

Tooth Talk

“Hey Doc, my teeth are crooked. I don’t like my smile, I want straight teeth. What are my options? (Introduction)”

In our modern day society, a beautiful smile is highly desirable. A nice, bright smile with straight teeth is often associated with self-confidence and positive attitude. Even a minor flaw in your smile, such as a small chip on a front tooth, can keep you from feeling the best about how you look. Nowadays, with the availability of a variety of cosmetic dental techniques and materials, you can obtain the smile that you long for relatively easily.

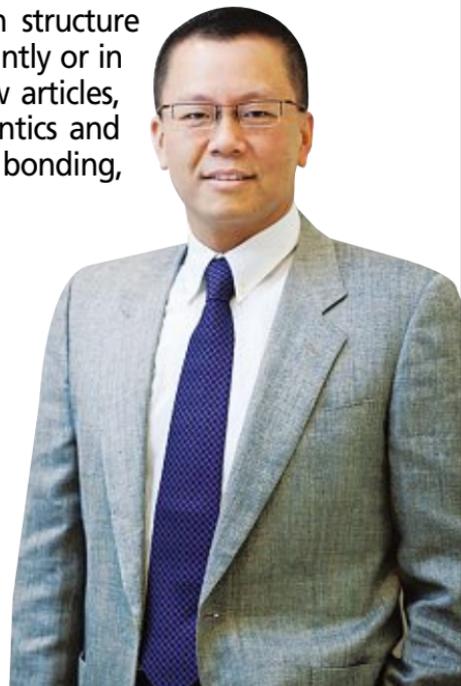
Cosmetic dentistry is a combination of art and science. It can help improve the following conditions so that you can achieve a more pleasant appearance:-

- broken/chipped teeth
- stained/dicoloured teeth or old fillings
- crooked teeth
- poorly shaped teeth
- diastema (spaces between teeth)
- etc.

Generally speaking, if your teeth are crooked and you want straight teeth for a better smile, there are 2 paths you can take so that you can achieve the result you long for:

1. straightening the crooked teeth with Orthodontics (Braces) or
2. placing something over the crooked teeth to make them look straight and bright.

Orthodontics (Braces) has been available for many decades and more and more adults are now asking for braces to improve their smiles. There are now different types of braces available to move teeth and make them straight. Orthodontics is very conservative as it involves minimal to no teeth preparation. However, it takes time for the crooked teeth to become straight and it does not improve the colour of the teeth. Veneers, composite bonding, crowns and bridges are restorations that can be placed on the teeth to make them straight and bright. They do involve the removal of slight to moderate amount of tooth structure but the final result can be obtained instantly or in a short period of time. In the next few articles, I will go into more detail how Orthodontics and restorations such as veneers, cosmetic bonding, crowns and bridges can benefit you.



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