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Pre- Operative History and Physical

Is having _____

Surgery on _____

at _____ Hospital

Please fax the History and Physical, EKG, Chest X-Ray and lab results to my office at least two days prior to the date of surgery. Thank you.

Pre- Operative Lab Work Required

Chest X-Ray (30 days)

EKG (30 days) Other _____

CBC (7 days)

UA (7 day)

Potassium (7 days)

PT (7 days)

PTT (7 days)

History and physical must be done within 30 days.
If you are having surgery at Los Robles, History and Physical must be within 7 days of surgery.

Personal History

Patient: _____ Date: _____

Chief Complaints and Duration:

Present History:

History by Systems:

GI

Respiratory

GU

Cardiovascular

GYN

CNS

Menses: Onset

Duration

L.M.P

Para

Gravids

Past History: Medical, Surgical, Traumatic, Allergic

Habits: Tobacco

Medications:

Alcohol

Coffee

Tea

Immunizations:

Family History:

M

Diabetes

F

Tuberculosis

H or W

Cancer

B

Heart Disease

S

Other:

Children

Physical Examination

Name: _____ Doctor: _____

Height: _____ Weight: _____ Gain or Loss: _____ Temperature: _____ Pulse: _____

Positive physical Findings: _____ Blood Pressure _____

General Appearance: (Development, Nutrition, Apparent Age, Race, Behavior)

Skin:

Head: (eyes, ears, nose, lips, teeth, tongue, gums, tonsils, pharynx)

Neck: (thyroid, lymphatic)

Thorax:

General inspection:

Breast:

Lungs:

Heart:

Abdomen:

Back: (spine, kidneys)

Genitals:

Rectum and Anus:

Extremities: (bones, joints)

Neurological:

Reflexes:

Tentative Diagnosis: _____

Date: _____ Signed: _____

Do Not Take

These medications and remedies starting 2 weeks before surgery until 2 weeks after surgery.**

Aspirin products

Ibuprofen (Advil, Nuprin, etc.)

Aleve

Plavix

Arthritis medications

Herbal remedies

Vitamin E

Fish Oil

Tylenol is OK

****Put them in a bag in the corner of the cabinet.**