

## INSTRUCTIONS FOLLOWING ENDODONTIC (ROOT CANAL) THERAPY

Endodontic therapy has either been started or completed on your tooth. The following will give you some information as to what to expect following this treatment. The most important thing to remember is, if you have ~ questions or concerns, do not hesitate to call the office immediately at (303) 920-4196.

- Some discomfort following root canal therapy is expected.
- Ibuprofen or aspirin (if you are not allergic to them) will usually take care of this discomfort.(600mg every 6 hours)
- If you are allergic to either Ibuprofen or aspirin then Tylenol may be used. (500mg every 4 hours)
- If it's anticipated that you'll need a prescription strength medication, one will already have been given to you.
- Ice packs applied externally, may also help with normal post-operative discomfort~
- Normal discomfort lasts a few days and begins to resolve. Occasionally the discomfort does not set in until a few days following treatment, and then lasts a few days and begins to resolve.
- Many times no medication will be needed.
- Occasionally some swelling may occur. If visible swelling arises, or if you begin to run a fever, call the office immediately. An antibiotic may be needed.

The opening that is made in your tooth is sealed with a temporary filling material. This material may "wash out" slightly over the next few days. To your tongue it will feel like the temporary came out because it feels like there is a big "hole" in your tooth. It is very rare for the filling to come completely out, but as always, if there are ~ questions, do not hesitate to call the office immediately. If your root canal therapy is completed, you need to contact your general dentists office so that they may replace this with a "permanent" filling. Many times the tooth will also require a crown for its final restoration. Your dentist will be able to discuss this with you.