

**PROGRAMS &
TOPICS**

Guest Speakers

Picnics

Christmas Party

***Medical
Updates***

Mobility Issues

Access

Technology

*Singing &
Fellowship*

***Special
Events***

*We invite you to
join our group
and have fun
with us.*

***For More
Information***

Contact

Mamie
Baranowski
758-8949

or

Billie Ruth
Lankford
553-5772

TUSCALOOSA

OASIS

*A caring support
group for low vision
or blind individuals.*



Our Vision

*"Fulfilling our
needs through
the eyes of others!"*

What is
OASIS
Older Alabamians
System of
Information
& Services



OUR BEGINNING

The Tuscaloosa OASIS was founded in 1998 by Mamie Baranowski. She saw the need for such a support group. We began meeting at Tuscaloosa Rehab and later moved to FOCUS for a more centralized location.

-  **Have you lost vision unexpectedly?**
-  **Would you like to meet others with low vision?**
-  **Would you like to learn ways to remain independent in spite of vision loss?**
-  **Learn about new resources?**
-  **Give and receive support from others with low vision?**
-  **Learn from a variety of programs and guest speakers?**
-  **Be a part of the Tuscaloosa OASIS Low Vision Support Group?**

Family and Friends are welcome and we invite you to join our

Tuscaloosa Oasis

group which meets on the **THIRD TUESDAY** of each month at **1:30 PM**.

The meeting is held at **FOCUS**, located at **1920 - 6th Street**, Tuscaloosa, AL 35401. The telephone number at FOCUS is 758-3393.

WE HOPE TO



YOU THERE!!!