



KENNETH B. WHITWORTH, D.D.S., M.D.

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PRE-OPERATIVE INSTRUCTIONS

**Your safety is of great importance to us. Please review the following instructions.
If you have questions or need additional details, please contact our office at (951) 676-4473.**

1. Minors must be accompanied by a parent or legal guardian.
2. The doctor may prescribe an antibiotic prescription (usually 4 tablets of Amoxicillin), please take the antibiotic one hour prior to the procedure with just enough water to wash the pills down.
3. If you have an artificial joint, a heart valve replacement, heart murmur, or a prolapsed heart valve, take your antibiotic pre-medication according to your physician's recommendations.
4. If you take daily prescription medications, please take your medications (with just enough water to swallow them) according to your medical doctor's directions unless Dr. Whitworth advises you differently.
5. Clean your teeth and mouth prior to surgery.
6. Wear loose fitting clothes and a shirt with short sleeves.
7. Contact lenses are not to be worn during surgery.
8. Ladies – If you think or know you are pregnant, please contact the office to discuss the proposed treatment and medications.

For Patients Receiving Intravenous Sedation/General Anesthesia

Many surgical procedures are most comfortably and safely performed with the assistance of intravenous (IV) medications to control pain and anxiety. Patients receiving IV sedation/general anesthesia in the surgeon's office always remain in a "Recovery" area and are observed by the professional staff until the effects of the medications are sufficiently gone to allow the patient to safely leave under the accompaniment of an adult. However, the effects of IV medication/general anesthesia can persist up to 12 hours after dismissal from the office.

1. A responsible adult must accompany you for the surgical procedure and accompany you home. Your driver must come into the office and be present during surgery.
2. **Please do not eat or drink anything for six hours prior to your surgery,** except for a sip of water to take approved medications.
3. You should be provided direct assistance in walking (e.g. arm support) and be transported to a bed or couch. The bed or couch should provide sufficient restrictions to prevent injury from falls.
4. You should be kept under continuous observation at least 3 hours following dismissal from the office. After 3 hours, you should be observed at least every 15 minutes for 2 additional hours.
5. You should not operate a motor vehicle or other heavy machinery for at least 24 hours after the appointment.
6. Follow the doctor's post-operative instructions regarding medications, dressings, rest, and diet and if you have any questions during this recovery period, call the office at the above number.