

Brookline Periodontal Associates

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Practice Limited To
Periodontics
Dental Implants
Oral Diagnosis

Pre-operative Guidelines for test test

INSTRUCTIONS FOR PATIENTS WHO WILL BE RECEIVING SURGICAL CARE UNDER LOCAL ANESTHESIA

For your convenience and comfort, your surgery will be performed utilizing local anesthetics. The following guidelines are offered to aid your understanding of the process and how you might be better prepared for it.

1. Have a light meal prior to your dental procedure.
2. Take your usual prescribed medications as well as those that have been prescribed for you in preparation for your surgery. If you have the need to take pain medication prior to surgery, please limit this to medications such as Acetaminophen (Tylenol) rather than any non-steroidal anti-inflammatory medications such as Ibuprofen.
3. Advise us of any medications you are taking, even over-the-counter drugs. Please do not take any medicines without the doctor's knowledge and approval.
4. Do not drink any alcoholic beverages the day of your appointment.
5. Wear loose, comfortable clothing.
6. Please arrive promptly for your appointment. Late arrival may necessitate rescheduling your surgery. Allow for the usual heavy traffic in planning your departure from home or work so that you can arrive on time. If you are early, the staff will welcome the opportunity to help you relax before your surgery.
7. Normally, patients are capable of driving themselves home after this type of procedure. But if your appointment is much longer than an hour in duration and you have some doubt about how you might feel after your surgery, you may prefer to have someone escort you home.
8. If any questions should develop after you leave, you should call the office. Parents or guardians of young patients should observe them upon returning home and call us if questions should develop.
9. It is strongly recommended that after your surgical appointment, you go home and relax for a few hours. Remaining sedentary as well as the use of a small ice pack on your face can significantly enhance your comfort. Heavy physical activity shortly after your surgery can cause complications and pain.
10. Please notify us if you develop a cold, sore throat, cough, stuffy nose, fever or any other illness during the days prior to your surgical appointment. If rescheduling your appointment becomes necessary, we would like to have as much advance notice as possible. Please do not wait until the day before, or the day of your surgery to notify us, thinking that you might get better. Our office commonly starts preparing items for your surgery several days in advance, so the lead time related to possible rescheduling can be important.
11. A post-operative check appointment will be made 1-2 weeks after your procedure. Please attempt to remain local for 2 weeks after surgery.

If you have any questions after reading these guidelines, please do not hesitate to call us for clarification.