

Parkside Dental Health News

"Perfecting Your Smile Through Artistry, Experience, Passion and Precision"

News From the Office of...



Parkside Dental Associates

As a fresh new year looms ahead, and a good work/play balance should be on our 2013 agenda, with a promise that we'll take better care of ourselves from both a mental and a physical state.

Remember, an excellent preventive measure to avoiding serious dental problems is to maintain a regular schedule of continuing care visits which will detect any problems early, before they become big, expensive issues. In fact, if you haven't already booked your next checkup, why not take a minute to do so now?

All the best to you and your family for a happy and healthy 2013!

LOYAL PATIENTS KEEP THEIR WARRANTY !

As you know, we back our high quality work with a limited warranty. In order to keep it in force, you must do your job too! That means you must not miss any of your cleaning or periodontal maintenance appointments based on the interval we have tailored for your specific needs.

Otherwise, the warranty is void. Saves you money in the long run! If you have any questions, please ask Angela or Sue.

All the best,

*Dr. D. C. Bonadeo, Sue, Cindy, Chari,
Jaimie, Stacey & Nicole*

Thank you for your trust, loyalty
and kind referrals!



TURN BACK THE CLOCK THROUGH DENTISTRY!



Like anything else, teeth naturally wear down with age, while the tooth enamel thins. In addition, years of staining foods and drinks, in conjunction with tobacco habits, can darken your tooth enamel to contribute to an "older" appearance of your teeth – and your overall look. But what if you could turn back the clock and reverse some of the signs of aging on your smile? Here are some ways we can help!

Depending on how worn your teeth are, or if they include any tiny chips or are misshaped in any way, we may be able to correct minor imperfections by simply polishing the worn edges and sharp angles of your teeth to make them look more aligned and symmetrical.

Teeth that are stained or have small gaps, slight misalignments, or chips may benefit from dental bonding – sculpting tooth-colored resin composite on your teeth to correct the flaws. Teeth with more visible cosmetic imperfections can be corrected with the application of natural-looking porcelain veneers or dental crowns.

Like the shape of your teeth, but not the color? The easiest way to brighten your smile –

and subsequently take years off your appearance – is by professionally whitening your teeth. Don't fall prey to the "whiter is better" school of thought though. There's a right "white" for you – one that we will help you select – that will enhance, not distract from, your natural appeal. And while we're talking about color, let's not forget about those unsightly metal fillings at the back of your mouth. Please know that dark, amalgam fillings can now be replaced with natural-looking, tooth-colored composite resin fillings.

Bringing your smile back (in time) means considering both the color and the shape of your teeth. Ask us how to best brighten, reshape, and rejuvenate your smile!

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CROWNS OR VENEERS?



DO YOU MIND THE GAP?

Besides both being entertainers, what else do singer Madonna and late-night TV host David Letterman have in common? The decision to embrace their diastema.

Diastema is the word used to describe the gap between teeth, typically the two upper front teeth. Some people don't mind the look, while others would prefer to fill in the space for a more uniform look in their smile. Depending on your needs and preferences, you may consider orthodontics, which would close the gap in one to two years, dental bonding if the space is not too large, or even dental crowns. The preferred treatment, however, is usually porcelain veneers.

Porcelain veneers will take care of more than just the gap between teeth – they will ensure that any color and/or shape irregularities are resolved, resulting in a beautiful, even smile.

If you're looking to fill the gap between your front teeth, we'll be pleased to explain the most effective options for your individual situation.

Both porcelain crowns and porcelain veneers cover existing teeth with an attractive outer shell, resulting in straight, even teeth and an attractive smile. But what's the difference between them and how do you know which one you may need? Check out these indications and feel free to give us a call to discuss any questions you may have.

A dental crown (or "cap")

provides a whole new outer surface of a tooth, covering the tooth like a thimble would cover your finger. You may need one if your tooth:

- Is severely broken or worn down.
- Has had large portions destroyed by tooth decay.
- Is weak, due to excessively large fillings.
- Has had a root canal treatment, and therefore needs to be reinforced with a strong outer surface.
- Has been replaced with a dental implant.

A dental veneer, on the other hand, is a thin "shell"

of porcelain or ceramic that is bonded onto the front side of a tooth (the side that shows when you smile) to cosmetically correct tooth imperfections. You may choose veneers if:

- You want to fill a gap between your front teeth.
- You need to correct minor shape problems in your teeth.
- Your teeth are stained or darkened, and regular whitening doesn't prove effective.

Both porcelain crowns and dental veneers are attractive and practical solutions to a host of different dental situations. Let's discuss which smile solution would create the beautiful smile improvement you've been looking for!

Parkside Dental Associates

Dentistry for the Entire Family

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Office Hours:

Mon.: 9:00 a.m. - 6:00 p.m.

Tues.: 8:30 a.m. - 5:00 p.m.

Wed.: 8:30 a.m. - 5:00 p.m.

Thurs.: 8:30 a.m. - 5:00 p.m.

Office Team:

Sue *Office Manager*

Cindy *Business Coordinator*

Nicole *Registered Dental Hygienist*

Chari *Clinical Coordinator*

Jaimie *Clinical Assistant*

Stacey *Business Assistant*

Our Services Include:

- General Dentistry • Cosmetic Dentistry • Tooth Whitening • Computerized Preview of Dental Makeover
- Appearance Consulting • Comprehensive Reconstruction • Bonding, Veneers, Crowns, Bridges
- **Invisalign®** • **Mini-Dental Implants to Stabilize Dentures & Partials** • Emergency Dental Care
- Bad Breath Advice & Treatment • **Snore Treatment**

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We Appreciate Your Referrals!