

# **Before IV or General Anesthesia Sedation**

- Do not have anything to eat or drink (including water) for six (6) hours prior to the appointment, unless instructed to do otherwise by our doctors.
- A responsible adult must accompany you to the office, remain in the office during the procedure, and drive you home.
- Do not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
- Wear loose fitting clothing with sleeves, which can be rolled up past the elbow.
- Do not wear contact lenses on the day of surgery.
- If you have an illness such as a cold, sore throat, stomach or bowel upset, notify the office.
- If you take routine oral medications, please check with your surgeon prior to your surgery date for instructions.