (by accident) while dancing.



Added composite to fractured area to facilitate in design using clone option



### Scan of pre-op clone



### Crown prep



### Scan of prep



### Initial design from clone



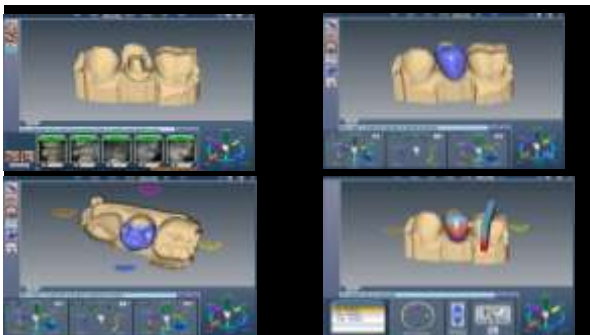
Final design



Try in after mill



After stain, glaze and final cementation





15 year old girl just out of orthodontics is missing #10. The goal is to get her an implant in about 3 years. We need an esthetic long term temporary...

Scan her in



Outline "margins"



Design Framework for bonded bridge



Make framework out of composite block so it can flex with adjacent teeth.



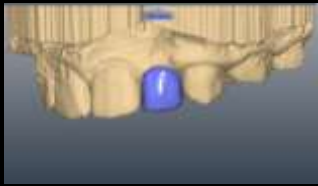
Framework Cemented and reshaped a little like a veneer prep



Scan it in and its like making a veneer from here on



Design



I made it a little larger. So I could do the final contours by hand.



Final shape



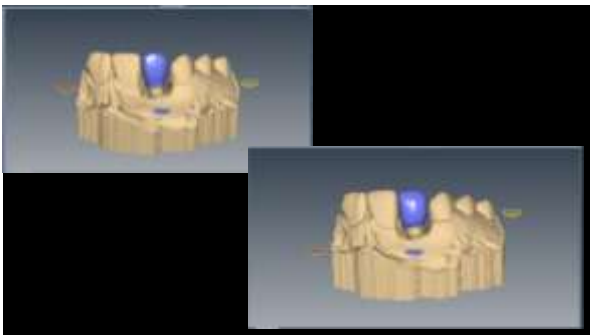
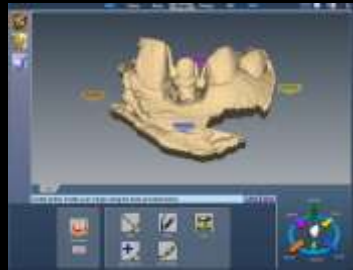
Final restoration with some white spots added in and glaze



Internal view



Implant #7



Zirconium abutment + Empress = success



6 months ago, patient missing tooth #4 wants an implant.



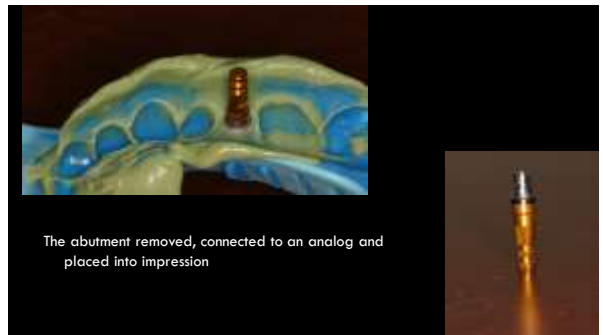
Pre-op photo prior to restorative phase.



Abutment selected for collar to be about 1 mm below tissue level. The abutment is fully seated and finger tightened.



Transfer coping is placed and impression taken



The abutment removed, connected to an analog and placed into impression



To create a soft tissue model effect some extra impression material is added around the abutment and analog. This will assist in scanning, esthetics and emergence profile.



Poured up model with impression material replacing soft tissue



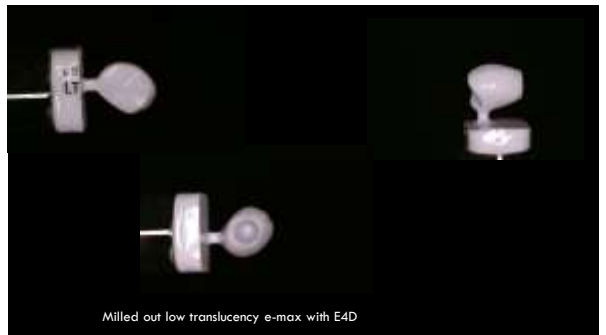
Peeled out surrounding impression material to give clear access to abutment for scanning



