

WESTCHESTER COUNTY HEALTHCARE PROFILES

# Respect for Patients Empowers Great Results

“Before I ever considered dentistry as my career, I was a dental patient,” says Michael Aluf, DDS, “and my dentist didn’t listen to anything I had to say. He was focused on what *he* had to do, and nothing else mattered.”

**T**hat experience helped Dr. Aluf develop his own philosophy of patient care, one that is patient-centered and defined by respect and consideration.

Whether he is calming a fearful patient, redesigning a smile, or placing beautiful restorations on dental implants, Dr. Aluf begins by listening to his patients.

He asks questions and addresses his patients’ concerns.

“Each patient is different,” Dr. Aluf reminds. “Two patients needing the same kind of dental work may have very different expectations, different tolerances for discomfort, different time constraints, different budgetary concerns. Every treatment plan has to be customized. The patient’s unique needs are my priority.”

## No Shortcuts!

“My goal is to build trust with my patients so they won’t hesitate to schedule needed work,” says Dr. Aluf.

That means taking time at the first visit to perform a thorough evaluation, to speak candidly and clearly about the patient’s dental status, and provide



instruction in proper home care.

“We discuss proper brushing and flossing, and I answer questions about toothpastes and oral rinses,” he details.

“The truth is, if your brushing and flossing techniques are good, you can use whatever products you want as long as they are approved by the American Dental Association and you use them regularly.”

Dr. Aluf takes an extra step to ensure his patients’ oral health: he screens for oral cancer. “I want my patients to look to me as their medical specialist for oral health and their first line of defense for any oral conditions,” he says. “Smokers and drinkers are at higher risk for oral cancer. Catching it early greatly influences treatments and outcomes, not to mention the possibility of saving lives.”

## GENTLY DELIVERED OPTIONS

- Invisalign® invisible braces correct minor misalignments
- Root canals and extractions
- Crowns and fillings using tooth-colored composites provide discreet but beautiful improvements
- Digital x-rays reduce radiation exposure and can be sent to other specialists electronically
- Soon, says Dr. Aluf, he will offer his patients the convenience of chair-side restorations: “This technology isn’t new, but in the beginning the restorations weren’t as durable or attractive as I wanted them to be. Now, the quality and appearance are so good that I am looking forward to offering this option to my patients.”

Photos by Yakov Aluf

## MICHAEL ALUF, DDS CREATING BEAUTIFUL SMILES

124 MAIN ST.  
IRVINGTON, NY 10533



Scan this tag to view the website.

