



PATIENT HISTORY

NAME _____ **DATE** _____

What is the main reason for today's visit? _____

When was your last comprehensive eye exam? _____

When was your last physical exam (including bloodwork)? _____

SPECTACLE LENS

Do you currently wear glasses?

- No
 Yes, since: _____
 Full Time
 Part Time
 Distance
 Close
 Computer

Glasses owned:

- Single Vision
 Bifocals
 Trifocals
 Progressive
 Back-up Glasses
 Safety Glasses
 Sports Glasses

Have you had trouble in the past with glasses? _____

Do you wear sunglasses? No Yes, are they your current prescription? No Yes

CONTACT LENS

Have you ever tried to wear contact lenses? No Yes, reason for stopping: _____

Do you currently wear contact lenses?

- No
 Are you interested in trying contact lenses at this time? No Yes

Yes, since: _____

Type/brand of contact lenses: _____

Hours/day: _____ Days/week: _____ Today's wearing time: _____

Please rate the following on a scale of 1 to 10: (1 = poor, 10 = excellent)

- Lens comfort Right ___ Left ___
 Distance Vision Right ___ Left ___
 Near Vision Right ___ Left ___

What contact lens solutions do you use? Cleaner: _____

Disinfectant: _____

Enzyme: _____

SOCIAL

Do you use nutritional supplements? No Yes

Do you engage in regular exercise? No Yes

Do you drink alcohol? No Yes, how much/often: _____

Do you smoke? No Yes, how much/often: _____



MEDICAL HISTORY

EYE HISTORY

- Glaucoma
- Cataract
- Macular Degeneration
- Retinal Detachment
- Color Blindness

- Headaches
- Glare/Light Sensitivity
- Tired Eyes
- Amblyopia (lazy eye)
- Burning
- Dryness
- Excess Tearing/Watering
- Eye Pain or Soreness
- Infection of Eye or Lid (stye)
- Itching
- Mucous Discharge
- Drooping Eyelid
- Redness
- Sandy or Gritty Feeling
- Strabismus (eye turn)

- Blurred Vision Distance
- Blurred Vision Near
- Distorted Vision (halos)
- Double Vision
- Floaters or Spots
- Fluctuating Vision
- Loss of Vision
- Loss of Side Vision

GENERAL HEALTH

- Fever
- Weight Loss
- Ears, Nose, Throat
- Cardiovascular (high blood pressure)
- Respiratory (asthma, emphysema)
- Gastrointestinal
- Kidney, Bladder
- Muscles, Bones, Joints (arthritis)
- Skin (acne, skin cancer, etc.)
- Neurological (multiple sclerosis)
- Psychiatric (depression, insomnia)
- Endocrine (diabetes, thyroid)
- Blood/Lymph (cholesterol, anemia)
- Allergic/Immunologic
- Infections (hepatitis, HIV, shingles, etc.)

FAMILY HISTORY

- Amblyopia (lazy eye)
- Blindness
- Cataract
- Color Blindness
- Glaucoma
- Macular Degeneration
- Retinal Detachment
- Strabismus (eye turn)

- Arthritis
- Cancer
- Diabetes
- Heart Disease
- High Blood Pressure
- Kidney Disease
- Lupus
- Stroke
- Thyroid Disease

Past Illnesses or Injuries: _____

Current Medications: _____

Past Surgeries: _____

Medicines that cause reactions/sensitivities: _____

Other Allergies: _____

Thank you for taking the time to help our office personalize your eyecare. Your answers will help guide our doctors and staff to your specific needs. We look forward to seeing you for your examination. Please feel free to let us know if you have any other concerns we have not addressed.