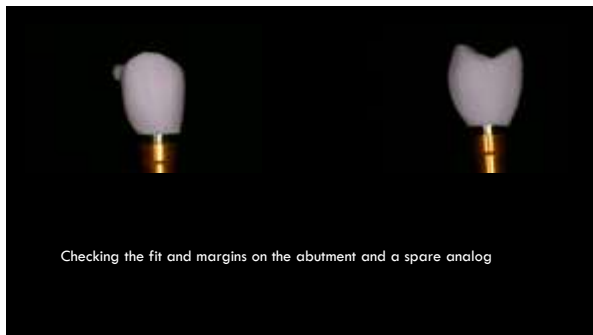
Plugged up the hole with some silly putty (courtesy of my 5 year old). Easy to scan, easy to remove. Then scanned into E4D

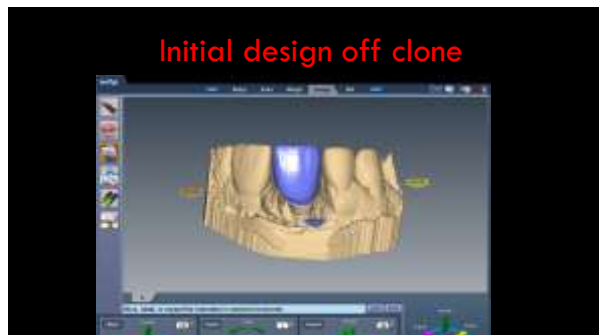
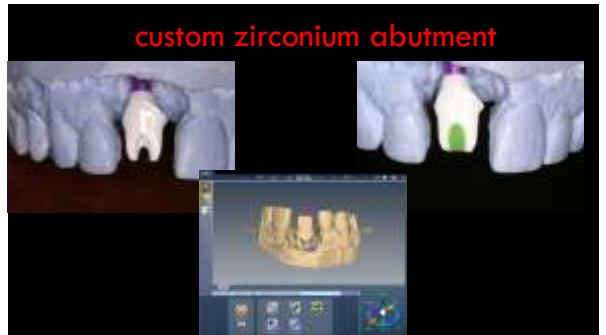
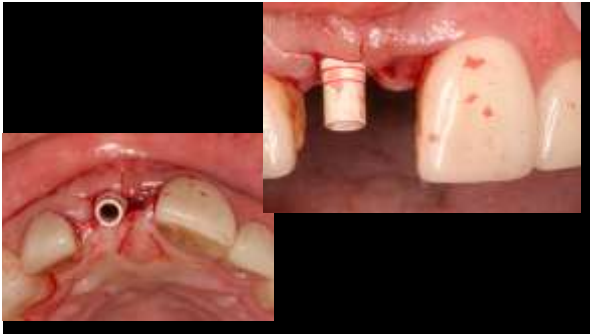


Final Design

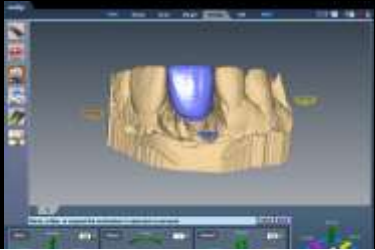


Milled out low translucency e-max with E4D

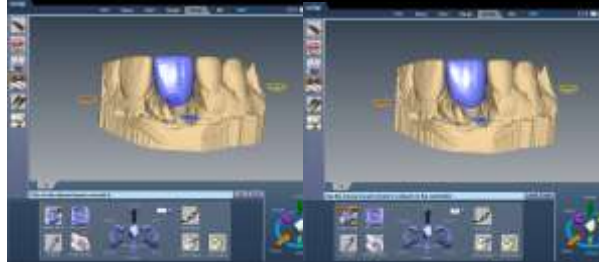




Shortened incisal, extended distal rubber finger mesial cervical

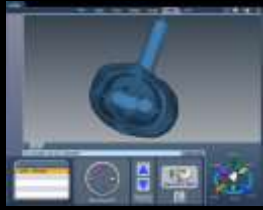


Smooth surface tool

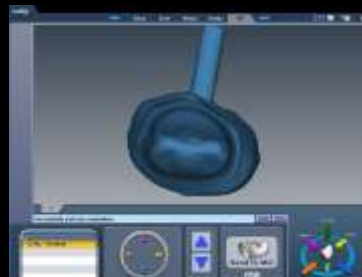


Sim on standard mode - **Overmill**

- Overmill reduces thickness of crown may lead to fractures if crown gets thin in that area



Sim on detail mode or increased spacer



**Shade A1**

with blue toward incisal and A2 in cervical/interproximal

