Thank you to Kuraray and Sullivan-Schein for sponsoring my lecture.

Handouts at www.drjavaheri.com

Go to handout tab and download CAD/CAM

The Evolution of chairside CAD/CAM

- 1986: Sirona introduces CEREC 1, the world's first digital impression system and all-ceramic, single-visit chairside CAD/CAM restoration system.
- CEREC 1 was able to produce inlays and veneers.

Why now is the time for in-office CAD/CAM?

1. Technology has advanced significantly
2. And is rapidly improving
CEREC and E4D both use same basic workflow

### CEREC Bluecam Technology Overview
- One of the biggest advances for CEREC.
- Improved depth of field and precision.
- Uses a highly visible blue light LED (light-emitting diode) to capture the image.
- Still requires powder but less than before.
- Top down images only.
- Bulky

### E4D IntraOral Digitizer
- Laser and image-based scanning
- No powder*
- HD scanner
- High-speed data capture
- Can scan teeth, model, or impression
- Requires 9 minimum images
- Bulky

*Requires contrast agent for gold or very white restorations
**E4D Restoration Design 2.0**

- At a dental assistant level
- Anatomical library or clone option
- Occlusion and contact controls
- Easy to use shaping tools
- Many options to achieve the same thing
- Customized design
- Intuitive icons

**CEREC 4.0 software**

*Biogenic design*

Simplified and more user friendly

Incorporated many features of E4D software

**CEREC Milling**

- MC – L
  - Original mill
- MC XL
  - Faster, more precise, lower noise
  - 5 minute mill time
**E4D Milling Center**

- Low vibration
- Standard and detail mode
- Built with the future in mind
- Slower mill time than MC XL
  - 10 minute for Empress
  - 20 minute for E-max
- Stronger restoration than MC XL*
  - Empress 6% stronger
  - E-max 9% stronger

* CRA Oct 2009

---

**E4D Mill**

---

**E4D vs. CEREC**

- Both can give same end result.
- Depends which features are more important to you
- Technology is rapidly advancing

---

**Why now is the time for in-office CAD/CAM?**

1. Technology has advanced significantly
2. 1 appointment restoration

---

**Healthier dentistry**

- Immediate sealing
- No temporary for two weeks
  - Leakage
  - Flexing
Why now is the time for in-office CAD/CAM?

1. Technology has advanced significantly
2. 1 appointment restorations
3. Improved materials

Empress Multi Block (Ivoclar)

- Improved esthetics

Translucency

Least  most
Glaze

- Glaze is 25-100 microns of melted porcelain
- Without it:
  - Surface roughness
  - Plaque accumulation
  - Tissue inflammation

IPS e.max CAD (Ivoclar)

- Strong - Lithium disilicate
- Good shading:
  - High and low translucency versions
  - Impulse version has 3 value and 2 opal shades
- Indications:
  - Veneers and crowns
  - Implant crown

Why now is the time for in-office CAD/CAM?

1. Technology has advanced significantly
2. 1 appointment restorations
3. Improved materials
4. This is what labs are using
Why now is the time for in-office CAD/CAM?

1. Technology has advanced significantly
2. 1 appointment restorations
3. Improved materials
4. This is what labs are using
5. “Keeping up with the Jones”

#19 and 20 full crowns

- #19 has a temporary crown
- She is getting food impaction between 19 & 20.

Preparation

- Occlusal reduction 1.5-2mm
- 1-1.5mm reduction all around
- Margins should be deep chamfer or shoulder
- >6° taper of axial walls
- Rounded angles on incisal, occlusal and shoulders
Silane on restoration

- Increases “wettability”
- Increases bond strength

CLEARFIL CERAMIC PRIMER (Kuraray)

- Fast and easy to use
- No bonding agent needed
- 2 year shelf-life

Self Adhesive Resin Cements

<table>
<thead>
<tr>
<th>Advantages</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td>High strength</td>
<td>Color change – do not use with translucent porcelain.</td>
</tr>
<tr>
<td>Adhesion</td>
<td>Adhesion weaker than other resin cements</td>
</tr>
<tr>
<td>Easy to use</td>
<td>High cost</td>
</tr>
<tr>
<td>Light or dual cure</td>
<td></td>
</tr>
<tr>
<td>No solubility</td>
<td></td>
</tr>
<tr>
<td>Can cement everything</td>
<td></td>
</tr>
</tbody>
</table>

Clearfil SA cement (Kuraray)

- Self adhesive resin that is dual cure
- No post of sensitivity from cementation
- Strong bond
- Easy to clean excess
- Fluoride release
Pt presented with fractured crown

Was hit in the mouth with a ring (by accident) while dancing.

Added composite to fractured area to facilitate in design using clone option

Scan of pre-op clone

Crown prep

Scan of prep

Initial design from clone
Final design

Try in after mill

After stain, glaze and final cementation
15 year old girl just out of orthodontics is missing #10. The goal is to get her an implant in about 3 years. We need an esthetic long term temporary...

Scan her in

Outline “margins”

Design Framework for bonded bridge

Make framework out of composite block so it can flex with adjacent teeth.
Framework Cemented and reshaped a little like a veneer prep

Scan it in and its like making a veneer from here on

Design

I made it a little larger. So I could do the final contours by hand.

Final shape

Final restoration with some white spots added in and glaze
Zirconium abutment + Empress = success

6 months ago, patient missing tooth #4 wants an implant.

Pre-op photo prior to restorative phase.

Abutment selected for collar to be about 1 mm below tissue level. The abutment is fully seated and finger tightened.

Transfer coping is placed and impression taken

The abutment removed, connected to an analog and placed into impression
To create a soft tissue model effect some extra impression material is added around the abutment and analog. This will assist in scanning, aesthetics and emergence profile.

Poured up model with impression material replacing soft tissue

Pealed out surrounding impression material to give clear access to abutment for scanning

Plugged up the hole with some silly putty (courtesy of my 5 year old). Easy to scan, easy to remove. Then scanned into E4D

Final Design

Milled out low translucency e-max with E4D
Checking the fit and margins on the abutment and a spare analog

Checking the contacts on solid model

Glaze and bake!

Re-inserted impression material that will serve as soft tissue model to evaluate emergence profile and interproximal spaces.

Abutment torqued in. Implant is 4.7mm body, 4.3mm platform. You can see platform switching effect on x-ray.

Implant crown cemented in. Note shade is matching to newer crowns from 6-11, not to old adjacent crowns.
Clone model and outline

Initial design off clone

custom zirconium abutment
Shortened incisal, extended distal rubber finger mesial cervical

Smooth surface tool

Sim on standard mode - Overmill
- Overmill reduces thickness of crown may lead to fractures if crown gets thin in that area

Sim on detail mode or increased spacer

Shade A1
with blue toward incisal and A2 in cervical/interproximal